

BABY



Black Bean

Meet Your Nutritious Friend:
Baby Black Bean

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Asian Sesame Chicken over Rice FEATURED VEGGIES Steamed Broccoli	2 NO SCHOOL FOR STUDENTS	3 NO SCHOOL FOR STUDENTS
6 NO SCHOOL FOR STUDENTS	7 Beef Soft Tacos Salsa & Sour Cream FEATURED VEGGIES Black Beans	8 Cheeseburger on a Bun FEATURED VEGGIES Glazed Carrots	9 Corn Dog FEATURED VEGGIES Curly Fries	10 Big Daddy Cheese Pizza (V) FEATURED VEGGIES Steamed Green Beans
13 BBQ Ribby on a Roll FEATURED VEGGIES Oven Fries	14 Chicken Patty on a Bun FEATURED VEGGIES Sweet Green Peas	15 Hot Ham & Cheese on a Pretzel Roll FEATURED VEGGIES Tater Tots	16 Penne Pasta Meat or Marinara Sauce with Garlic Breadstick FEATURED VEGGIES Steamed Broccoli	17 Stuffed Crust Cheese Pizza (V) FEATURED VEGGIES Baked Beans
20 Mini Corn Dogs FEATURED VEGGIES Steamed Broccoli	21 Nachos Grande Seasoned Beef Over Tortilla Chips Salsa & Sour Cream FEATURED VEGGIES Steamed Corn	22 French Toast Sticks with Sausage Patties FEATURED VEGGIES Tri Patty Taters	23 Macaroni & Cheese w/ Garlic Knot (V) FEATURED VEGGIES Glazed Carrots	24 Cheese Pizza (V) FEATURED VEGGIES Steamed Green Beans
27 Chicken & Mashed Potato Bowl with Roll FEATURED VEGGIES Steamed Corn	28 Beef & Cheese Quesadilla FEATURED VEGGIES Refried Beans	29 Mini Maple Pancakes w/ Sausage FEATURED VEGGIES Tater Tots	30 Chicken Patty on a Bun FEATURED VEGGIES Steamed Green Beans	

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternates

#2 Uncrustable PBJ w/ Cheese Stick & WG Roll (V)

#3 Talbot Salad-Ham & Cheese Cups w/ WG Rolls

#4 Chicken Tenders w/ WG Rolls

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

Your Team

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Meal Prices

Student Lunch \$2.60
Reduced Lunch \$0.00
Faculty Lunch \$4.00

Use QR Code
for Menu
Nutritionals



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CULINARY MANAGEMENT
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