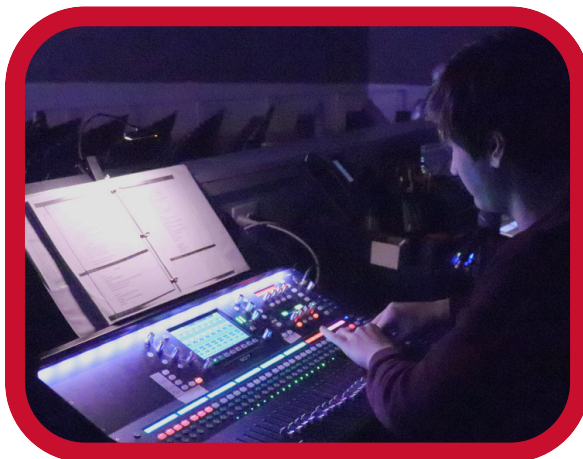


## Time Dragon Theatrics

Bravo to our Time Dragon Theatrics cast for an incredible, record-setting run of *Mamma Mia!* With outstanding attendance and an impressive number of awards, this production was truly one to remember. Across four fantastic performances, our performers lit up the stage with energy, talent, and heart. From vibrant musical numbers to memorable character moments, they delivered a show that wowed our LILA community. We are so proud of the dedication and passion they brought to every performance!



## Behind the Scenes

A huge round of applause to our Behind the Scenes team for making all four performances of *Mamma Mia!* such a success. From set design and lighting to sound, costumes, and stage management, their hard work ensured every detail came together seamlessly. Their creativity, teamwork, and commitment were essential in bringing this production to life — and we are so grateful for all they did behind the curtain!



## Speech

Our speech team had an outstanding season, showcasing dedication, growth, and impressive performances across multiple categories. With several top finishes and a strong showing at competitions, the team demonstrated both talent and teamwork while representing our school with thunder pride.



## Dance Team

This year marked the inaugural season of our Dance Team, and what an exciting debut it has been! From their first practices to their first performances, our dancers have shown incredible dedication, teamwork, and school spirit, setting a strong foundation for many successful seasons to come.





# Alpine Skiing

Lakes International Language Academy continues to make its mark in the Northwest Suburban Conference with two outstanding alpine skiers leading the way. On January 8 at Wild Mountain, in tough rain and sleet on a steep, icy course, 9th grader **Julia Pfungsten** showed incredible focus and composure, capturing 1st place. Competing against much larger schools and teams, 8th grader **Macey Dennehey** demonstrated resilience and determination, finishing 42nd out of 75 varsity racers. Alpine racing demands courage, mental toughness, and grit – and both athletes represented LILA with pride.

The momentum continued on January 15 at Trollhaugen for Conference Race #3. Julia claimed her third consecutive victory, once again proving she is a force in the conference. Macey battled hard on another challenging course, finishing 50th out of 76 varsity racers. Their competitiveness and poise – especially as younger athletes competing at the varsity level – is truly commendable. LILA is definitely getting noticed.

Capping off an incredible season, Julia finished 30th out of 88 girls at the State Meet with two strong, confident runs. An impressive result for a 9th grader competing on one of the biggest stages – and with even more room to grow heading into next year.

Looking ahead, Julia has also been invited to represent Minnesota as one of just 12 high school girls at the Western U.S. Alpine Ski Championships in Loveland, Colorado this March – an outstanding honor that reflects her dedication and talent. Learn more about Team MN: [www.mshsca.org/teammn](http://www.mshsca.org/teammn)

We are incredibly proud of both Julia and Macey for their perseverance, sportsmanship, and the way they continue to elevate LILA on the slopes.



# Equestrian

Congratulations to **Elliott Haider** for earning a 2025 Varsity Letter through the Minnesota High School Equestrian Association. Elliott completed over 150 hours of training and competed at an advanced level in MHSEA-qualifying equestrian events. We are proud to recognize his dedication and achievement.



# Basketball

Boys Varsity Basketball is celebrating an incredible season highlight as Jackson Dowd set a new school record with 55 points in a game and added another standout 39-point performance. A tremendous accomplishment that reflects hard work, determination, and Dragon pride. Congratulations, Jackson, on an unforgettable achievement for LILA Basketball!



# Youth In Government

This year, five LILA students participated in the Youth in Government conference at the Minnesota State Capitol, joining over 1,500 students from across the state for a four-day experience in civic engagement. Students took part in drafting, debating, and advancing bills through a mock House and Senate, gaining first hand insight into the legislative process. Notably, **Cami Bauer** successfully authored a bill that passed through both chambers and was signed by the governor. Looking ahead, seven students are preparing for the upcoming Model United Nations conference in early April. Our 10th and 11th graders will represent Panama, while 9th graders will represent Brazil, each researching their assigned country and topics to participate in collaborative debate within a simulated United Nations council.





## New School Store

We're excited to announce new apparel options for all our athletes and supporters! Whether you're a player, parent, or fan, we have something for everyone to wear with pride. Check out our available collections and what's coming soon. For every apparel purchase, LILA earns 10%.



## Coaching & Advisor Opportunities

If you are interested in leading a club or activity, please complete the [2025 2026 AAA Planning Form](#). This form will be utilized for current clubs and activities as well as new opportunities.

These are paid positions and are a great way to connect with students!  
2026-2027 Athletic Season: **Volleyball Assistant Coaches, MS Baseball**

Any questions can be directed to Matt McCabe, Athletics Director, at [mmccabe@mylila.org](mailto:mmccabe@mylila.org).



## LILA Booster Club

The Lakes International Language Academy Booster Club is looking for volunteers and supporters to share their time, talents, or donations to help spark joy and create memorable experiences for our LILA Dragons. Whether you'd like to get involved or give back, your support makes a meaningful impact on our students and school community.

[DONATE](#)

[JOIN](#)

[VOLUNTEER](#)

## ETS Performance - NE Metro

ETS Performance's Summer Special is back in partnership with LILA, now offering an exclusive 15% discount on 3-, 6-, and 12-month training commitments. To take advantage, schedule a free athlete evaluation by May 31 and mention your LILA affiliation. Designed for athletes ages 12+, the program focuses on building speed, strength, and power through individualized training with measurable results, and sibling discounts are also available. If you can't find a time before the deadline, ETS can assist with registration over the phone—learn more or schedule at [www.etsperformance.com](http://www.etsperformance.com) or call 515-778-5120.

## Read More

If you'd like to learn more about LILA's latest achievements, events, and school news, we invite you to explore further by clicking the button to the right. It will take you to additional updates and highlights, where you can stay connected and celebrate all the great things happening in our community.

[MORE NEWS](#)



# Sportsmanship Expectations - MSHSL

The Minnesota State High School League expects all students and fans to demonstrate positive sportsmanship at every game and event. This includes showing respect for opponents, recognizing great performances, and accepting officials' decisions with class.

As representatives of your school and community, your behavior sets the tone. Be loud, be proud – but always be respectful.

Let's make every game a safe, fair, and enjoyable experience for everyone involved.

## Dress Code/Attire

- Spectators may not wear masks or costumes that limit the ability to identify individuals. Masking for medical purposes is allowed
- Spectators must wear clothing that covers the torso
- Clothing worn must not be vulgar, obscene or inappropriate

## Behaviors

- No one may interfere with the contest in any way
- Only members of the official squad may be on the contest surface
- The use of appropriate language is always expected. Profanity, negative chants, booing, trash talk, name calling, personal attacks or other acts of disrespect are unacceptable
- Respect the Flag and the National Anthem

## Prohibited Items

- Flags, whiteboards, large signs on sticks, signs with vulgar, obscene or inappropriate language or images, or that obstruct the views of others or similar items
- Balloons, confetti, glitter, baby powder, pom poms or other similar celebratory items
- Artificial noisemakers (i.e., megaphones, cowbells, sirens, whistles, thunder sticks and other similar items)

Review complete Minnesota State High School League behavior expectations and requirements [here](#).

## Did We Miss Your Activity?

Didn't see your activity highlighted? We'd love to include it—please send your information to [marketing@mylila.org](mailto:marketing@mylila.org) for consideration in an upcoming newsletter.

Keep in mind that some activities, such as archery, will be featured after their season has concluded, so we can share a full recap of their accomplishments.

## Follow On Social Media

[LILA Main Facebook](#)

[LILA Boosters Facebook](#)

[LILA Main Instagram](#)

[LILA Booster Instagram](#)

## Arts, Athletics and Activities Contacts

Arts, Athletics, & Activities Director

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