

APRIL HIGH SCHOOL LUNCH MENU

Student Paid- \$3.35
Student Reduced- Free
Adult Lunch- \$5.50

SERVED DAILY

1% White Milk, Whole White Milk, & 1%
Chocolate Milk, *Assorted Pizza,
*Hamburger, *Cheeseburger, *Fresh
Deli Sandwiches
*Fresh Salads, *PBJ Sandwich

HARVEST OF THE MONTH:

Eat your greens! April is all about dark leafy greens like spinach, kale, romaine, winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

***Pizza Sticks with
Homemade Dipping Sauce
*Spicy Chicken Bites
*Taco Pizza
Fresh Vegetables with Dip
Romaine Salad
Assorted Fruit**

30

TUE

***Raiders App Sampler*
Chicken Tenders, Pretzel Rod
Mozzarella Sticks
Steamed Broccoli
Crispy Chicken Sandwich
*Hawaiian Pizza
Fresh Vegetables with Dip
Assorted Fruit**

31

WED

Holiday Meal
*Baked Ham Balls with Sweet &
Sour Sauce
Au Gratin Potatoes
Sweet Potatoes
Fresh Steamed Green Beans
Melon Medley Fruit Cup
Fresh Baked Biscuit
Ice Cream Cup*

1

THU

*** Buffalo Chicken Dip
Tortilla Chips
*Hot Ham & Cheese on
Pretzel Roll
*White Pizza
Fresh Vegetables with Dip
Assorted Fruit**

2

FRI

NO
School
Today

NO
School
Today

***Pork Carnitas Totchos
Mini Corn on the Cob
Coleslaw
*Hot & Spicy Chicken
Sandwich
*Buffalo Chicken Pizza
Fresh Vegetables with Dip**

7

***Popcorn Chicken Raider Bowl
Mashed Potatoes
Steamed Corn
*Hot Ham & Cheese Sandwich
*Cheeseburger Pizza
Fresh Vegetables with Dip
Assorted Fruit**

8

***Beef & Cheese Nachos
with Lettuce & Salsa
*Crispy Chicken Sandwich
*Hot Honey Pepperoni Pizza
Refried Beans/Steamed Rice
Fresh Vegetables with Dip
Assorted Fruit**

9

**Burger of the Month
Mac Attack Burger
Curly Fries
Crispy Chicken Sandwich
*Chicken Bacon Ranch Pizza
Fresh Vegetables with Dip
Assorted Fruit**

10

***Chicken Potstickers with
Teriyaki Sauce
Steamed Broccoli/Fried Rice
*Chicken Bacon Ranch
Sandwich
*Meat Lovers Pizza
Fresh Vegetables with Dip
Assorted Fruit**

13

***Homemade Chicken
Quesadilla
Mexican Rice/Fiesta Beans
Chicken Bacon Ranch
Sandwich
*Hot Honey Pepperoni Pizza
Fresh Vegetables with Dip
Assorted Fruit**

14

***Tortellini Alfredo
with Meatballs or
Grilled Chicken
*Hot Ham & Cheese
on Pretzel Roll
*Cheese Steak Pizza
Fresh Vegetables with Dip
Assorted Fruit**

15

***Mozzarella Sticks with
Homemade Dipping Sauce
Steamed Carrots
Seasoned Pasta
*Spicy Chicken Bites
*Taco Pizza
Fresh Vegetables with Dip
Assorted Fruit**

16

***Breaded Chicken Drumstick
with Macaroni & Cheese
Cornbread
*Cowboy Burger
*Spicy Chicken Pizza
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie**

17

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Services

MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

Nacho Bar
Choice of Chicken Tinga or
Pork Carnitas
Queso Cheese Sauce
Salsa & Shredded Lettuce
French Fry Pizza
Fresh Vegetables with Dip
Assorted Fruit **20**

***Chicken Nuggets
with Dinner Roll**
***Hot Ham & Cheese
on Pretzel Roll**
French Fries
***Meat Lovers Pizza**
Fresh Vegetables with Dip
Assorted Fruit **21**

***Cheese Steak Sandwich with
Marinara Sauce**
Onion Rings
Spicy Chicken Bites
***Veggie Pizza**
Fresh Vegetables with Dip
Assorted Fruit
Homemade Apple Crisp **22**

***Sweet & Sour Chicken
over Rice**
Steamed Broccoli
Fortune Cookie
***Spicy Chicken Bites**
***Hawaiian Pizza**
Fresh Vegetables with Dip
Assorted Fruit **23**

***Chicken Tenders
with Dutch Waffle**
***Cowboy Burger**
***Spicy Chicken Pizza**
Spinach Salad
Fresh Vegetables with Dip
Assorted Fruit **24**

***Tossed Boneless
Chicken Wings**
***Hot Ham & Cheese
on Pretzel Roll**
***Chicken Bacon Ranch Pizza**
Hush Puppies
Fresh Vegetables with Dip
Assorted Fruit **27**

***Pizza Sticks with
Homemade Dipping Sauce**
***Spicy Chicken Bites**
***BBQ Chicken Pizza**
Fresh Vegetables with Dip
Romaine Salad
Assorted Fruit **28**

***Pulled Pork on Kaiser Roll**
Waffle Fries
Baked Beans
***Crispy Chicken Sandwich**
***Taco Pizza**
Fresh Vegetables with Dip
Assorted Fruit **29**

***Walking Tacos**
Fiesta Beans
Steamed Rice
***Spicy Chicken Bites**
***Hawaiian Pizza**
Fresh Vegetables with Dip
Assorted Fruit **30**

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