

Fresh Eats

CAFETERIA

Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cinnamon Roll Chicken Nuggets Celery Sticks Apple Slices WG Cheese Crackers	2 Mini Maple Pancakes Cheese Ravioli with Red Sauce Squash Medley Diced Pineapples Belly Bears	3
6	7 Mini Chocolate Chip French Toast Bosco Cheese Sticks Cucumber Slices Fresh Fruit WG Crackers	8 Cinnamon Toast Crunch Bar Cheeseburger Carrots Mixed Fruit Scooby Doo Snacks	9 Toast with Jelly or Butter Spaghetti with Meatballs Broccoli Diced Peaches Muffin Tops	10 Confetti Pancakes Italian Dunkers Celery Sticks Mandarin Oranges Poptart
13 French Toast Breaded Chicken Patty Golden Corn Fresh Fruit Waffle Snaps	14 Muffin Tops Chicken Parm Green Beans Diced Fruit WG Cheese Crackers	15 Apple Frudel Nacho Munchable Cucumber Slices Apple Sauce Belly Bears	16 Sausage Biscuit Popcorn Chicken Mashed Potatoes Apple Sauce Scooby Doo Crackers	17 Strawberry Cream Cheese Bagels Cheese Pizza Steamed Broccoli Mixed Fruit Cereal Bar
20 Mini Cinnis PBJ Cucumber Slices Apple Slices WG Crackers	21 Goody Bun Chicken Meatball with Penne Steamed Broccoli Diced Pears Applesauce with Crackers	22 Breakfast Chicken Biscuit Cheeseburger Carrots Apple Slices Applesauce with Crackers	23 Poptarts Fruit and Yogurt Parfait Tater Tots Baby Carrots Waffle Snaps	24 Bagel with Cream Cheese Italian Dunkers with Sauce Side Salad Apple Sauce Belly Bears
27 Breakfast Pizza Breaded Chicken Patty Chichepea Salad Apple Slices Cereal Bar	28 Egg and Cheese Sandwich Pepperoni Flatbread Corn Fresh Apple Slices Muffins	29 Muffin Tops Mac and Cheese Roasted Carrots Apple Sauce Scooby Doo Crackers	30 Mini Cinnamon Waffles Turkey and Cheese Hoagie Celery Sticks Apple Slices WG Cheese Crackers	Confetti Pancakes Cheese Pizza Celery Sticks Mandarin Oranges Poptart

Menu Legend:

Breakfast Option Served with Assorted Fresh Fruit Daily
Lunch Main Entree Lunch Vegetable Lunch Fruit
Afternoon Snack

WG - Whole Grain

MILK OPTIONS
 Unflavored low-fat (1%) OFFERED DAILY
 LACTOSE FREE AVAILABLE UPON REQUEST