



Dear Families,

This week, our school community will focus on the character strength of ***Humor***. Humor means enjoying laughter and bringing smiles to others.

Humor helps us see the lighter side of things, making tough times easier and more fun. It doesn't mean you have to tell jokes, but people with humor often notice the funny moments in life and share them with others. Humor can lift people's spirits and help them through challenges. It's important to help students understand how to use humor in a kind way, to lift others up, and never at someone else's expense.

To practice and encourage the character strength of humor at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in [English](#) and [Spanish](#)), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

Pre-K-K	Grades 1-2	Grades 3-5	Grades 6-8	Grades 9-12
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Thank you for your support!