

Grand Blanc Middle School Lunch Menu

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.

Choice of skim white milk or 1% flavored is offered with each meal.

All students MUST select a fruit or a vegetable to have a complete student meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
CREATE Favorite Comfort Foods & Flavors Served Your Way	Brunch for Lunch Cheese Omelet French Toast Sticks Syrup Cinnamon Applesauce Tasty Tater Tots	Student Choice Day Sweet and Sour Diced Chicken Fluffy Rice Stir Fry Veggies Soy Sauce Chilled Pineapple	Pasta Your Way Beef Meatballs Alfredo Sauce Spaghetti Sauce Penne Noodles Seasoned Peas Cinnamon Pears Garlic Twisted Stick	Mighty Mac Macaroni & Cheese Blueberry Muffin Seasoned Broccoli Juicy Peaches	Mash Potato Mountain Popcorn Chicken Smashed Potatoes Steamed Corn Rich Chicken Gravy Fluffy Roll Cheddar Cheese
GRILL Hand Held Hot sandwiches and finger food Rule! Monday - Friday Chicken Nuggets & Roll Spicy Chicken Sandwich Romaine Lettuce & Tomato	Cheeseburger on a Bun Fiestada Pizza Mashed Potato With Gravy	Spicy Chicken Tenders Roll Country Corndog BBQ Baked Beans Seasoned Corn	Cheeseburger on a Bun Breaded Chicken Sandwich Baked Potato Seasoned Green Beans	Bacon & Cheese Burger Hot Dog on a Bun Seasoned Carrots Broccoli and Cheese	General Tso Chix Dumplings Grilled Cheese Sandwich Seasoned Peas Tater Tots
PIZZA Classic Cheese Pizza Roma Herb Blend Available Daily	Meat Lover's Pizza	Personal Pepperoni Pizza	French Bread Pizza	BBQ Chicken Pizza	Pepperoni Pizza
LATIN Daily Selections Prepared To Your Specification. Using Unique Fresh Ingredients & Traditional Favorites	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch
SIDES Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available	Mash Potato with Gravy Fresh Baby Carrots Chilled Pineapple Fresh Local Apples	Fresh Broccoli Chop Romaine Lettuce Chilled Peaches Fresh Grapes	Fresh Celery Sticks Fresh Broccoli Florets Cinnamon Apple Slices Fresh Orange Wedges	Garbanzo Beans Diced Fresh Tomatoes Juicy Pears Fresh Local Apples	Fresh Baby Carrots Cucumber Slices Chilled Applesauce Fresh Grapes

ALL MENU Items contain zero grams of artificial Trans-Fat per serving.

Many of this month's featured fruits and vegetables come from locally grown produce from our area farmers.

This institution is an equal opportunity provider.

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CREATE Favorite Comfort Foods & Flavors Served Your Way	Chicken Alfredo Day Diced Chicken Penne Pasta Creamy Alfredo Sauce Green Beans Garlic Twist Stick	Student Choice Day Jamaican Jerk Chicken Thigh Caribbean Rice with Corn Steamed Broccoli Mandarin Oranges	Kickin' Chicken Day Breaded Chicken Leg Fluffy Dinner Roll Crinkle Cut Fries Seasoned Corn Creamy Cole Slaw	Build Your Own Sub Ham and Turkey Homemade Sub Bun or Wrap American or Pepper Jack Romaine Lettuce Tomato & Cucumber Banana Peppers, Onions	General Tso Popcorn Chicken Fluffy Rice Broccoli Carrot Coins Edamame General Tso Sauce
GRILL Hand Held Hot sandwiches and finger food Rule! Monday - Friday Chicken Nuggets & Roll Spicy Chicken Sandwich Romaine Lettuce & Tomato	Cheeseburger on a Bun Cheese Quesadilla Salsa Mixed Veggies Cauliflower & Cheese	Spicy Chicken Tenders Roll Mozzarella Sticks/Sauce Seasoned Corn Broccoli & Cheese	Cheeseburger on a Bun Popcorn Chicken / Roll Crinkle Cut Fries Green Beans	Bacon & Cheeseburger Corn dog Nuggets Seasoned Corn Seasoned Carrot Coins	General Tso Chix Dumplings Fish Sandwich Seasoned Peas Seasoned Carrots
PIZZA Classic Cheese Pizza Roma Herb Blend Available Daily	Pepperoni Pizza	Cheesy Stuffed Sticks Marinara Dipping Sauce	French Bread Pizza	Fiestada Pizza	Pepperoni Pizza
LATIN Daily Selections Prepared To Your Specification. Using Unique Fresh Ingredients & Traditional Favorites	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch
SIDES Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available	Cauliflower & Cheese Garbanzo Beans Chilled Pineapple Fresh Banana	Baby Carrots Fresh Broccoli Romaine Lettuce Salad Fresh Local Apple	Crunchy Celery Sticks Crinkle Cut Fries Peaches Fresh Orange Wedges	Chop Romaine Lettuce Diced Tomatoes Smooth Applesauce Fresh Local Apple	Fresh Baby Carrots Cucumber Slices Chilled Pears Juicy Grapes

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CREATE Favorite Comfort Foods & Flavors Served Your Way	Brunch for Lunch Scrambled Eggs with Cheese Waffles Strawberry Topping! Syrup Tasty Tater Tots	Student Choice Day Sweet and Sour Diced Chicken Fluffy Rice Stir Fry Veggies Soy Sauce Chilled Pineapple	Kickin' Chicken Day Country Breaded Chicken Leg Fluffy Dinner Roll Tater Tots Seasoned Corn Creamy Cole Slaw	Mighty Mac Macaroni & Cheese Blueberry Muffin Steamed Broccoli Juicy Peaches	Mash Potato Mountain Popcorn Chicken Smashed Potatoes Seasoned Corn Rich Chicken Gravy Fluffy Roll Cheddar Cheese
GRILL Hand Held Hot sandwiches and finger food Rule! Monday - Friday Chicken Nuggets & Roll Spicy Chicken Sandwich Romaine Lettuce & Tomato	Cheeseburger on Bun Meatball Submarine Baked Beans Seasoned Corn	Spicy Chicken Tenders Roll Country Corndog Mashed Potato With Gravy	Cheeseburger on a Bun Popcorn Chicken / Roll Seasoned Broccoli Tater Tots	Bacon & Cheeseburger Hot Dog / Bun Baked Potato Half Seasoned Peas	Bacon & Cheeseburger General Tso Dumplings Seasoned Carrot Coins Seasoned Corn
PIZZA Classic Cheese Pizza Roma Herb Blend Available Daily	Pepperoni Pizza	Fiestada Pizza	BBQ Chicken Pizza	French Bread Pizza	Pepperoni Pizza
LATIN Daily Selections Prepared To Your Specification. Using Unique Fresh Ingredients & Traditional Favorites	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch
SIDES Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available	Cauliflower Bites Fresh Baby Carrots Chilled Pineapple Fresh Local Apples	Romaine Lettuce Salad Mash Potato & Gravy Yummy Peaches 100% Fruit Juice	Sliced Cucumbers Fresh Baby Carrots Cinnamon Apple Slices Fresh Orange Wedges	Fresh Diced Tomatoes Romaine Lettuce Salad Applesauce Fresh Local Apples	Garbanzo Beans Broccoli Bites Juicy Pears Juicy Grapes

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GRILL Hand Held Hot sandwiches and finger food Rule! Monday - Friday Chicken Nuggets & Roll Spicy Chicken Sandwich Romaine Lettuce & Tomato	Cheeseburger on a Bun Cheese Quesadilla/Salsa Mixed Veggies Cauliflower & Cheese	Spicy Chicken Tenders Roll Mozzarella Sticks/Sauce Seasoned Carrots Broccoli & Cheese	Cheeseburger on a Bun Meatball Submarine Baked Beans Seasoned Green Beans	Bacon & Cheeseburger Corndog Nuggets Crinkle Cut Fries Seasoned Peas	Bacon & Cheeseburger General Tso Dumplings Cinnamon Carrots Seasoned Corn
PIZZA Classic Cheese Pizza Roma Herb Blend Available Daily	Pepperoni Pizza	Cheesy Stuffed Sticks Marinara Dipping Sauce	Pepperoni Calzone	Meat Lover's Pizza	Pepperoni Pizza
LATIN Daily Selections Prepared To Your Specification. Using Unique Fresh Ingredients & Traditional Favorites	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch	Nacho Chips Taco Shells Beef Taco Meat Queso Sauce Cheddar Cheese Romaine Lettuce Diced Tomato Jalapenos, Salsa Sour Cream, Hot Sauce Spicy Ranch
SIDES Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available	Cauliflower & Cheese Fresh Baby Carrots Smooth Applesauce Tropical Banana	Romaine Lettuce Salad Fresh Diced Tomatoes Mandarin Oranges Fresh Apple	Garbanzo Beans Cucumber Slices Juicy Pineapple Fresh Orange Wedges	Romaine Lettuce Salad Crinkle Cut Fries Juicy Peaches Fresh Local Apple	Fresh Baby Carrots Diced Tomatoes Chilled Pears Juicy Grapes

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