

*Log on!*

# GuidanceResources online

First-time users, follow these simple steps to explore GuidanceResources® Online, your Employee Assistance Program website.

1 Go to [guidanceresources.com](https://guidanceresources.com).

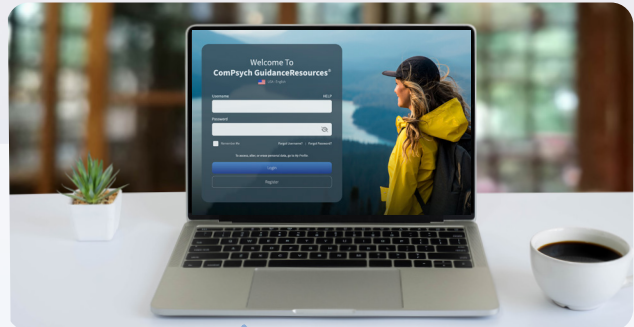
2 Once on the [guidanceresources.com](https://guidanceresources.com) home page, click the Register Tab.

4 You will then be asked to **enter a Username, your First Name, and your Personal Email Address**, as well as to **create a Password**.

Both your Username and Password can be anything you would like as long as they conform to the requirements listed on the page. Be sure to read the Terms of Use and click the check boxes to indicate your agreement to those terms and to the age verification.

## For Future Logins...

use your Username and Password from Step 2 above. Enter your Username and Password and click the Login button to access GuidanceResources Online.



3 Enter your **organization Web ID** and click the Register button.

5 Once you have completed your registration, you will be asked to **verify your email address**.

6 Submit your email. An authentication code will be sent your address to **verify your account**. Retrieve the code and enter it in the space provided.

7 When you've finished, **click the Submit button** at the bottom of the page. You should now be on the website.

\* **If you have problems** registering or logging into GuidanceResources Online, email [memberservices@compsych.com](mailto:memberservices@compsych.com).

24/7 Live Assistance

Call: 866-883-0874  
App: GuidanceNow®  
Online: [guidanceresources.com](https://guidanceresources.com)

TRS: Dial 711  
Web ID: VALLEY

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