Newport High School
Class of 2030







Registration 2026-2027

Presented by the Newport Counselors

Welcome to Newport!

Welcome: Dion Yahoudy and Admin

Teacher trends, Support, & Health – Megan Feder

Course Registration: Chunneath Kravanh

Welcome: PTSA

Getting Ready for Fall 2026: Tom O'Connor

What Teachers Are Noticing in Class

Academic Pressure and Focus on "A"s

Students often equate self-worth with grades and panic when grades fall below "A". They lose focus on learning and try to manipulate grades.

Overloaded Schedules and Fatigue

Many student are so fully scheduled that their success and wellbeing are impacted. They juggle coursework, extracurriculars, jobs, and social life, leading to fatigue and difficulty focusing.

Procrastination and Avoidance

Procrastination, avoiding daily work and frequent tardies lead to work piling up; students rely on retakes and extensions to cope.

HOW FAMILIES CAN SUPPORT STUDENTS

Promote Balance and Well-being

- Encourage sleep at night, downtime, and play
- Prioritize wellbeing and mental health over grades and heavy course loads

Normalize Learning Challenges – Build a Growth Mindset

- Expect imperfection, embrace growth opportunities as essential to success
- Model your own growth – how feedback, curiosity, and failure have contributed to success

Encouraging Independence and Organizational Skills

- Foster confidence and autonomy by coaching students to communicate directly with teachers, allow space for them to problem solve without rescuing
- Structure homework time to complete daily tasks, make note of questions, and plan test review sessions
- Confront avoidance behavior including procrastination, skipping tests, and tardiness

Collaborative Student Support

Counseling & Wellness Center

The TEAM:

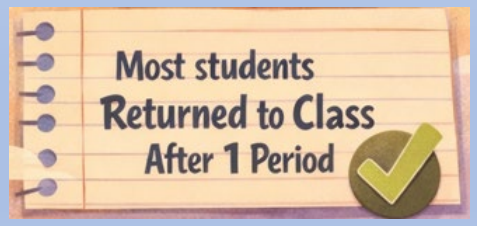
- School Counselors
- MHAT
- School Psychologists
- School Nurse
- YES

The PROGRAM

- Create a safe space for students to destress
- Students complete check in form and rate stress level
- Choose mindful activity to practice
- Check out ~ return to class or meet with counselor







A HUGE Thank you to the **NHS PTSA!!**

Your Grant has made this possible!

NHS Counseling Team









Chunneath Kravanh	Heather Erickson	Sierra Lee	Layne Barker	Tania Maxfield	Karen Schulz	Emilie Bosone
A-C	D-Hun	Hur-Liu	MHAT Counselor	Lo-P	Q-T	U-Z

Topics Covered

- Welcome to Newport!!
- Registration Packet/Resources
- Registration Process
- Course Catalog Reminders
- College Considerations
- Course Descriptions

Welcome to Newport!

What do you know about Newport?

What are you excited about?

What Club or Activity do you plan to get involved in?

Packet…

- NHS Cover Letter w/ Due Dates
- 9th grade Course Selection form
- Electives offerings at Newport
- Planning Sheet
- Course Catalog – 2026-2027 Course Catalog

9th Grade Registration Process

Decide on course options (talk with family, teachers and your counselor)

Enter selections online via **StudentVue by:**

Sunday 3/22, 11:59pm

Registration form due to LA Teacher:

Monday 3/23 (Tyee)

Tuesday 3/24 (Tillicum)

Tuesday 3/24 (Odle, Chinook)

Return to Counselor

Minimum Graduation Requirements

Subject	Credits	Semesters
English	4	8
Social Studies	3.5	7
Math	3	6
Science	3	6
Physical Education	1.5	3
Fine Arts	2	4
Career and Technical Ed.	1	2
Health	.5	1
Electives	3.5	7
World Language	2	4
Total Credits/Semesters	24	48

- Community Service — 40 hours required
- GPA — 2.0 GPA required

Planning Worksheet (in course catalog)

High School Planning Worksheet | Grades 9 – 12

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
English *(1 year)* **Honors Freshman Composition & Literature**	**English** *(1 year)* **Honors Sophomore Composition & Literature**	**English** *(1 year)* **American Lit. and Composition** or **AP Language and Composition** or **IB English HL 1**	**English** *(1 year)* **Senior English** or **AP Lit. and Composition** or **IB English HL 2**
Social Studies *(elective)* **Foundations of World History** *(1 semester)* or **AP Human Geography** *(1 year)* are highly recommended	**Social Studies** *(1 year)* **World History** or **AP World History**	**Social Studies** *(1 year)* **U.S. History** or **AP U.S. History** or **IB History HL 1 / AP US History**	**Social Studies** *(1 year)* **US Civics / Sr Proj** or **AP US Gov. / Comp Gov.** or **IB History HL 2/AP Am. Gov.**
Mathematics *(1 year)*	**Mathematics** *(1 year)*	**Mathematics** *(1 year)*	Fill in 1 year or 2 semesters
Science *(1 year)* **Biology**	**Science** *(1 year)* **Chemistry**	**Science** *(1 year)*	Fill in 1 year or 2 semesters
PE *(1 year)* Foundations of Fitness and Sport	**Health** *(1 semester)* Health	Fill in 1 year or 2 semesters	Fill in 1 year or 2 semesters
Fill in 1 year or 2 semesters or **World Language**	Fill in 1 year or 2 semesters or **World Language**	Fill in 1 year or 2 semesters	Fill in 1 year or 2 semesters
Fill in 1 year or 2 semesters	Fill in 1 year or 2 semesters	Fill in 1 year or 2 semesters	Fill in 1 year or 2 semesters

In addition to the subject areas shown in the grid, students are required to take the following courses:

- 1.0 credit of Career & Technical Education taken any time during high school
- 2.0 credit of Visual and Performing Arts taken any time during high school
- 0.5 elective credit of PE. Taken any time in 10th, 11th, or 12th grade

Note: Middle School Courses which count for High School credit count toward your graduation requirements.

9th Grade English



- Honors **Freshman** Composition and Literature

or

- Honors **Sophomore** Composition and Literature** (AL Program)

- English 10 AP Seminar(AL Program)

**Consult with your LA teacher for recommendation

***Students in certain programs may have other options

What is AP Seminar?

AP Seminar is an exciting new English class where you get to pick topics that matter to you and dive deep into real-world issues. You'll learn to research, build strong arguments, and create cool presentations—both on your own and with a team. This course boosts your critical thinking, teamwork, and research skills, setting you up for success in high school and beyond, all while earning a full year of English credit.

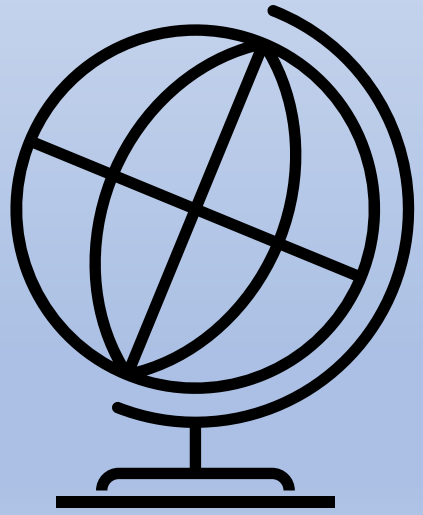
Who is AP Seminar For?

- AP Seminar is built to help every student succeed, no matter background or ability—so don't be intimidated by the AP! This class is all about empowering you and giving you the skills to shine.
- Students must have completed 9th grade English.

How is AP Seminar Different than 10th Grade English?

- 10th Grade ELA has MORE fiction reading and less reading of academic articles.
- AP Seminar has MORE collaboration and group learning.
- AP Seminar requires MORE self pacing and planning

9th Grade Social Studies



- **Foundations of World History**
  - 1 semester – the only SS course which develops discourse/ discussion, analytical/ persuasive writing skills

OR

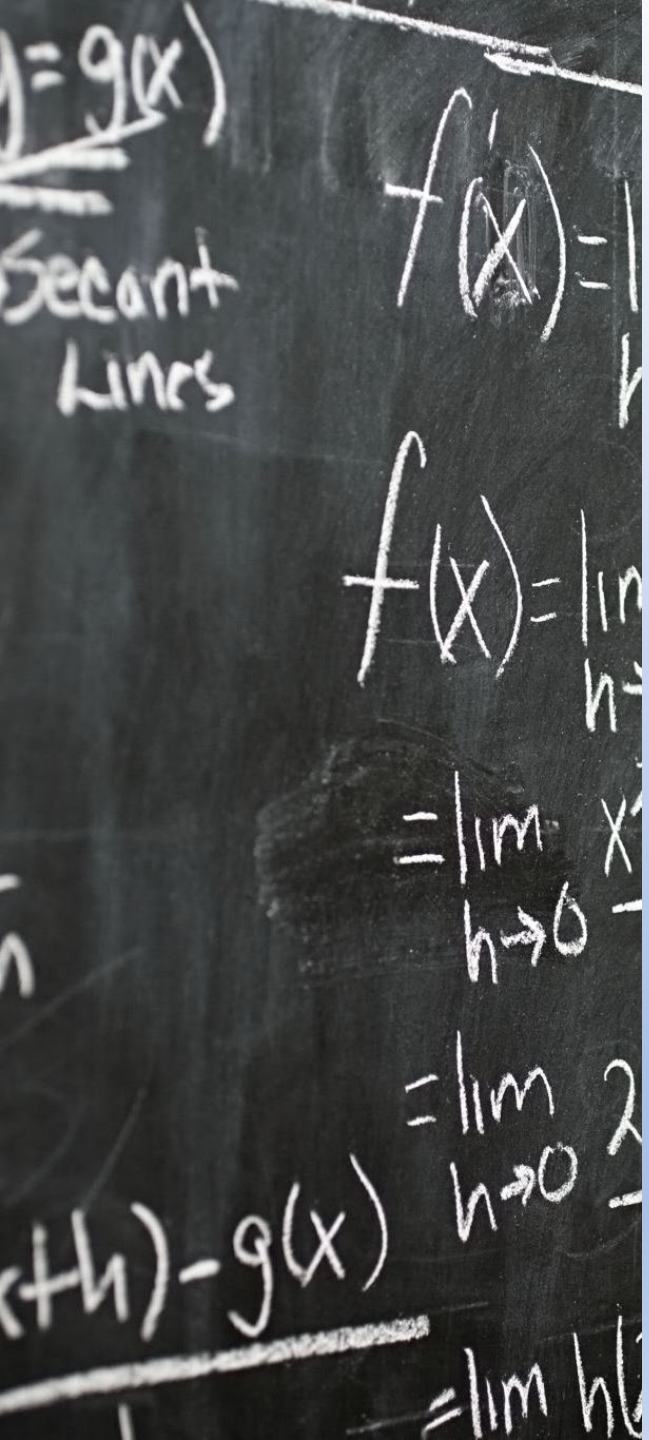
- **AP Human Geography**
  - 1 year – develop spatial analysis, interpret human processes, cultural perspectives of global events; expectation that you already know how to write a strong persuasive essay; some self study expected

- **Modern World History**** (AL program)

OR

- **AP Modern World History**** (AL program)

**consult with your social studies teacher for recommendation



Math

- Next Course in Sequence
  - Algebra 1
  - Geometry
  - Algebra 2
  - Pre-Calculus
  - Pre-Calculus 1(two year course sequence)

❖Check with current math teacher for placement recommendation!



Science

- Biology (if currently in 8th gr Science)

or

- Chemistry (if currently in Biology)

Physical Education

- **All 9th graders Foundations of Fitness & Sports (1.0 credit/full year)**



- 10th - 12th graders have 3 options
  1. PE Elective class .5 credit
  2. School JV or Varsity Sport for Credit
     - Must clock hours, pay a fee and pass test
  3. Community based Sport for Credit
     - Must log hours (80 hours in 90 school day period), pay a fee and pass test

World Language



Languages at Newport (in person classes)

- Spanish
- French
- Chinese

Languages offered ONLINE (during school day)

- Arabic
- Korean

Planning on a 4-Year University?

- 2 years required, 3-4 recommended
- 1 year must be in high school

World Language Competency Exam

- Receive 1-4 world language credits
- Register on website



International Spanish Academy

ISA Diploma

- Honors Hispanic Studies & Humanities

Mandarin Dual Language Program

- Voices of Chinese Youth



Electives

- 9th grade electives… see back of course selection sheet

- Descriptions are in the online 2026-27 BSD Course Catalog

Visual & Drama Arts





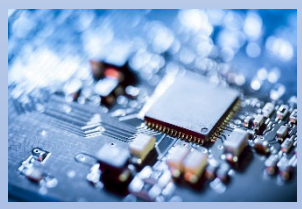




Career & Technical Education

BSD offers hands-on CTE courses & career pathways that span an array of interests and career goals. The pathways include:

- Architecture, Maritime Welding, Construction
- Automotive
- Business
- Culinary
- Education
- Health Sciences
- Horticulture
- Human Services
- Information Technology
- Marketing
- Media



https://www.bsd405.org/academics/career-and-technical-education/career-and-technical-education-courses



Music Classes

Semester long music/fine art electives (*no music experience required)*
Guitar 1 & 2
Piano 1 & 2
Composing Music with Technology 1 & 2

<u>BAND</u>
Intro to Band*
Concert Band
Symphonic Band
Wind Ensemble





<u>ORCHESTRA</u>
Intro to Orchestra*
Concert Orchestra
Sinfonia
Chamber Orchestra



<u>CHOIR</u>
Concert Choir*
Chorale Choir
Chamber Choir
Vocal Jazz Ensemble

*For beginners



AVID®



- **Year-long** elective for motivated students to build strategies for high school & college success
- Incorporates study & test taking skills, organization, note-taking, guest speakers and field trips
- Participation in AVID *directly* improves grades & learning

Want to sign up?

- Ask your middle school counselor for next steps.
- Students will be interviewed & selected for this unique program.

Middle School Grades

High School Courses (Algebra 1 and higher, Biology, & World Language) will automatically be added to your high school transcript

Before the end of 11th grade
Use BSD form to remove grade or both credit and grade

Once removed from transcript, grades **will not** be added back

Planning and Balance to Achieve your goals!

Colleges want to see Rigor and Balance

What does Balance mean?

- Budget time – homework/friends/work/rest/hobbies
- Utilize "Balancing your Day" form

Pursue passion area (elective or club)

Strong Start! - 9th grade matters!

Balancing Your Day

Wellness is important - We need balance to be healthy - Use this tool to plan for a balanced course load next year

(Note: plan for your hardest semester/day of the week)

Activity	Amount of Time Required	Time Remaining
Hours in a day	----	24 hours
School, including Tutorial (8:00 – 3:30)	7.5 hours	16.5 hours
Sleep (American Pediatric Guideline is 9 hours a night for teenagers)		
Extracurriculars (sports, music, clubs, church, volunteering, work)		
College Planning for 11th & 12th gr (applications, SAT/ACT prep, etc.)		
Personal & Social time: (family, friends, recreation, computer use)		
Meals (not including at school)		
Other (Travel time, getting ready, etc.)		

How much time is left??

Homework Note: every student is different. (Guideline: 2 hours per day plus incremental 30 minutes per AP class)		

In choosing which classes to take, consider what subjects you enjoy the most and have a passion for studying. Keep in mind that the majority of **college freshman take three college classes per quarter. This is equal to three AP classes here (in addition to the other classes you will take).**

Subject Area	Course Name	Difficulty (easy, medium, hard)	Homework time (average daily amt)
English			
Math			
Social Studies			
World Language			
Science			
Electives			
Electives			
		Total Average Daily Homework	



Please Choose Carefully

- Courses will be offered next year **only if enough students register this spring** to fill a class.
- **Think carefully** about your choices – choose for you, not your friends.
- Once your schedule is built, changing your courses will happen **only under extenuating circumstances.**

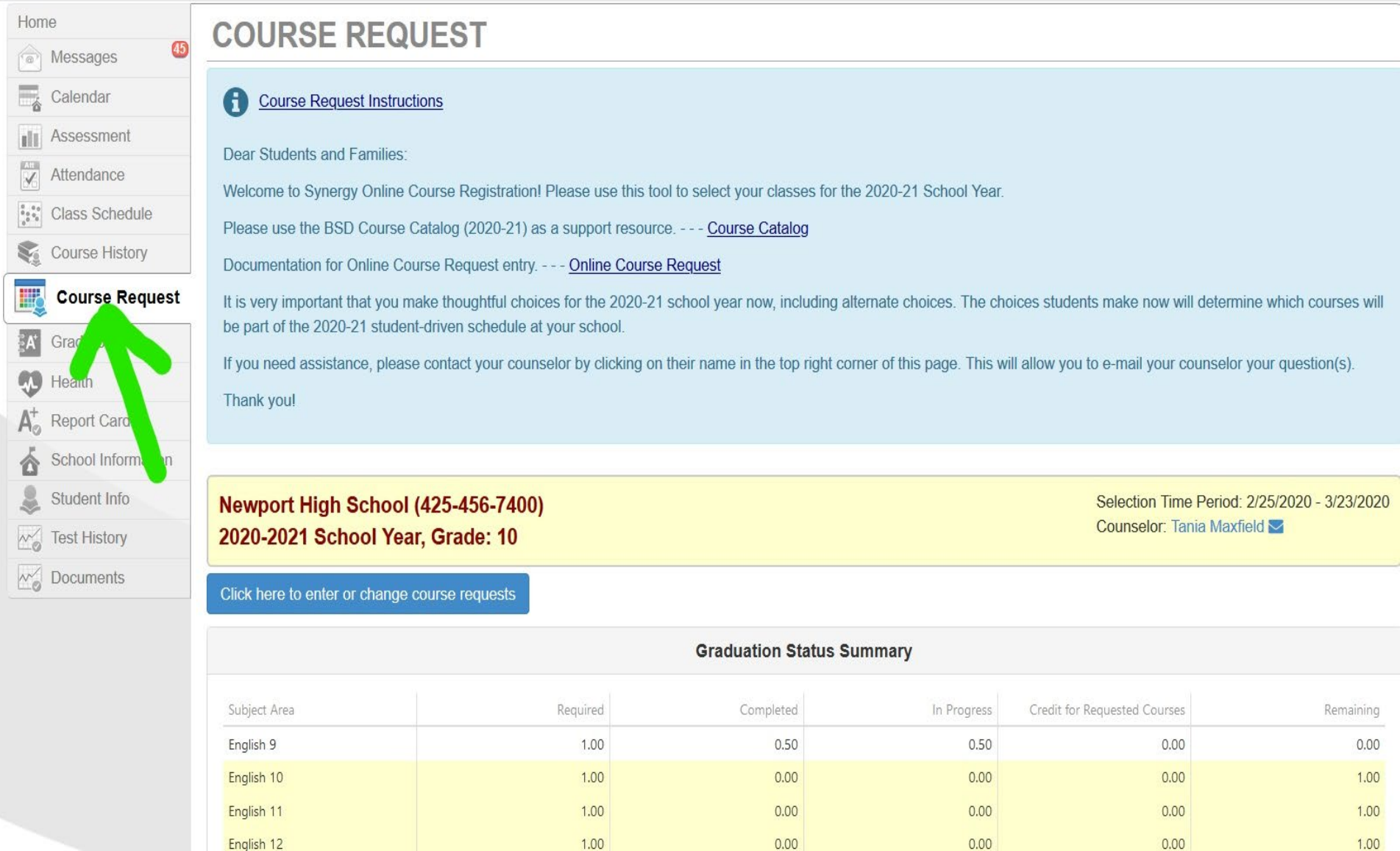
Current 8th grade Students Will Register Online

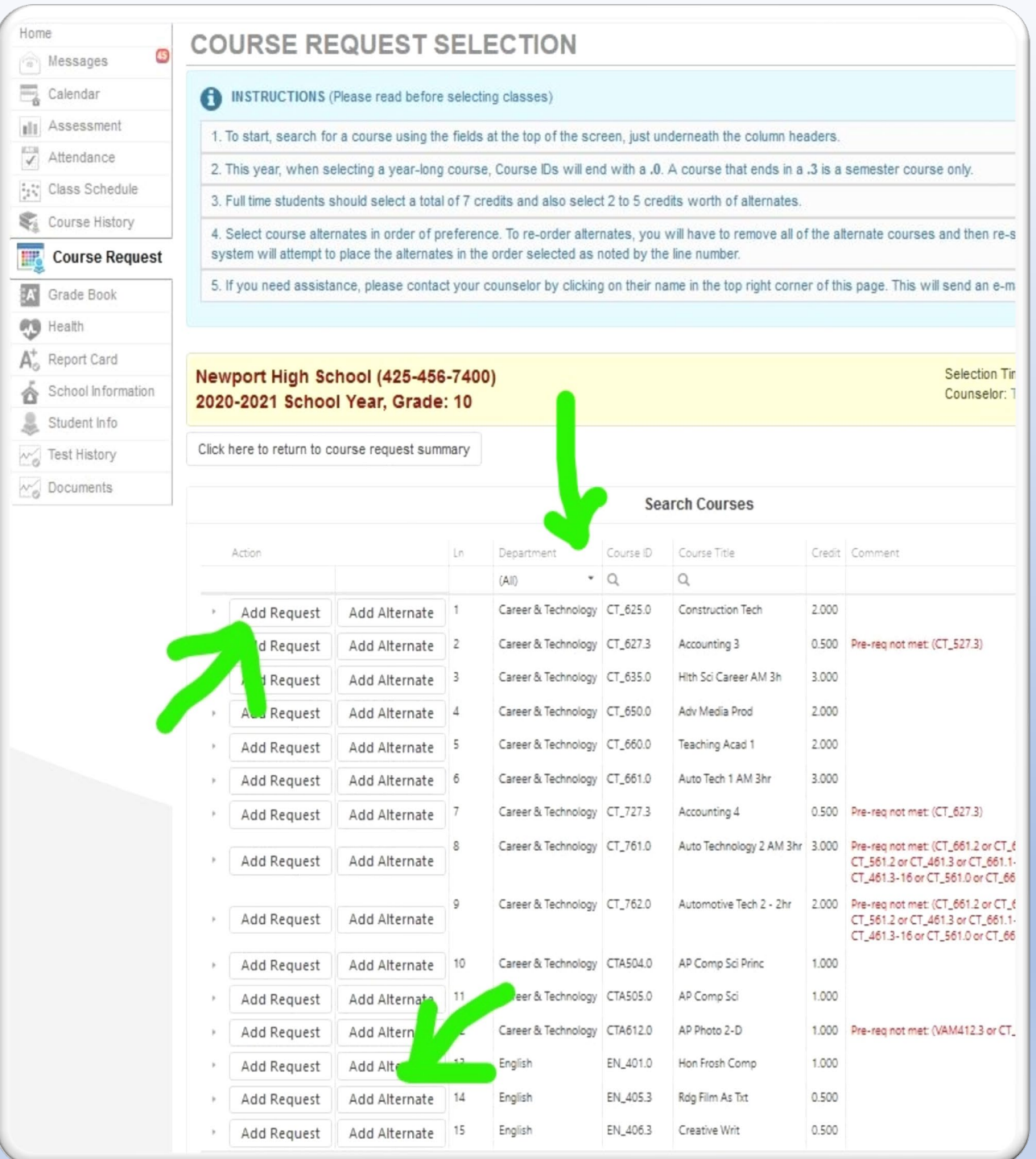
The online course selection tool:
Synergy Student Vue

Use your school laptop and your school login



Online Course Selection



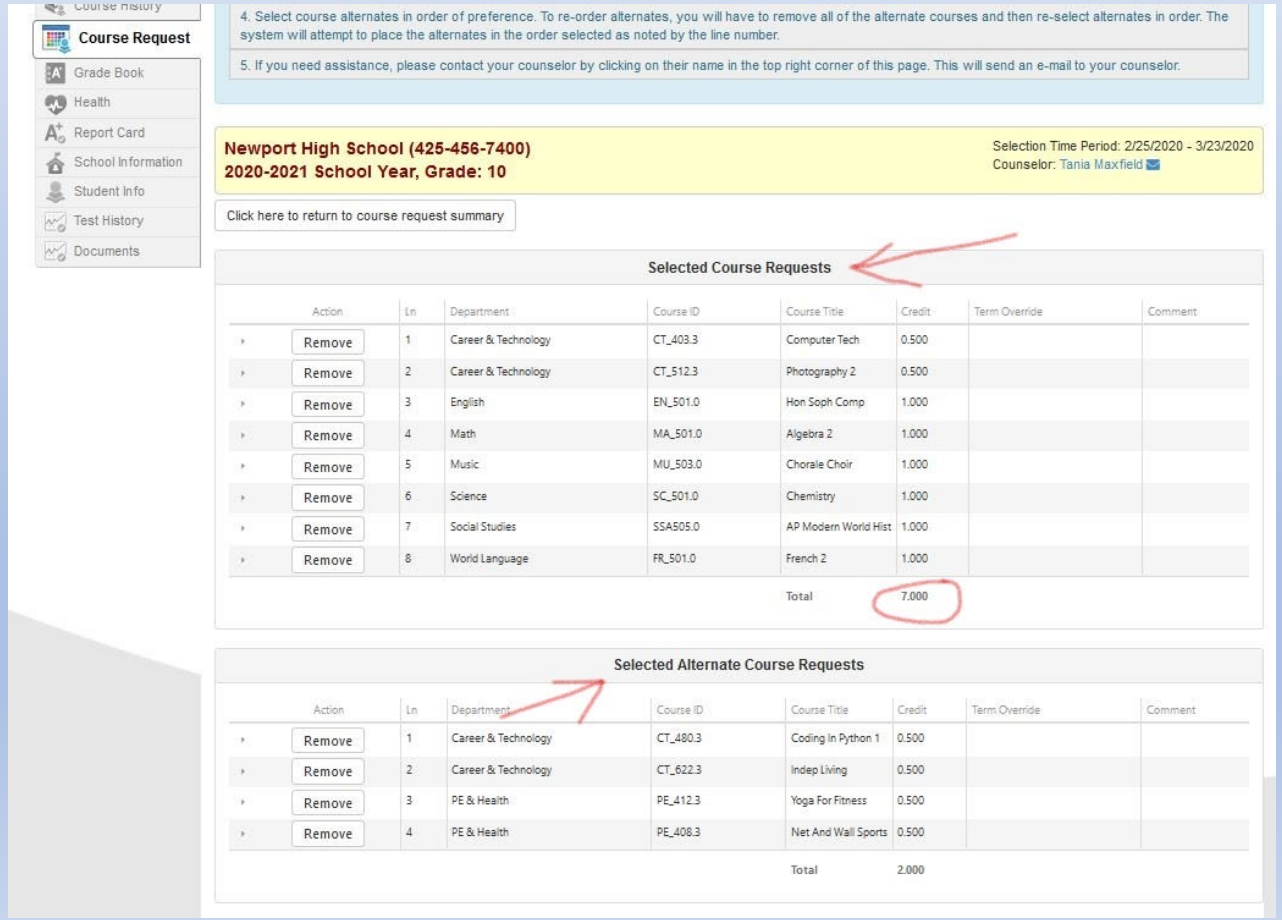


Choosing your classes…

- Search for courses by department
- Click on course ID arrow to access course description
- Choose request or alternate
- Check comments column for year-long message
- Course ID column (.3 = semester long class, .0 = year long)

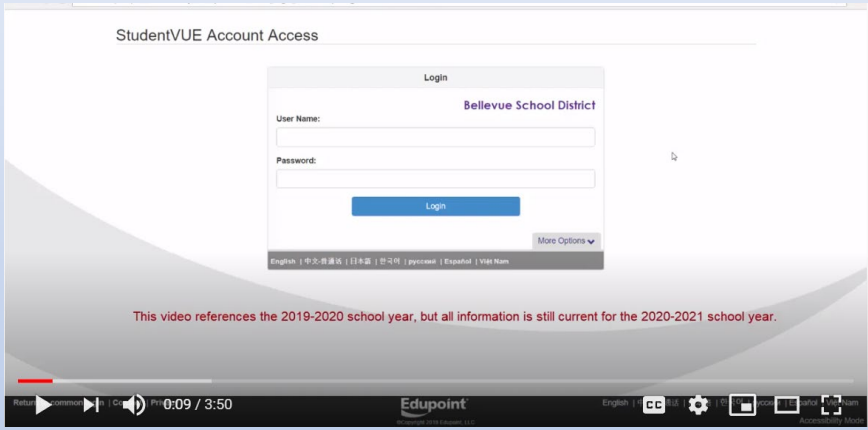
Review your selections

- Make sure you have enough credits
- 7.0 Regular Requests
- 2.0 Alternate (minimum)
- Alternate requests are prioritized



How Do I Request Courses in Synergy?

Instructional Video and PDF of Instructions available online



How to Request Courses

Watch How to Request Courses with Synergy StudentVUE/ParentVUE on YouTube

Download StudentVUE/ParentVUE Instructions (PDF)

Newport High School

PTSA®

*every*child. *one*voice.®

Welcome to Newport PTSA

- PTSA partners with the school to support students and teachers
- Fills funding gaps where district and state budgets fall short
- As district budgets tighten, PTSA support matters more than ever
- Every department has received PTSA funding
- Every student benefits — every single day

Examples of PTSA funded support:

- $20,000 for Teacher Letters of Recommendation for seniors applying to university
- $9,000 Library
- $4,000 Band - Instruments and Coaching
- $4,000 Art - Supplies and field trip
- $3,500 Digital Media - Headphones
- $3,000 – CISCO - Starlink
- $3,000 Chemistry & Physics - Sensors
- $2,000 Orchestra – Instrument covers, buggies and stools
- $2,000 English – New York Times Online subscription for all students

What is Ski Swap?

- 40th year in 2026
- Main PTSA fundraiser
- Largest ski swap in the region
- Funds everything PTSA provides to the school. Approx. $100,000 each year
- Hundreds of volunteers needed to make the event successful



We need YOU!

Your time is what makes this event possible.

Looking for parents to fill all kinds of event planning and logistical roles.

- Ski Swap Chair
- Volunteer Coordinators
- Marketing & Communications
- Social Media
- Graphic Design
- Logistics & Set-up
- Inventory & tagging
- Sales

No Skiing experience necessary!



How you can help Ski Swap

- Sign up to volunteer and get involved in Newport's most critical fundraising event of the year.

When you support the PTSA, you support every teacher and every student.

Ski Swap Volunteer Interest

Are you interested in playing sports next year?

- We will have a High School Sports Info night later in Spring.
- Visit the Newport Athletics & Activities department page for detailed info
- Register for high school athletics through FinalForms

  (https://bellevue-wa.finalforms.com/)

Getting Ready for Fall 2026

- Practice Start Dates:

  Fall Sports

  - **August 17 =** Football
  - **August 24** = Volleyball, Girls' Soccer, Cross Country, Boys' Golf, Girls' Swim & Dive, Boys' Tennis, Boys' Water Polo

  Band Camp will happen in August: Dates TBD.

  Winter Sports

  - **November TBD =** Girls' Gymnastics
  - **November TBD =** Basketball, Boys' Swim and Dive, Wrestling

  Winter TBD = Girls' Flag Football

- Cheer Tryouts Spring 2026 (will be announced at each MS)
- Drill Tryouts Spring 2026 (will be announced at each MS)

Getting ready for Fall

Link Crew Orientation- First day of school. More information to Come

Taking Care of Business Days: August 25 & 26, 2026 at NHS

Additional Online Resources

Additional Course information	• BSD Course Catalog
Where to go to register:	• Registration website: On-line course selection detailed instructions; FAQ, Registration Forms, etc.
Sports for PE Credit	• https://bsd405.org/departments/athletics-activities/earn-pe-credit/
College Credit Options: Dual Credit	• https://www.bsd405.org/academics/college-credit-options
World Language Competency Program	• https://bsd405.org/departments/curriculum/world-language/competency-credits/


Questions

Questions?

- Scan Here
- FAQ
- Email Response

