

APRIL INTERMEDIATE LUNCH MENU

Student Lunch- \$3.15
 Student Reduced- Free
 Adult Lunch - \$5.50

SERVED DAILY

1% White Milk & 1% Chocolate Milk
 *Yogurt Meal with String Cheese,
 *Assorted Salads,
 *Fresh Deli Sandwich,
 *PBJ Sandwich

HARVEST OF THE MONTH:

Eat your greens! April is all about dark leafy greens like spinach, kale, romaine, winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

Sweet & Sour Chicken over Steamed Rice
***Cheeseburger on Bun**
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit **30**

***Stuffed Crust Pizza**
***Chicken Nuggets with Dinner Roll**
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit **31**

Holiday Meal
Baked Ham Balls with Sweet & Sour Sauce
Au Gratin Potatoes
Sweet Potatoes
Fresh Steamed Green Beans
Melon Medley Fruit Cup
Fresh Baked Biscuit
Ice Cream Cup **1**

***Chicken Nuggets**
Dinner Roll
***Cheese Pizza**
Mashed Potatoes
California Blend Vegetables
Fresh Vegetables with Dip
Assorted Fruit **2**

NO School Today

NO School Today

***Mozzarella Sticks with Homemade Dipping Sauce**
Garlic Knot
Cheeseburger on Bun
Side Salad
Steamed Carrots
Fresh Vegetables with Dip
Assorted Fruit **7**

***Corn Dog Nuggets with Cornbread**
***Cheeseburger on Bun**
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit **8**

***Beef & Cheese Nachos with Lettuce & Diced Tomatoes**
***Cheese Pizza**
Fiesta Beans
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit **9**

***Pepperoni or Cheese Pizza**
Hot Dog on Roll
Smile Fries
Spinach Salad
Fresh Vegetables with Dip
Assorted Fruit
Mini Ice Cream Sandwich **10**

***Macaroni & Cheese with Dinner Roll**
***Hot Dog on Bun**
Steamed Green Peas
Spinach Salad
Fresh Vegetables with Dip
Assorted Fruit **13**

***Cheeseburger or Bacon Cheeseburger on Bun**
***Hot Dog on Bun**
Tater Tots
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit **14**

***Popcorn Chicken Raider Bowl**
Dinner Roll
***Cheeseburger on Bun**
Mashed Potatoes
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit **15**

***Chicken Tenders with Dutch Waffle**
***Cheese Pizza**
Spinach Salad
Fresh Vegetables with Dip
Assorted Fruit **16**

***Pizza Crunchers with Homemade Dipping Sauce**
Seasoned Pasta
***Hot Dog on Roll**
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit **17**

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***Hot Dog on Bun**
***Cheeseburger on Bun**
Smile Fries
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit

20

***Crispy Chicken Sandwich**
***Deep Dish Pizza**
French Fries
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

21

***French Toast Sticks with Syrup**
Sausage Links
***Cheese Pizza**
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

22

***Beef Taco with Tortilla Chips**
***Cheese Pizza**
Shredded Lettuce & Diced Tomatoes
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit

23

***Pepperoni or Cheese Pizza**
***Cheeseburger on Bun**
Glazed Carrots
Spinach Salad
Fresh Vegetables with Dip
Assorted fruit

24

***Orange Chicken over Steamed Rice**
***Stuffed Crust Pizza**
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit

27

***Pillsbury Cinnamon Roll**
Yogurt Cup & String Cheese
***Cheeseburger on Bun**
Smile Fries
Fresh Vegetables with Dip
Assorted Fruit

28

***Chicken Nuggets Dinner Roll**
***Deep Dish Pizza**
Mashed Potatoes
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit

29

***Rotini and Meatballs with Marinara Sauce**
***French Bread Pizza**
Garlic Knot
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

30

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