



Rockwall

INDEPENDENT SCHOOL DISTRICT

ROCKWALL INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Date: November 19, 2025

Time: 5:00 PM

Rockwall ISD Administration Office
1050 Williams Street
Rockwall, TX 75087

AGENDA with MINUTES

1. Call to Order and Establish a Quorum

Nichól Smithers called the meeting to order at 5:06 PM and began recording. Quorum of 5 voting members was present.

2. Public Comments -none

3. Welcome

Members present: Bart Miller, Debra Axum, Mindy Lee, Rupal Vora, Shawn Hughes, Patrick Just, Betsy Woodridge, Nichól Smithers, Janice Longino

4. Kids Teaching Kids Challenge--Ryan Eason, Coordinator

Ryan Eason, Director Community Engagement, Medical City Healthcare presented on school-based programs: Kids Teaching Kids Health Lifestyles, 21-Day Challenge for elementary students with recipe booklet created by high school CTE students, 21-day Snacking Challenge at Work for employees, and the School Nurse Education series program. Rockwall participates in all programs offered, and currently completed the elementary 21-day challenge with nearly twice the participation from the previous year.

5. Overview of SHAC Duties

Nichól Smithers provided the members a copy of the Texas Association of School Boards' *FAQ on the SHAC and the Adoption of Instructional Materials*. An overview of the role and responsibilities of the SHAC were presented.

6. Election of Officers

Nichól Smithers requested that the members consider an officer position on the SHAC, Co-Chair or Secretary positions and voting on officers would be held at the next SHAC meeting.

7. Questions from the Board

Mindy Lee asked if the 21-Challenge is available to middle or high school students and Janice Longino responded that is something that is being considered.

8. Adjourn

The meeting adjourned at 5:48 PM