



Stay active, be prepared, prevent injuries.

Low-cost sports physicals for all SBISD athletes.

In collaboration with SBISD Athletics, Memorial Hermann Memorial City Medical Center is offering comprehensive, low-cost physicals to all SBISD athletes.

Physicals include:

- Height and weight
- Blood pressure
- Vision screening
- Medical history assessment

Physicals will be administered by physicians, nurse practitioners and physician assistants affiliated with Memorial Hermann.

Physicals are \$10.

Payment may be made by cash or check (made payable to Spring Branch ISD). No insurance will be accepted. Free physicals are available for athletes who qualify for reduced lunch programs.

Memorial Hermann is the Official Health Care Provider of SBISD Athletics

For more information, please call SBISD Athletics at 713.251.1200

Who:

All qualified SBISD Athletes

When and where:

Thursday, April 2, 2026 – 9:30 a.m. - 4:00 p.m

Northbrook High School

1 Raider Circle S., Houston, TX 77080

Wednesday, April 8, 2026 – 10:30 a.m. - 5:00 p.m

Stratford High School

14555 Fern Drive, Houston, TX 77079

Friday, April 24, 2026 – 11:30 a.m. - 5:00 p.m

Spring Woods High School

2045 Gessner Road, Houston, TX 77080

Tuesday, April 28, 2026 – 11:30 a.m. - 5:00 p.m

Memorial High School

935 Echo Lane, Houston, TX 77024

Students may walk in to any of the 4 high school dates listed. Spring Branch ISD personnel will communicate to the students at the middle school which date and high school site they will provide bus transportation to.