



Dear Sayville Families,

As we begin planning for the **Fall 2026 Middle School and High School Athletic Seasons**, please review the important information below regarding **Spring and Summer physical examinations, registration timelines, and start dates**.

All student-athletes must have an updated physical examination on file and be cleared by the school nurse prior to participation.

Families may choose one of the following options to complete a physical:

Private Care Physician

Families may obtain a physical from their **private physician** and upload the completed **NYSED**

Physical Examination Form during registration on **FinalForms**.

 Register here: (registration will open 30 days prior to each season)

<https://sayville-ny.finalforms.com/parents/login>

Families new to FinalForms can review the attached directions for creating an account and beginning the registration process.

School Appointed Physician

Physicals will be offered at **Sayville High School** on the following dates.

Please bring a completed **NYSED Health History Form (attached)** to your appointment.

SPRING PHYSICALS

 **Monday, June 8, 2026**

 4:00 PM – 6:30 PM

 **Monday, June 15, 2026**

 4:00 PM – 6:30 PM

 Sayville High School



Caring & Learning

SAYVILLE HIGH SCHOOL

Dr. Ryan T. Cox

Director of Physical Education,
Health, and Interscholastic Athletics

Dr. Marc Ferris
Superintendent of Schools

SUMMER PHYSICALS

 **Monday, August 10, 2026**

 8:00 AM – 11:00 AM

 **Monday, August 17, 2026**

 8:00 AM – 11:00 AM

 **Monday, August 24, 2026**

 8:00 AM – 11:00 AM

 Sayville High School

 To schedule an appointment with the school physician, please contact the **District Lead Nurse at (631) 244-6620.**

 **Fall 2026 Athletic Season Information (registration information will be disseminated in the Summer)**

Middle School Fall Sports

Start Date: **Thursday, September 3, 2026**

Registration Opens on Final Forms: **Wednesday, August 5, 2026**

High School Football

Start Date: **Monday, August 17, 2026**

Registration Opens: **Saturday, July 18, 2026**

High School – All Other Fall Sports

Start Date: **Monday, August 24, 2026**

Registration Opens: **Saturday, July 25, 2026**

 See document attachments:

- NYSED Physical Examination Form
- Sayville Self-Carry Order Form
- FinalForms Registration Instructions
- Dominic Murray Cardiac Arrest Prevention Act Letter
- NYSED Health History Form

If you have any questions, please contact the **Athletic Office or your building nurse.**