



K-3 Lunch Food Zone

April 2026

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Beefy Nachos w/Cheese Sauce Salsa Corn Cherry Tomato Diced Peaches Apple 1% Unflavored White Milk Fat Free Chocolate Milk	2 Guardians Opening Day Ballpark Favorites Turkey Hot Dog on Whole Grain Bun Grand Slam Fries Baby Carrots Ranch Dressing Applesauce Orange 1% Unflavored White Milk 1% low Fat Chocolate Milk	3 No School
6 No School	7 Corn Dog Baked Beans, Vegetarian Baby Carrots Mixed Fruit Orange 1% Unflavored White Milk Fat Free Chocolate Milk	8 BBQ Beef Rib Sandwich French Fries Cucumber Slices Banana Apple 1% Unflavored White Milk Fat Free Chocolate Milk	9 Chicken Bites w/ Sweet & Sour Sauce Brown Rice, WG Kung Fu Carrots Cherry Tomato Applesauce Orange 1% Unflavored White Milk Fat Free Chocolate Milk	10 Cheese Pizza Caesar Side Salad Baby Carrots Sliced Pears Apple 1% Unflavored White Milk Fat Free Chocolate Milk
13 Popcorn Chicken Dinner Roll Broccoli Florets Cherry Tomato Diced Peaches Fresh Orange Quarters 1% Unflavored White Milk Fat Free Chocolate Milk	14 Soft Beef Tacos Black Beans Cherry Tomato Mixed Fruit Apple 1% Unflavored White Milk Fat Free Chocolate Milk	15 Mini Corn Dogs Baked Beans, Vegetarian Cherry Tomato Fresh Grapes Orange 1% Unflavored White Milk 1% low Fat Chocolate Milk	16 Crispy Chicken Sandwich WG Bun Tator Tots Corn Cherry Tomato Diced Peaches Apple 1% Unflavored White Milk Fat Free Chocolate Milk	17 Cheese Pizza Garden Salad Steamed Peas Cucumber Slices Diced Peas Fresh Orange Quarters 1% Unflavored White Milk Fat Free Chocolate Milk
20 Cheese Bosco Sticks Marinara Sauce Corn Cherry Tomato Diced Peaches Apple 1% Unflavored White Milk Fat Free Chocolate Milk	21 All American Hamburger on WG Bun Green Beans Multigrain Sunchip Cucumber Slices Applesauce Orange 1% Unflavored White Milk	22 Crispy Chicken Sandwich WG Bun Baked Beans, Vegetarian Caesar Side Salad Fresh Strawberries Banana Choice of Milk	23 Toasted Cheese Sandwich Tomato Soup Cucumber Slices Diced Peaches Orange Choice of Milk	24 Cheese Pizza Garlic & Herb Broccoli Baby Carrots Sliced Pears Apple Choice of Milk
27 Turkey Hot Dog on Whole Grain Bun Potato Wedges Cherry Tomato Applesauce Orange Choice of Milk	28 Beefy Nachos with Homemade Cheese Sauce Black Beans Celery Sticks Mixed Fruit Apple Choice of Milk	29 Crispy Chicken Nuggets Dinner Roll French Fries Cauliflower Floret Banana Orange Choice of Milk	30 Corn Dog Roasted Carrots Cucumber Slices Mixed Fruit Apple Choice of Milk	1

PRICES

Meals are Free

Extra Items

Milk \$.75

Tray Up \$2.10

EXTRA INFORMATION

A Choice of White 1% milk or Chocolate FF Offered daily

Any questions please call the Food Service Director Carrie Garren 216.691.2099 or email garrenc@selschools.org or Lucy DuHaime at Duhaime@selschools.org

HARVEST OF



THE MONTH

MENUS & NUTRITION
Taher Food4Life®



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