



# Your Anthem Healthcare All in One App!



## Anthem's Sydney Health Mobile App

Use Sydney Health to keep track of your health and benefits – **all in one place**. With a few taps, you can quickly access your plan details, Member Services, virtual care, and wellness resources. Sydney Health stays one step ahead – moving your health forward by building a world of wellness around you.

### What the Sydney Health App Offers:

- **Find Care** – Search in-network doctors and hospitals, compare costs, and filter by criteria like gender or location.
- **My Health Dashboard** – Access health news, wellness tips, and personalized action plans, with features for fitness and meal tracking.
- **Virtual Care** – Use the Symptom Checker or video chat with doctors for at-home care.
- **Chat** – Connect with Anthem representatives for benefit questions or information.
- **My Health Records** – Securely view, download, and share your family's health information from any device.

**Download the App Today!**

