

ART

ENRICHMENT NEWSLETTER

March 2026

Mrs. Lenice Young



Email: len200@rcsd.ms



Our 3rd and 4th graders had an inspiring visit from local mural artist Gavid Bird through Mississippi Whole Schools. He shared insights on design, creativity, and building a career in art, leaving students excited and motivated. We're grateful for the opportunity to spark creativity in our young artists!

COUNSELING

ENRICHMENT

NEWSLETTER

March 2026

Mrs. Sadie Sanders



Email: sadie.sanders@rcsd.ms

Rick Warren
author of *A Purpose Driven Life*

"Humility doesn't mean thinking less of yourself. It means thinking of yourself less."

Counselor's Corner

Word of the Month: Humility

During the month of March, students will be learning about **humility**. Humility means thinking about others and sometimes giving up something we want in order to help someone else. It is an important part of building kindness, empathy, and strong friendships.

Students can practice selflessness by:

- Letting someone else go first
- Sharing materials or supplies
- Including someone who may feel left out
- Offering to help at home without being asked

Ways Families Can Reinforce This at Home

- Talk with your child about a time someone put them first.
- Encourage your child to do one helpful act each day.
- Praise your child when you notice them being kind or helpful.
-

Even small acts of kindness can make a big difference in our school community. When we put others first, we help create a caring and supportive environment for everyone.

HEALTH ENRICHMENT NEWSLETTER

March 2026

Nurse Janifer Page



Email: jan507@rcsd.ms



Managing Seasonal Allergies in School-Aged Children

Seasonal allergies are very common in school-aged children and can sometimes affect focus, comfort, and participation in class. If your child has known allergies, please help us support them by doing the following:

1. Notify the school nurse if your child has seasonal allergies that may require medication during the school day.
2. Provide any doctor-recommended medications and the required school medication consent forms if your child needs treatment at school.
3. Encourage your child to wash hands and avoid rubbing their eyes after outdoor play to help reduce irritation from pollen.
4. Make sure your child takes daily allergy medication at home as prescribed by their primary caregiver, especially during high pollen seasons.

If your child frequently experiences itchy eyes, sneezing, congestion, headaches, or fatigue during allergy season, please consider following up with your child's primary care provider for evaluation and treatment. Any medical visits and related expenses are the responsibility of the parent or guardian. Working together helps ensure your child stays comfortable, healthy, and ready to learn.

LIBRARY

ENRICHMENT

NEWSLETTER

March 2026

Mrs. Keli Hill



Email: keli.hill@rcsd.ms



You will NEVER hear me say that we are 100% a quiet library. During our Reading Stamina times, we are for sure quiet so that we can grow our brain muscles with reading. Once March rolls around, and we begin March Madness, all bets are off! I present 16 of our favorite read-alouds we've had in the library this year, and the students must vote on which books will advance to the next level. Who knew that students would be so passionate about books! I ... LOVE ... IT!

Have fun reading!

P.E.

ENRICHMENT NEWSLETTER

March 2026

Coach Catrina Mills



Email: cat202@rcsd.ms



This month, 3rd–5th graders are continuing to enjoy our volleyball unit in P.E. Students are learning important skills such as bump passing, setting, and serving—the fundamentals needed to play the game of volleyball. We also have our volleyball skill cards on display to help students review and better understand the key learning cues.

On another note, I would like to thank all the parents who brought their children out to participate in the Blue Cross Blue Shield Get Ready to Run 1-mile race. Congratulations to Paxton Frasier, a 5th grader, who placed 2nd overall out of more than 1,200 runners!

**Please remind your children to wear proper clothing and footwear and to bring a water bottle on their PE days!
I'm Looking forward to a fun month! Coach Mills**

STEAM

ENRICHMENT

NEWSLETTER

March 2026

Mrs. Maren Bowen



Email: maren.bowen@rcsd.ms



Hello Cougars! I hope everyone enjoyed a nice spring break. We are in the final home stretch to the end of the year. In our older grades, we are wrapping up our lesson on March Madness. Students were able to research and design a google slide of their findings as well as design their own basketball game out of different materials provided. Younger grades have been doing design challenges with notecards this week. I look forward to an amazing rest of the school year!