

APRIL ELEMENTARY LUNCH MENU

Student Paid- \$3.15
Student Reduced- Free
Adult Lunch- \$5.50

SERVED DAILY

1% White Milk & 1% Chocolate Milk
*Yogurt Meal with String Cheese,
*Assorted Salads
*Fresh Deli Sandwich

HARVEST OF THE MONTH:

Eat your greens! April is all about dark leafy greens like spinach, kale, romaine, winter greens, Swiss chard, and more. These dark green veggies are filled with vitamin C and K which are great for healing wounds and building strong teeth and bones.

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

*Sweet & Sour Chicken
over Steamed Rice
*Ham & Cheese Sandwich
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit

30

*Stuffed Crust Pizza
Romaine Salad
*Ham & Cheese Sandwich
Fresh Vegetables with Dip
Assorted Fruit

31

Holiday Meal
*Baked Ham Balls with Sweet &
Sour Sauce
Au Gratin Potatoes
Sweet Potatoes
Fresh Steamed Green Beans
Melon Medley Fruit Cup
Fresh Baked Biscuit
Ice Cream Cup*

1

*Chicken Nuggets
with Dinner Roll
*Ham & Cheese Sandwich
Mashed Potatoes
Steamed Carrots
Fresh Vegetables with Dip
Assorted Fruit

2

NO
School
Today

NO
School
Today

*Mozzarella Sticks with
Marinara Sauce
Garlic Knot
*Turkey & Cheese Sandwich
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit

7

*Corn Dog Nuggets
with Cornbread
*Turkey & Cheese Sandwich
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit

8

*Beef & Cheese Nachos
with Lettuce & Tomato
*Turkey & Cheese Sandwich
Steamed Corn
Fiesta Beans
Fresh Vegetables with Dip
Assorted Fruit

9

*Big Daddy's Pepperoni or
Cheese Pizza
Romaine Salad
*Turkey & Cheese Sandwich
Fresh Vegetables with Dip
Assorted Fruit
Mini Ice Cream Sandwich

10

*Macaroni & Cheese
with Dinner Roll
*Ham & Cheese Sandwich
Steamed Peas
Spinach Salad
Fresh Vegetables with Dip
Assorted Fruit

13

*Cheese Steak Sandwich
with Marinara Sauce
Onion Rings
*Ham & Cheese Sandwich
Steamed Carrots
Fresh Vegetables with Dip
Assorted Fruit

14

*Popcorn Chicken Raider Bowl
with Dinner Roll
*Ham & Cheese Sandwich
Mashed Potatoes
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit

15

*Chicken Tenders with
Dutch Waffle
*Ham & Cheese Sandwich
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit

16

*Pizza Crunchers with
Homemade Dipping Sauce
*Ham & Cheese Sandwich
Seasoned Pasta
Fresh Vegetables with Dip
Assorted Fruit

17

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TUE

WED

THU

FRI

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*Hot Dog on Bun
*Turkey & Cheese Sandwich
Smile Fries
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit

20

*Beef Taco with Tortilla Chips
*Turkey & Cheese Sandwich
Shredded Lettuce &
Diced Tomatoes
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit

21

*French Toast Sticks
with Syrup
Sausage Links
*Turkey & Cheese Sandwich
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

22

*Crispy Chicken Sandwich
*Turkey & Cheese Sandwich
French Fries
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

23

*Big Daddy's Pepperoni
or Cheese Pizza
*Turkey & Cheese Sandwich
Glazed Carrots
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

24

*Sweet & Sour Chicken
over Steamed Rice
*Ham & Cheese Sandwich
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit

27

*Pillsbury Cinnamon Roll
Yogurt Cup &
String Cheese
*Ham & Cheese Sandwich
Smile Fries
Fresh Vegetables with Dip
Assorted Fruit

28

*Chicken Nuggets
with Dinner Roll
*Ham & Cheese Sandwich
Mashed Potatoes
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit

29

*Rotini with Meat Sauce
Garlic Knot
*Ham & Cheese Sandwich
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

30

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