Wellness Council Meeting Minutes

February 12, 2026

Members:

Kai Byrd (Superintendent)	Caitlin Bruni (Nurse)
Jackie Nathman (Assistant Principal)	Peter Ferrara (Chartwells Director of Dining Services)
Brandy Spargo (HR, BOE Executive Assistant)	Andrea Hubbard (Curriculum Coach)
Donna Ricciardi (Business Manager)	Nicole Doonan (Parent)
Teri Brunelli (BOE Office Assistant)	

Attending: Kai Byrd, Donna Ricciardi, Teri Brunelli, Jackie Nathman, Andrea Hubbard, Peter Ferrera, Nicole Doonan

Absent: Brandy Spargo, Caitlin Bruni

Visitors: None

Call to Order

- Mrs. Brunelli called the meeting to order at 7:46am. via Zoom.

Approval of Minutes

1. **Motion** by Byrd, second by Ricciardi to approve the December 8, 2025 meeting minutes as presented. *The motion carries 7 yes, 0 abstain*

Agenda

1. Update on Staff and Student Wellness
   - ➔ Mrs. Brunelli applied for a grant through Action for Healthy Kids. Hoping to put together a week in April of wellness activities for the students. Looking at April 20-24
   - ➔ Mrs. Doonan added as an idea to send home exercises with the students to do with their parents
   - ➔ Ms. Nathman stated that the school is planning a BCS Cares day during PD on March 20th. Planning of activities for staff is ongoing.
   - ➔ Anthem monthly newsletter is sent out to staff highlighting health and wellness

APPROVED

Future agenda items

- Approval of February 12, 2026 Meeting Minutes
- 2025-2026 Student Wellness
- Parent/Student activities
- Staff Wellness

Adjournment

- Meeting adjourned at 7:53am

Next meeting: March 23, 2026

APPROVED