

Fremont Union High School District

Wellness Council

February 25, 2026

Attendees (23)

Students

- Homestead: Kat Heller
- Lynbrook: Jaclyn Chiu, Shelby Kim, Alessandra Wong

Parents

- Cupertino: Jenna Clarke
- Homestead: Maia Elder Kadar
- Lynbrook: Monique Anderson
- Monta Vista : Priya Kuppuswamy

Staff

- Cupertino High School: Andrew Suarez (Wellness Space Support Specialist)
- Educational Options: Tabitha Kappeler-Hurley (Teacher), Jasmine Kroner (School Linked Services Specialist)
- Homestead: Julio Llerenas (Wellness Space Support Specialist), Sarah Loyd (School-Based Therapist)
- Lynbrook: Yamini Aluru (Special Education Secretary/Paraeducator), Kim Morgan (Assistant Principal)
- Monta Vista: Doreen Bonde (Wellness Space Support Specialist)

Trustees: Pat Carpio-Aguillar

Planning Team: Brooke Chan (Coordinator of Data and Assessment), Trudy Gross (Associate Superintendent, Teaching and Learning), Leila Lurie (Social Emotional Learning Curriculum Lead), Karen Moos (Program Specialist, Mental Health Services), Dina Rogers (Executive Assistant, Teaching and Learning), Nancy Sullivan (Director of Educational and Special Services)

AGENDA

The meeting opened at 5:32 p.m.

Welcome and review of the agenda by **Associate Superintendent of Teaching and Learning Trudy Gross** (slides 1-2).

Social-Emotional Learning Curriculum Lead Leila Lurie reviewed the Community Agreements (slide 3) and led the Opening Activity (slide 4).

Trudy provided a connection to the December Wellness Council meeting (slide 5).

Director of Educational and Special Services Nancy Sullivan introduced Elaja Martinez and Omar Rivera from My Digital TAT2 who presented Digital Agency: Building Healthy Tech Habits Together. Link to presentation: <https://isu.pub/unAjVka> (slide 6).

Trudy reviewed the role of Wellness Council members as representatives (slide 7), highlighted the upcoming Teen Resource Fair with the City of Cupertino, and previewed the final Council meeting of the school year (slide 8).

While there was not enough time left to deliver the closing activity as planned, **Program Specialist for Mental Health Services Karen Moos** providing a closing thought to tie together the content of the meeting (slide 9).