



# HEALING TOGETHER

## A Community Support Group Because No One Heals Alone

### NOW OPEN TO THE PUBLIC IN COLLINGSWOOD

Healing Together is a weekly community-based support group open to the public - offering a safe, welcoming space to share, connect, and begin healing. Together, we foster hope, resilience, and strength - because no one heals alone.

#### WHETHER YOU'RE DEALING WITH:

- Grief, loss, or emotional distress
- Impacted by substance use
- Navigating conflict, relationship issues
- Anxiety, Depression, PTSD or other mental health conditions
- Recovery or trauma
- Social skills, Self-esteem
- Or just need a space to feel understood—you are not alone

#### THIS GROUP PROVIDES:

- A therapeutic and nonjudgmental space
- Peer connection and emotional support
- Psychoeducation & coping strategies
- Encouragement & tools to build healthier habits and reduce reliance on harmful outlets

Let's heal together, no matter where you are on your journey—because no one heals alone. This community support group is offered at no cost to Camden County residents.

Location: Genesis Counseling Center, 566 Haddon Ave, Collingswood, NJ

Contact: **856-858-9314** for current schedule



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