

CHEERLEADING CAMP



DATES: June 23–25, 2026

LOCATION: Anderson Athletic Center

CAMP HOURS: 9:00am – 2:00pm

COST: \$150 for the first child and \$130 for each additional child in the same family.

FEE INCLUDES: Stunt and Pyramid Skill Development, Cheer and Dance Material, Tumbling Instruction, and Jump Class. Camp t-shirt.

AGES: Open to ages 7-12

THINGS TO KNOW:

- Athletes should wear athletic shorts and t-shirt.
- Participants should have appropriate footwear (cheer sneaker preferred).
- No jewelry should be worn to camp.
- Hair should be secured in ponytail or braid.
- Camp t-shirt will be provided.

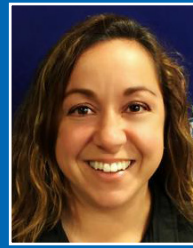
THINGS TO BRING:

- Water Bottle
- Snack
- Bag Lunch

FOR MORE INFORMATION CONTACT:

Tara Sinclair at 570-674-8329 or tsinclair@misericordia.edu

SCAN TO REGISTER



CHEERLEADING COACH TARA COLETTI-SINCLAIR '01

Tara Sinclair is in her 25th season as Head Coach for the Misericordia University Cheerleading Program. Spring of 2026 marked her second season as Head Coach of the university's STUNT team.

Sinclair has led the Cougars to seven back-to-back Mid-Atlantic Conference Championships in the Game Day Routine Division and four MAC Championships in the Traditional Routine.

Her efforts have helped establish the program as a top competitor each year at UCA's College National Cheerleading Championship. The Game Day Routine, choreographed by Sinclair, secured a third-place finish at the 2025 College National Championship and a gold medal finish at the 2025 International Cheer Union's World Cup Championship this past January.

A graduate of Misericordia, Sinclair holds a BA in English and Secondary Education. She earned her Master's Degree in Instructional Technology from Wilkes University.

Sinclair is a former instructor for Eastern Cheer and Dance Association where she served as head instructor for cheerleading camps on the east coast. During her time with the company Coach Sinclair served on ECDA's curriculum staff and choreographed summer material for the company. Her position also afforded her the opportunity to serve as a half-time instructor for several bowl game performances. Currently, she provides choreography for competitive cheer programs. Several of her routines have won national titles.