

Heritage Middle Schedule

Daily (MTThF)

2025-2026

Times	Period
7:45 - 8:35	1st Hour + Pledge and Announcements (50 MIN)
8:39 - 9:27	2nd Hour (48 MIN)
9:31 - 9:56	HOUSE (25 MIN)
10:00 - 10:48	3rd Hour (48 MIN)
10:52 - 11:40	4th Hour (48 MIN)
11:44 - 1:06	5th Hour + Lunches
Lunches	FIRST SHIFT (11:45 - 12:08) (Release 12:06) SECOND SHIFT (11:57 - 12:20) (Release 12:18) THIRD SHIFT (12:08 - 12:31) (Release 12:29) FOURTH SHIFT (12:20 - 12:43) (Release 12:41) FIFTH SHIFT (12:31 - 12:54) (Release 12:52) SIXTH SHIFT (12:43 - 1:06) (Release 1:04)
1:10 - 1:58	6th Hour (48 MIN)
2:02 - 2:50	7th Hour ANNOUNCEMENTS + DISMISSAL (48 MIN)