Track and Field Event Order: **Host school determines the start times. Host schools may also adjust event order based on facility need.**

FIELD EVENTS

Boys & Girls Long Jump followed by Boys & Girls Triple Jump
Girls Discus followed by Boys Discus
Boys Shot Put followed by Girls Shot Put
Girls Pole Vault followed by Boys Pole Vault
Boys Javelin followed by Girls Javelin
Boys High Jump followed by Girls High Jump

RUNNING EVENTS:

4 x 200m Relay: Girls
110m Hurdles: Boys
100m Hurdles: Girls
100m Dash: Boys
100m Dash: Girls
1600m Run: Boys
1600m Run: Girls
4 x 100m Relay: Boys
4 x 100m Relay: Girls
400m Dash: Boys
400m Dash: Girls
300m Hurdles: Boys
300m Hurdles: Girls
800m Run: Boys
800m Run: Girls
200m Dash: Boys
200m Dash: Girls
3200m Run: Boys & Girls
4 x 400m Relay: Boys
4 x 400m Relay: Girls