



BREAKFAST MENU April- June 2026

One Free Lunch and Breakfast Available to ALL Students.
Menus are subject to change
"This institution is an equal opportunity provider"

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Banana Bread Cereal Fruit 100% Juice Assorted Milk	Apple Frudel Cereal Fruit 100% Juice Assorted Milk	Confetti Pancakes Cereal Fruit 100% Juice Assorted Milk	Soft Filled Cinnamon Toast Crunch Bar Cereal Fruit 100% Juice Assorted Milk	Blueberry Pancake Cereal Fruit 100% Juice Assorted Milk
2	Cinnamon Roll Cereal Fruit 100% Juice Assorted Milk	Lemon Bread Cereal Fruit 100% Juice Assorted Milk	French Toast Eggp Bites Cereal Fruit 100% Juice Assorted Milk	Maple Pancake Cereal Fruit 100% Juice Assorted Milk	Pull apart Donut Cereal Fruit 100% Juice Assorted Milk
3	Banana Bread Cereal Fruit 100% Juice Assorted Milk	Apple Frudel Cereal Fruit 100% Juice Assorted Milk	Confetti Pancakes Cereal Fruit 100% Juice Assorted Milk	Soft Filled Cinnamon Toast Crunch Bar Cereal Fruit 100% Juice Assorted Milk	Blueberry Pancake Cereal Fruit 100% Juice Assorted Milk
4	Cinnamon Roll Cereal Fruit 100% Juice Assorted Milk	Lemon Bread Cereal Fruit 100% Juice Assorted Milk	French Toast Eggo Bites Cereal Fruit 100% Juice Assorted Milk	Maple Pancake Cereal Fruit 100% Juice Assorted Milk	Pull apart Donut Cereal Fruit 100% Juice Assorted Milk

OTHER DAILY SELECTIONS:

Milk Options
1% White Milk
FF Chocolate Milk
FF Strawberry Milk

Entrees
Biscuit w./ Meat (chicken/ Sausage)

Assorted Pop tarts:
Blueberry
Strawberry
Cinnamon

Assorted Cereals:
Lucky Charms
Cinnamon Toast Crunch
Coco Puffs
Frosted Flakes
Trix

Fruit
Apple slices,
Crasins

Prices
2nd Breakfast \$3.00
Adult Breakfast \$3.00

NUTRITION BITES

- Breakfast is an important source of vitamin D and calcium, providing 40% of vitamin D and 25% of calcium to children age 2 to 18
- Cereal contributes less than 10% of calories, but over 25% of daily intake of essential nutrients and whole grain in the diets of children who eat cereal

April 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



Week 1 Meal Plan



Week 2 Meal Plan



Week 3 Meal Plan



Week 4 Meal Plan