

Breakfast Menu

Windsor Locks South Elementary School

April 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

























Monday

Tuesday

Wednesday

Thursday

Friday

		1 Egg and Cheese Sandwich  Or Cocoa Puffs Cereal Bar And 100% Orange Tangerine	2 Blueberry Muffin  Or Apple Cinnamon Cheerios Cereal  And Fresh Pear	3 WW Honey Bun  With Fresh Banana And 100% Grape Juice
6 Apple Strudel  With Craisins And Fruit Punch	7 Fluffy Whole Grain Waffles  With Fresh Apple 	8 Cinnamon French Toast  And Graham Crackers And 100% Juice Fruit Punch	9 Scrambled Eggs with Cheese  Or WW Honey Bun  And Fresh Pear	10 Egg and Cheese Sandwich  Or Fudge Pop Tart Brown Sugar Cinnamon Pop Tart And Fresh Banana
13 Blueberry Muffin  Banana Muffin  And Fresh Apples	14 Sausage, Egg and Cheese Sandwich Diced Pear Cup	15 Mini Maple Pancakes And Fresh Apple With 100% Juice Fruit Punch	16 Strawberry Pop Tart With Fresh Pear Or Apple Juice	17 Soft Filled Cinnamon Toast Crunch Bar  And Fresh Banana 100% Apple Juice
20 Mini French Toast Syrup And Craisins 100% Orange Tangerine	21 Chocolate Chip Muffin  And Fresh Apple	22 Sausage, Egg and Cheese Sandwich And 100% Juice Fruit Punch	23 WW Bagel  With Cream Cheese And Fresh Pear	24 Apple Strudel  With Fresh Banana And 100% Juice Fruit Punch
27 Mini Cinnamon Pull Apart Roll  Applesauce	28 Fluffy Whole Grain Waffles  Diced Peach Cup	29 Egg and Cheese Sandwich  100% Apple Juice	30 Overnight Oatmeal   	



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Please remember to fill out your free and reduced meal applications and return to your schools

Available Daily

Fruits offered Daily: Fresh in Season Fruits
Choice of Milk: Fat Free Chocolate, 1% White

Alternative breakfast available daily please check with staff for daily options

