

# APRIL 2026



**Breakfast Prices**

Student: Free  
Additional Meal: \$1.65  
Entrée Only: \$1.40  
Adult: \$2.95

**Lunch Prices**

Student: \$3.05  
Entrée Only: \$2.80  
Adult: \$4.85

April is Stress Awareness Month  
Monday 4/6: National Burrito Day.  
Wednesday 4/22: Earth Day.  
Monday 4/27: Pretzel Day.

Daily Breakfast Assortment: Cold cereal, cereal bars, muffins, Pop Tarts, bagels, assorted yogurts, a variety of fresh fruit, 100% fruit juice and milk



Cheese Sandwich and SB& Jelly offered at lunch daily

Milk: All Choices are rBST hormone free. Nonfat flavor chocolate and 1% white

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken Patty Biscuit Apple or Fruit Mix <b>01</b>  A) French Toast Sticks with Sausage B) Chicken Patty Sandwich C) <b>Baja Salad</b> D) Ham & Cheese Sandwich Sides: Banana, Peaches, Broccoli	<b>02</b>  	<b>03</b>  
<b>06</b>  	Apple Frudel Peaches or Raisins/Craisins <b>07</b>  A) Turkey Taco B) Pizza Crunchers C) <b>Garden Salad</b> D) Pizza Bagel Pack Sides: Orange Wedges, Diced Pears, Black Beans, Corn	Glazed Cinnamon Roll Apple or Fruit Mix <b>08</b>  A) French Toast with Sausage Links B) Chicken Patty Sandwich C) <b>Apple Pack</b> D) Ham & Cheese Sandwich Sides: Banana, Peaches, Broccoli	Chicken Patty w/Cheese Biscuit, Clementine or Applesauce <b>09</b>  A) Dumpling with Fried Rice B) Chicken Nuggets C) <b>Chef Salad</b> D) Pretzel Pack Sides: Apples, Fruit Mix, Mixed Vegetable	Blueberry Muffin Top Grapes or Diced Peaches <b>10</b>  A) Pizza B) Corn Dog C) <b>Apple Pack</b> D) Turkey and Cheese Sandwich Sides: Clementine, Apple Sauce, Celery Sticks
Pancake Bites Orange Wedges or Diced Pears <b>13</b>  A) Chicken Nuggets B) Cheeseburger C) <b>Garden Salad</b> D) Turkey and Cheese Sandwich Sides: Grapes, Apple Slices, Celery Sticks, French Fries	Donut Holes Banana or Raisins/Craisins <b>14</b>  A) Nachos B) Pizza Dippers with Sauce C) <b>Chef Salad</b> D) Pizza Flatbread Pack Sides: Orange Wedges, Diced Pears, Kickin Pinto Beans,	Sausage Pancake Stick Apple or Fruit Mix <b>15</b>  A) Waffle with Sausage Links B) Chicken Patty Sandwich C) <b>Baja Salad</b> D) Ham and Cheese Sandwich Sides: Banana, Peaches, Broccoli	Ham and Cheese Bagel Clementine or Applesauce <b>16</b>  A) Mac& Cheese B) Chicken Nuggets C) <b>Chef Salad</b> D) Pretzel Pack Sides: Apples, Fruit Mix, Mixed Vegetable	Mini Bagel Strawberry Filled Grapes or Diced Peaches <b>17</b>  A) Pizza B) Corn Dog C) <b>Baja Salad</b> D) Turkey and Cheese Sandwich Sides: : Clementine, Apple Sauce, Cucumber
Mini French Toast Eggo Orange Wedges or Diced Pears <b>20</b>  A) Boneless Wing B) Cheeseburger C) <b>Garden Salad</b> D) Turkey & Cheese Sandwich Sides: Grapes, Apple Slices, Grape Tomato, Tater Tots	Churro Bites Banana or Raisins/Craisins <b>21</b>  A) Soft Taco B) Pizza Crunchers C) <b>Chef Salad</b> D) Muffin Pack Sides: Orange Wedges, Diced Pears, Black Beans,	Sausage English Muffin Apple or Fruit Mix <b>22</b>  A) Mini Pancake with cheese omelet B) Chicken Patty Sandwich C) <b>Dice Chicken Salad</b> D) Ham and Cheese Sandwich Sides: Banana, Peaches, Celery	Chocolate Filled Crescent Clementine or Applesauce <b>23</b>  A) Grilled Cheese B) Chicken Nuggets C) <b>Chef Salad</b> D) Chip and Salsa Pack Sides: Apples, Fruit Mix, Broccoli	Egg and Cheese Sandwich Grapes or Diced Peaches <b>24</b>  A) Pizza B) Hot Dog on a Bun C) <b>Diced Chicken Salad</b> D) Turkey & Cheese Sandwich Sides: : Clementine, Apple Sauce, Pepper Strips
Egg Patty Bagel Sandwich Orange Wedges or Diced Pears <b>27</b>  A) Popcorn Chicken with Noodles B) Cheeseburger C) <b>Garden Salad</b> D) Turkey & Cheese Sandwich Sides: Grapes, Apple Slices, Broccoli	Confetti Mini Pancakes Banana or Raisins/Craisins <b>28</b>  A) Nachos B) Pizza Dippers with Sauce C) <b>Chef Salad</b> D) Pizza Bagel Pack Sides: Orange Wedges, Diced Pears, Baked Beans, Celery Sticks	Breakfast Pizza Apple or Fruit Mix <b>29</b>  A) Waffle with Sausage Patty B) Chicken Patty Sandwich C) <b>Popcorn Chicken Salad</b> D) Ham and Cheese Sandwich Sides: Banana, Peaches, Pepper Strips	Powder Donut Clementine or Applesauce <b>30</b>  A) Pasta with Meat sauce B) Chicken Nuggets C) <b>Chef Salad</b> D) Muffin Pack Sides Apples, Fruit Mix, Broccoli	

# SWEET TARTS

Apricots are part of the rose (rosaceae) family, which explains why they smell so sweet. These tangy, succulent fruits are nutrient powerhouses—chock full of vitamins A and C, fiber, iron, antioxidants, and calcium. They are also one of the few fruit that possesses nearly all of the minerals necessary for bone growth. These drupes, similar to small peaches with their yellowy orange, sometimes velvety skin, are versatile and often enjoyed fresh, dried, juiced, made into jam, or baked into desserts such as tarts. California, with over 9,000 acres planted, accounts for 95 percent of the nation's total apricot production.



I say  
ape-ricot!

## ACTIVITY: YOU DON'T SAY...

Depending on your geographic location, many words are pronounced differently. Try saying the different pronunciations of the words listed below. Circle the one you regularly use and compare with friends and family.

Apricot
app-ricot
ape-ricot

Lawyer
loyer
law-yer

Bagel
bay-gull
bah-gul

Mayonnaise
may-uh-naze
man-aze

Pecan	
pee-KAHN	PEE-can
pick-AHN	PEE-kahn

Tour
tore
too-er

Crayfish
cray-fish
craw-fish

Caramel
car-ml
carra-mel

Syrup
sear-up
sih-rup
sir-up

Crayon	
cray-ahn	cran
cray-awn	crown

## DID YOU KNOW?

**MY PRECIOUS** Apricot is Latin for “precious”. Many believe they earned this name because they ripen earlier than other summer stone fruits like peaches or cherries.

**FRUITFUL TRAVELS** Apricots are cultivated on every continent except Antarctica.



## ACE'S JOKE OF THE MONTH



**Q. WHAT DID THE FRUIT SAY WHEN IT SAW ITS BRANCH START BENDING?**

SEE ANSWER BELOW