

BABY



Black Bean

Meet Your Nutritious Friend:
Baby Black Bean

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Egg & Cheese Croissant (V) Assorted Cereals or Cereal Bar with Graham Crackers	2 NO SCHOOL FOR STUDENTS	3 NO SCHOOL FOR STUDENTS
6 NO SCHOOL FOR STUDENTS	7 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	8 Breakfast Stick Pancake Batter Wrapped Turkey Sausage Assorted Cereals or Cereal Bar with Graham Crackers	9 French Toast Sticks with Syrup (V) Assorted Cereals or Cereal Bar with Graham Crackers	10 Dutch Waffle (V) Assorted Cereals or Cereal Bar with Graham Crackers
13 Mini Maple Pancakes (V) Assorted Cereals or Cereal Bar with Graham Crackers	14 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	15 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals or Cereal Bar with Graham Crackers	16 Chocolate Chip French Toast (V) Assorted Cereals or Cereal Bar with Graham Crackers	17 Apple Strudel (V) Assorted Cereals or Cereal Bar with Graham Crackers
20 Mini Cinni Rolls (V) Assorted Cereals or Cereal Bar with Graham Crackers	21 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	22 Soft Filled Cinnamon Toast Crunch Bar (V) Assorted Cereals or Cereal Bar with Graham Crackers	23 French Toast Sticks with Syrup (V) Assorted Cereals or Cereal Bar with Graham Crackers	24 Dutch Waffle (V) Assorted Cereals or Cereal Bar with Graham Crackers
27 Mini Maple Pancakes (V) Assorted Cereals or Cereal Bar with Graham Crackers	28 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	29 Egg & Cheese Croissant (V) Assorted Cereals or Cereal Bar with Graham Crackers	30 Chocolate Chip French Toast (V) Assorted Cereals or Cereal Bar with Graham Crackers	

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Whole Grain Pop-Tarts

Chocolate, Cinnamon, Strawberry

Whole Grain Muffin/Loaf (served with graham crackers)

Blueberry, Chocolate, Chocolate Chip

Whole Grain Donuts

Blueberry, Chocolate, Glazed, Powdered

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

Your Team

Tess Diehl, General Manager

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Meal Prices

Student Breakfast \$0.00

Reduced Breakfast \$0.00

Faculty Breakfast \$2.50

Use QR Code
for Menu
Nutritionals



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CULINARY MANAGEMENT
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