



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Adult Lunch \$5.50 (Includes tax)	Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option	School Closed 	School Closed 	School Closed
6	7	8	9	10
Chicken Corn Dog Or Cheese Quesadilla Sour Cream & Salsa Spinach Salad Corn Orange	BBQ Pulled Pork Sandwich Or Beef Meatballs Spaghetti With Sauce Butternut Squash Steamed Carrots Honeydew	Chicken Nuggets Breadstick Or Grilled Cheese Green Beans Spinach Salad Sliced Apples	Beef Burger Or Pancakes & Turkey Sausage 100% Maple Syrup Baked Sweet Potato Steamed Broccoli Pear	Fresh Baked Pizza Or Turkey Hot Dog Mix Green Salad Red Peppers Banana
13	14	15	16	17
Beef Tacos Served w/Sour Cream Or Chicken Nuggets Sweet Baked Potato Green Peppers Apple Slices	Bean Burrito Or Pancakes & Turkey Sausage 100% Maple Syrup Baked Fries Roasted Butternut Squash Orange Wedges	Beef Meatballs Spaghetti With Sauce Or Beef Burger* Green Beans Red Peppers Banana	French Toast & Scrambled Eggs 100% Maple Syrup Or Grilled Cheese Broccoli Sliced Cucumber Apple	Fresh Baked Pizza Or Chicken Corn Dog Side Salad Steamed Zucchini Orange
20	21	22	23	24
Chicken Tenders Breadstick Or Grilled Cheese Spinach Salad Green Beans Cantaloupe	Pancakes & Turkey Sausage 100% Maple Syrup Or Turkey Hot Dog Steamed Broccoli Sliced Cucumber Apple Slices	Beef Hot Dog Or Chicken Meatball Sub Lentil Bean Salad Baked Sweet Potato Watermelon	Fish Sticks Breadstick Or Cheeseburger Baked Fries Steamed Carrots Apple	Fresh Baked Pizza Or Chicken Corn Dog Mix Green Salad Red Peppers Banana
27	28	29	30	
Grilled Cheese Or French Toast Sticks Turkey Link 100% Maple Syrup Celery Stick Carrots Apple	Fish Bites Or Chicken Parm Sandwich Steamed Corn Peas Strawberry	Mac and Cheese Breadstick Or Turkey Nachos Sour Cream & Salsa Cauliflower Broccoli Banana	Chicken Nuggets Or Pancakes Scrambled Eggs 100% Maple Syrup Sweet Baked Potato Green Peppers Blueberries	

Available Every Day

- Bagel with Cheese Stick
Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich,
Turkey or Ham Sandwich

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain.) Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily. All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Milk is antibiotic and hormone free. Local Produce used throughout the month when available.

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

If you have any questions/concerns regarding this menu or there are special dietary needs,

please email gloria.estrada@irvingtonschool.org

All of these are offered as a Complete Meal, including vegetable, fruit and milk.

A Gluten Free Meal is available with

1 day notification

This Institution is an equal opportunity employer and provider.

