



All Meals:

Served with choice of white milk OR chocolate milk

Breakfast:

Served with assorted fruits, milk

Lunch:

Served with assorted fruits & veggies or salad bar, milk

= Farm to School Local Ingredients

= Scratch Cooking

= Toppings Bar

	30	31	April 1	2	3
Breakfast	Fruit & Yogurt Parfait, UBR	Biscuits & Gravy	Pancakes & Sausage	Breakfast Scramble	Cereal, Toast, Yogurt, Sausage
Lunch	Hot Dog, Chili, Carrots	Taco Bar, Refried Beans, Salsa	Baked Potato Bar, Roll, Steamed Cauliflower & Broccoli	Hamburger Gravy, Mashed Potatoes, Broccoli, Breadstick	Cheese OR Pepperoni Pizza, Carrots, Ranch
Breakfast	6	7	8	9	10
Lunch					
Breakfast	13	14	15	16	17
Lunch	French Toast, Sausage Link	UBR, Fruit & Yogurt Parfait	Biscuits & Gravy	Breakfast Burrito	Bagel & Cream Cheese, Sausage Link
Lunch	Stroganoff, Roll, Rice, Green Beans	Chili, Cornbread, Steamed Carrots	Corn Dogs, Coleslaw, Baked Beans	Chicken Cordon Bleu Sandwich, Baked Fries	Deli Sandwich, Chips, Cucumbers, Tomatoes
Breakfast	20	21	22	23	24
Lunch	Strawberry Shortcake	Sausage & Cheese Breakfast Sandwich	Banana/Pumpkin Bread, Eggs	Muffin & Yogurt	Pancakes OR Waffles
Lunch	Dutch Waffles, Vanilla Yogurt, Hash Brown Patty, Sausage	Super Nachos, Corn, Salsa, Refried Beans	Chicken Parmesan Pasta, Cucumbers, Steamed Broccoli, Fortune Cookie	Pepperoni OR Cheese Pizza, Carrots, Red Peppers	Popcorn Chicken Bowl, Roll
Breakfast	27	28	29	30	May 1
Lunch	Fruit & yogurt Parfait, UBR	Biscuits & Gravy	Pancakes & Sausage	Breakfast Scramble	Cereal, Toast, Yogurt, Sausage Link
Lunch	Sweet & Sour Chicken, Asian Veggie Blend, Brown Rice	Meatball Sandwich, Tater Tots, Salad	Mac & Cheese, Steamed Broccoli, Breadstick	Italian Dunkers, Marinara, Green Beans	Chicken Quesadilla, Refried Beans, Salsa

What Makes a Lunch?
Select 3-5 Components

MILK GRAIN VEGGIE

FRUIT PROTEIN

One must be a

FRUIT OR VEGGIE

What Makes A Great Breakfast?
Select 3 Components!

MILK FRUIT JUICE

GRAIN FRUIT

Be sure to choose between

FRUIT OR FRUIT JUICE

