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MPS True Food

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April Breakfast

SECONDARY 2026



This institution is an equal opportunity provider.



SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School

W 1 T 2 F 3
SPRING BREAK
MARCH 30-APRIL 3

M 6
Blueberry Sheet Pancake with Turkey Sausage
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

T 7
Chicken Sausage or Egg & Cheese Biscuit Sandwich
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

W 8
Gallo Pinto with Eggs
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

T Breakfast 9
Burrito with Sausage, Egg & Cheese
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

F 10
Cheesy Scrambled Eggs with Cinnamon Roll
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

M 13
French Toast with Chicken Sausage Patty
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

T 14
Chicken Sausage or Egg & Cheese English Muffin Sandwich
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

W 15
Sunrise Fiesta Bowl with Jalapeño Cheddar Biscuit
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

T Breakfast 16
Taco with Turkey Chorizo
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

F 17
Egg & Cheese Omelet with Carrot Breakfast Bread
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

M 20
Blueberry Sheet Pancake with Turkey Sausage
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

T 21
Chicken Sausage or Egg & Cheese Biscuit Sandwich
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

W 22
Gallo Pinto with Eggs
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

T Breakfast 23
Burrito with Sausage, Egg & Cheese
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

F 24
Cheesy Scrambled Eggs with Cinnamon Roll
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

M 27
French Toast with Chicken Sausage Patty
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

T 28
Chicken Sausage or Egg & Cheese English Muffin Sandwich
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick

W 29
Sunrise Fiesta Bowl with Jalapeño Cheddar Biscuit
OR
 Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg

T Breakfast 30
Taco with Turkey Chorizo
OR
 Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick