


# Middle


# April 2026





**MON**      **TUE**      **WED**      **THU**      **FRI**

**National Garden Month**   
**Benefits of Gardening:**  
 Great form of physical activity, encourages healthy eating with fresh produce, connects you with nature, skill-building and learning!  
**How to Celebrate:**  
 Take a walk in your school garden, plant a seed in the garden, learn about what grows best during each season, Discover what grows best in Arizona!

**6** Very Berry Smoothie  
 Honey Graham Crackers  
 Cheesy Pull-Apart Breadsticks   
 Homemade Marinara



**7** Oatmeal Chocolate Breakfast Bar  
 Chicken Pot Pie Broccoli Mixed Fruit 


**8** Banana Chocolate Chip Muffin String Cheese  
 Chicken Tenders & Dinner Roll 



**9** Whole Grain Donut Bites  
 Bean Tostada Spanish Rice 

**10** Turkey Sausage Breakfast Burrito   
 Cheeseburger Oven Fries 


**13** Homemade Egg & Cheese Taco  
 Beef Strips & Dinner Roll Mashed Potatoes & Gravy 

**14** Bagel Breakfast Sandwich   
 Homemade Macaroni & Cheese 

**15** Fluffy Blueberry Baked Pancake  
 Boneless Chicken Wings Dinner Roll 

**16** Banana Chocolate Breakfast Bar  
 Walking Taco  


**17** Cinnamon Roll  
 Spicy or Regular Chicken Patty Sandwich Oven Fries 


**20** Bagel & Cream Cheese  
 Chicken Quesadilla Pinto Beans 


**21** Blueberry Yogurt Parfait  
 Teriyaki Chicken Brown Rice 

**22** Cranberry Orange Muffin String Cheese  
 Popcorn Chicken Dinner Roll 




**23** Chorizo Con Papas with Tortilla  
 Rotini With Marinara String Cheese 

**24** 

**27** Oatmeal Chocolate Breakfast Bar  
 Chicken Tamale String Cheese 

**28** Green Goblin Smoothie Honey Graham Crackers  
 Bean & Cheese Burrito 

**29** Zucchini Bread Muffin String Cheese  
 Beef Hot Dog  

**30** Biscuit Breakfast Sandwich   
 Beef & Broccoli Brown Rice  



## DAILY OPTIONS

**Breakfast**  
 Breakfast Special  
 Whole Grain Cereal with Graham Crackers  
 Seasonal Whole Fresh Fruit  
 100% Fruit Juice  
 1% or Skim Milk

**Lunch**  
 Lunch Special  
 Peanut Butter & Jelly Sandwich\*  
 SunButter & Jelly Sandwich  
 Rotating 3rd Lunch Entrée  
 Seasonal Whole Fresh Fruit  
 Garden Salad Bar  
 1% or Skim Milk

**Rotating 3rd Entrée**  
 Monday/Thursday  
 Turkey Ham and Cheese Sub  
 Tuesday/Friday  
 Chicken Ranch Wrap  
 Wednesday  
 Large Garden Salad with Chicken

**\*We serve a pork-free menu\***  
 We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

**April is... National Garden Month!**  
 April 2 Peanut Butter & Jelly Day  
 April 4 International Carrot Day  
 April 22 Earth Day

 Vegetarian
  Fish
  Poultry
  Beef

## MEAL PRICES

**Osborn Students:**  
 All complete meals at no cost  
 Milk \$0.50

**Adults/Visitors:**  
 Breakfast \$2.75  
 Lunch \$4.75  
 \*Cash/Check Accepted\*

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

**SCAN HERE!** 

 @nutriliciousosborn