

SRLA 7TH/8TH GRADE TRACK AND FIELD

SCHEDULE 2026

Date	Opponent	Home/ Away And Location	Start Time
Wednesday April 8th	Comstock	Home Elsie Allen HS	Warm-ups: 3:30 Meet Start: 4:00
Wednesday April 15th	Santa Rosa	Away Santa Rosa HS	Warm-ups: 4:00 Meet Start: 4:30
Monday April 20th	Rincon Valley	Home Elsie Allen HS	Warm-ups: 3:30 Meet Start: 4:00
Wednesday April 22nd	Montgomery	Away Montgomery HS	Warm-ups: 3:30 Meet Start: 4:00
Monday April 27th	Girls Semis	Maria Carrillo High School	Warm-ups: 3:30 Meet Start: 4:00
Wednesday April 29th	Boys Semis	Montgomery High School	Warm-ups: 3:30 Meet Start: 4:00
Wednesday May 6th	League Finals	Elsie Allen High School	Field Events: 1:00 Running Events: 3:00

Practices will be Monday - Friday from 3:00 - 4:30, except Wednesdays

