



Murrieta Valley Adult School and Community Education *"Pathway to Success"*

2026 Murrieta Valley High School Wrestling Summer Camp

The Murrieta Valley High School Wrestling program is looking for hard working and dedicated athletes who want to improve their skills and learn more about the great sport of Wrestling. This camp is designed to help your players improve their wrestling technical skills, conditioning and overall proficiency in the sport. Summer camp is not mandatory but is strongly encouraged to further your athlete's physical performance, technique, personal improvement, as well as an exceptional opportunity for team bonding.

DATES: Summer Camp will begin June 8, 2025 (all athletes) and camp finishes June 28, 2026. Camp is held Monday through Friday during this 3-week session. There will be more practice opportunities after the 2-week dead period.

TIMES: PRACTICE TIMES TBD

*Wrestlers will participate in various training forms which will include technique, live, agility drills, weightlifting, and conditioning. **Please follow @murrietawrestling on Instagram for all the latest updates on practice times and calendars.** Contact Coach Kingman with any questions
dkingman@murrieta.k12.ca.us

COACHES: Coach Dan Kingman, Coach Michael Dooty, Coach Bobby Thompson, Coach Chris Martinez, Coach Lee Briggs, Coach Miranda (other coaches and clinicians subject to change)

SUMMER CAMP REGISTRATION TUITION:

- \$300 for returning boys wrestlers (due date June 8th, if paid after June 8th dues are \$325)
- \$150 for incoming freshman/middle school students (due date June 12th)
Last day to pay is June 22nd
- \$200 for Girls wrestlers (due June 8th, if paid after June 8th \$225)

Camp Registration Dues can be paid in the form of credit card or cash.

If paying by cash, please submit payment to Mrs. Nelly Alvarez at the bookkeeping window between 8AM & 4PM (contact info: [NALvarez@murrieta.k12.ca.us](mailto:NAlvarez@murrieta.k12.ca.us) or (951) 696-1408 Ext. 5276).

- Registration includes a camp t-shirt.

PHYSICALS & WAIVERS: All players must have completed the athletic clearance thru www.homecampus.com (where the physical is uploaded) and cleared by the Athletic Dept. to be able to participate. Physicals are being held at MVHS at a reduced cost of \$30.00 on May 16, 2026, from 8:00am – 11:30am. A player can also have his own physician conduct the physical. Physicals must be performed by an M.D. (We cannot accept physicals from a Chiropractor, Dentist or Physician Assistant.)

If you have any other questions, please contact Coach Kingman at dkingman@murrieta.k12.ca.us

Participation in a high school summer sport, music or cheer camp is designed to assist participants with skill improvement and practice, enrichment, and/or overall conditioning or proficiency. Summer camps are not required and do not guarantee placement or eligibility for a high school team or program. Participation in recreational camps and activities is optional and separate from the regular school year.