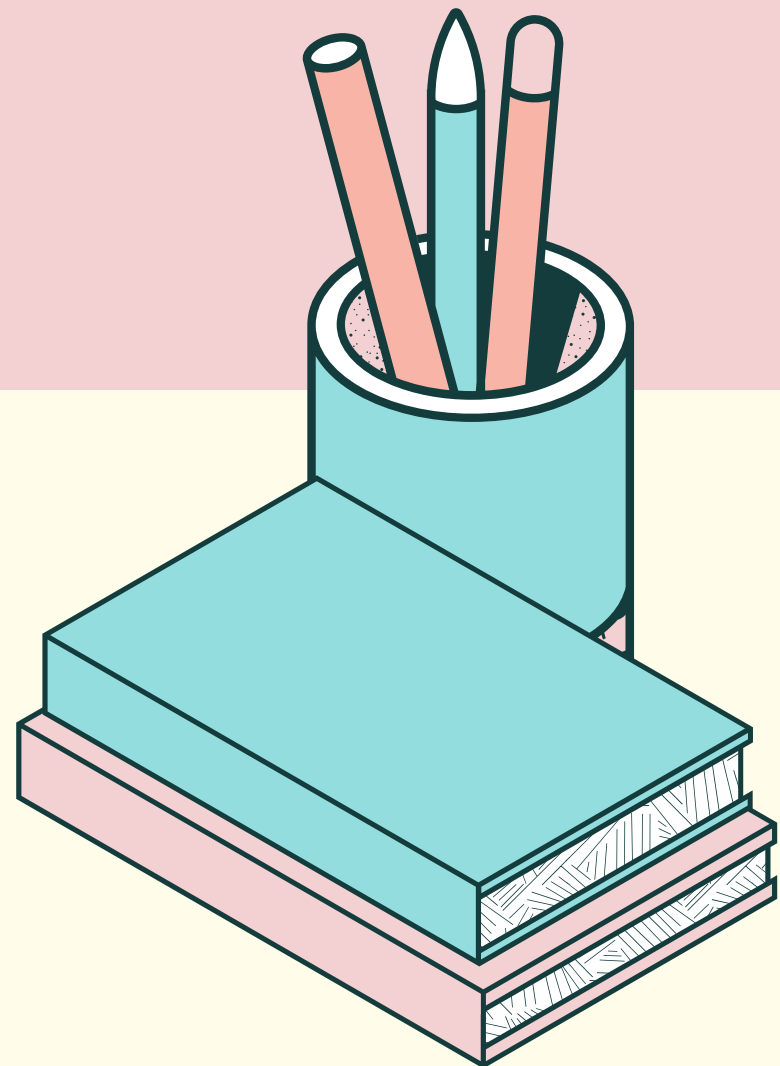


RUNNING START

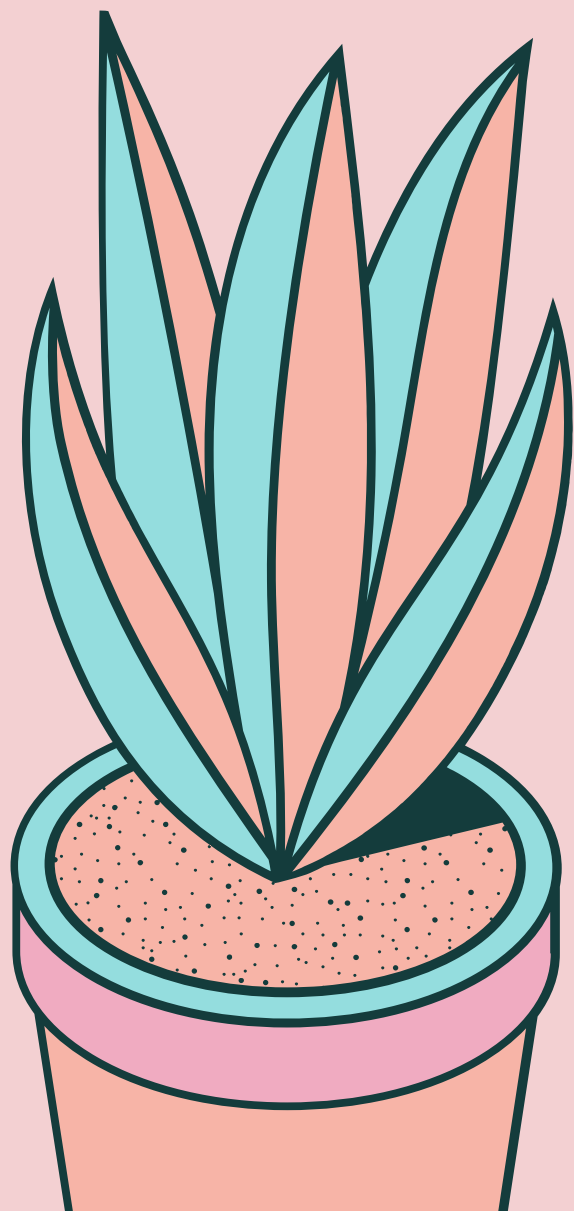


International Community School



SLIDE

CONTENTS



- **What is Running Start?**
- **Eligibility**
- **Advantages**
- **Things To Consider**
- **AP/IB VS. Running Start**
- **Example Schedules**
- **Steps to Enroll**
- **RSEVF/Running Start Agreement**
- **Resources**

WHAT IS RUNNING START?



- **Running Start is an opportunity to earn college and high school credit at the same time**
- **starting summer before 11th grade**

ELIGIBILITY

REQUIREMENTS

Grade: Rising 11th or 12th

Placement Tests: Math or English (if needed)

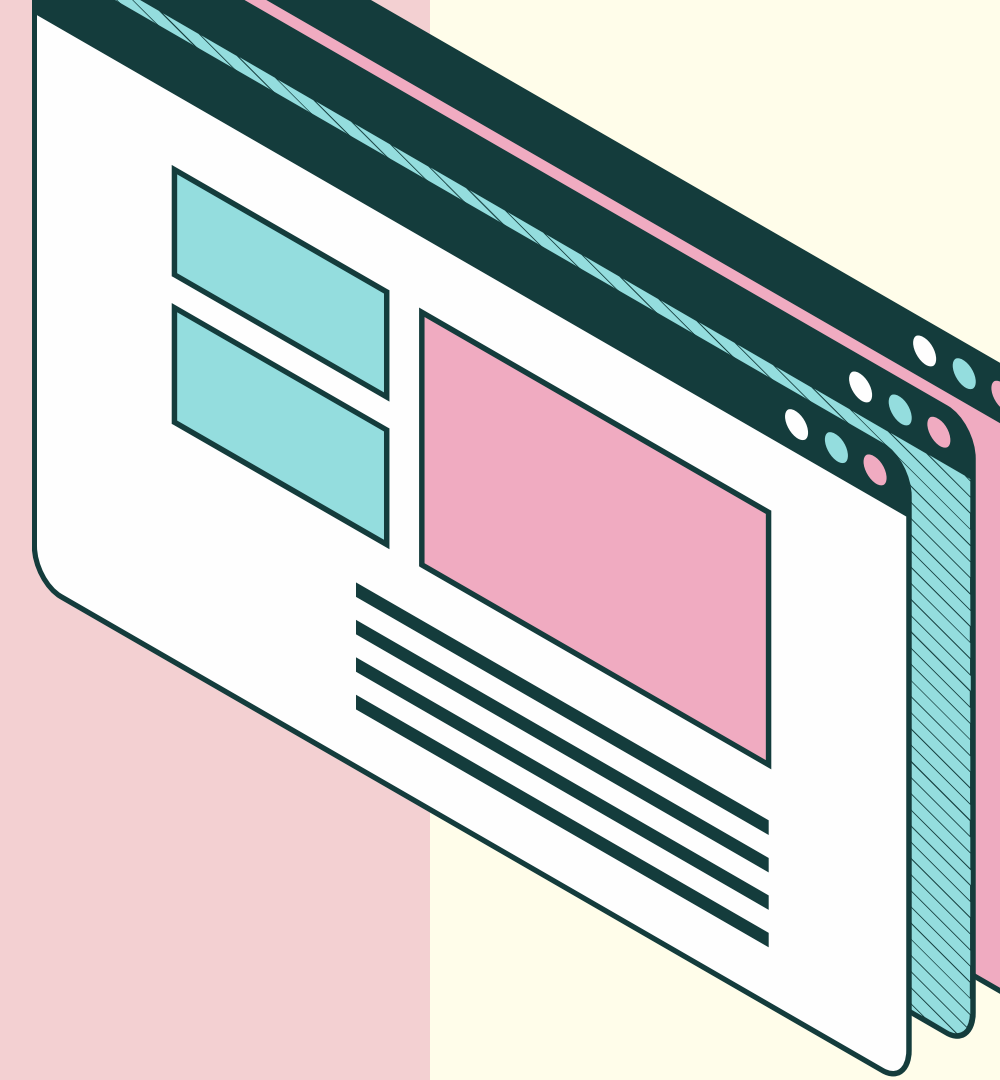
Must meet all program deadlines

Maintain good academic standing

COST

Tuition: Running Start pays for 100 level and above (quarterly limit)

Books, class/student fees, and parking: Student responsibility



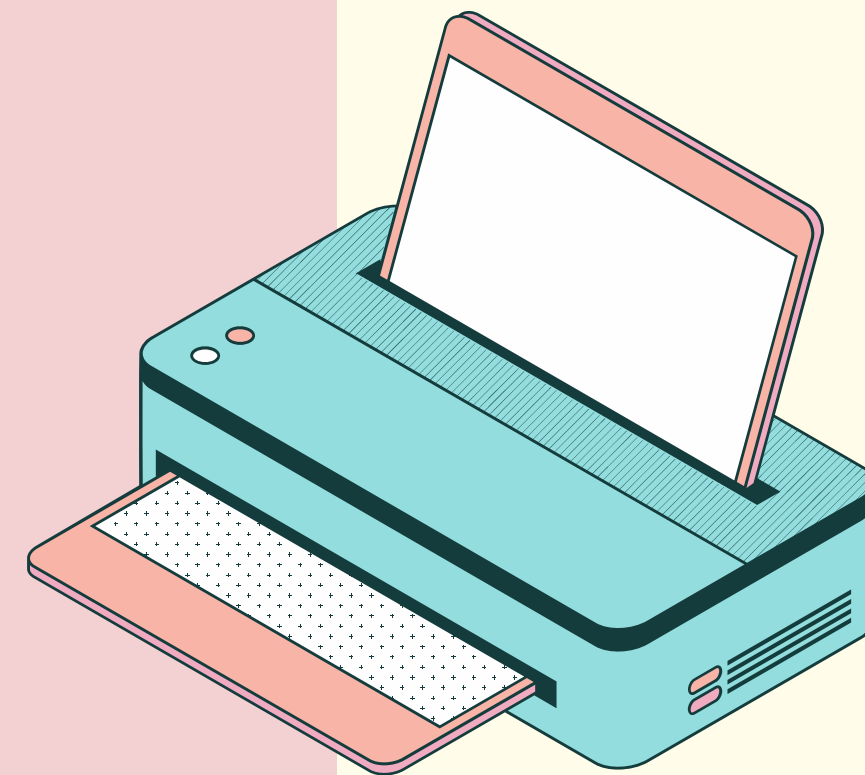
ADVANTAGES

- **Free college tuition**
- **Advanced/different courses**
- **Different education setting**
- **Flexibility in scheduling classes**
- **Faster pace**
- **Earn more HS credit**



THINGS TO CONSIDER

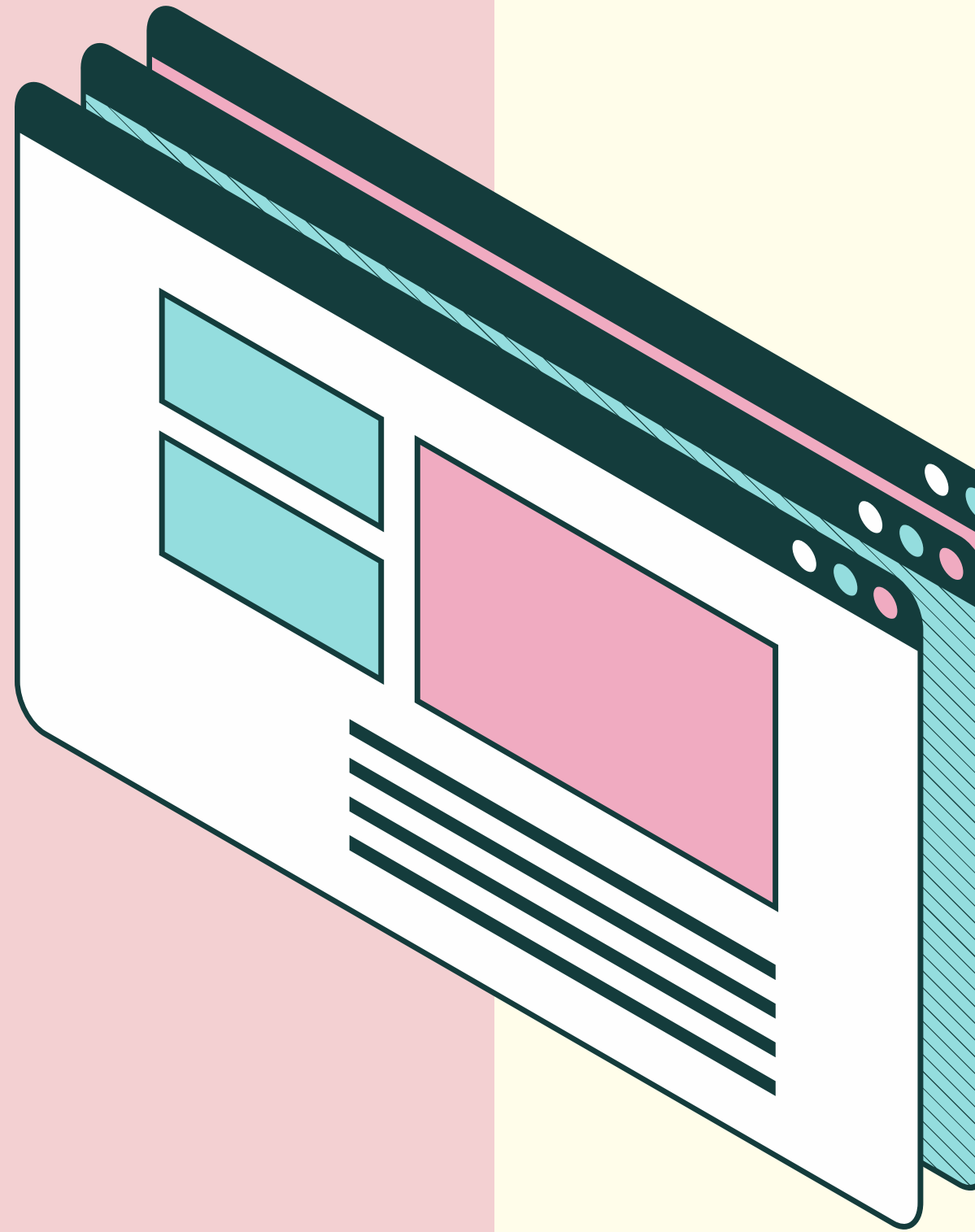
- **Maturity**
- **Additional Costs**
- **Transportation**
- **Scheduling**
- **Classes not guaranteed**
- **Math placement**
- **Starting off 4-year college ahead**
- **Yearlong commitment**
- **College Credit**
- **High school graduation requirements**
- **Conflicting vacations**
- **Grades matter**



AP/IB VS. RUNNING START

Running Start, AP and IB are considered college level work desired by many college admissions offices

Many 4 year colleges do not prioritize one model of college-level course over another and view Running Start, College in the High School, IB, Cambridge, and AP coursework equally for admission purposes.



LOCAL COLLEGES

Bellevue College (BC)

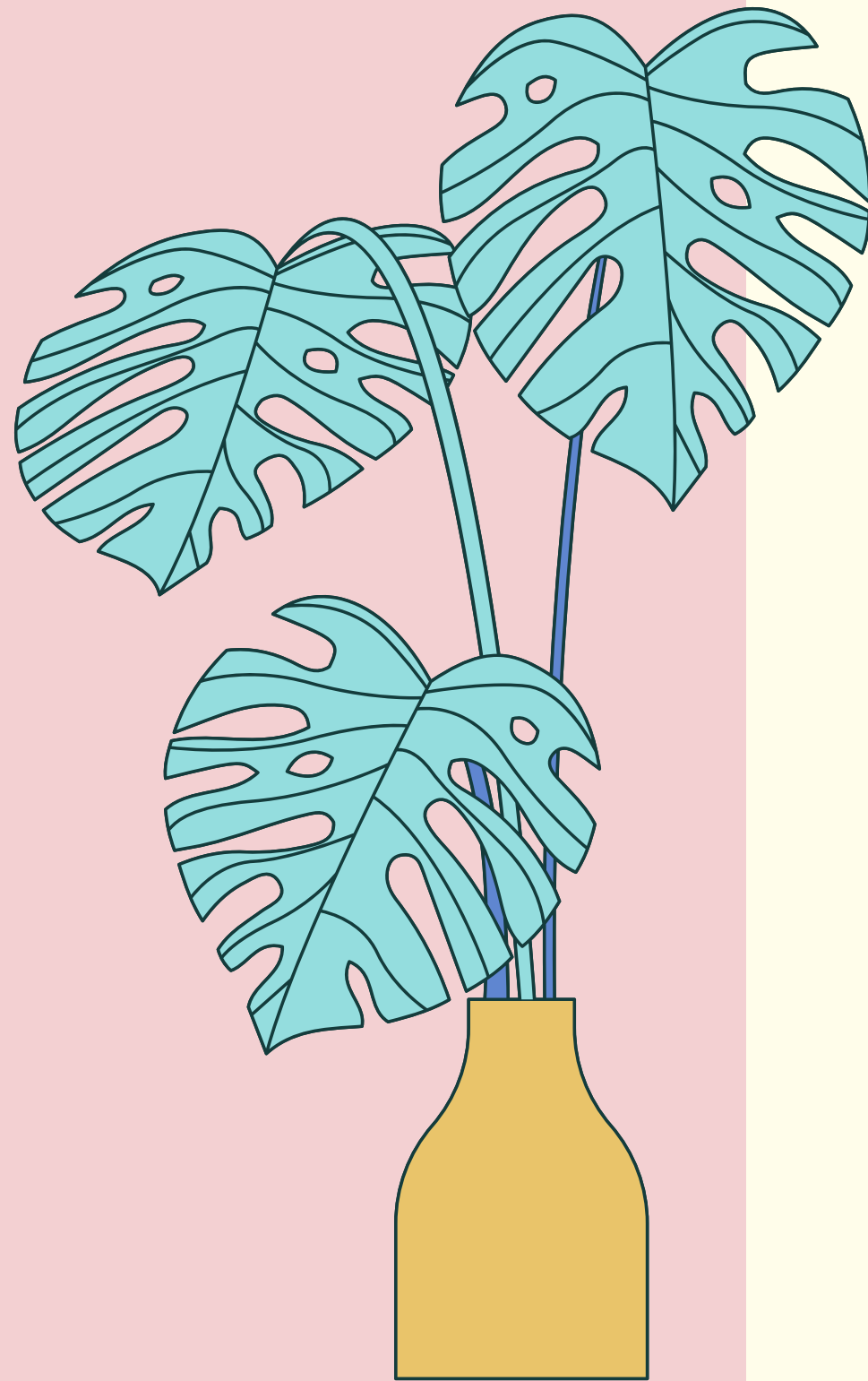
Very large campus, wide range of courses available

Lake Washington Institute of Technology (LWIT)

Located in Kirkland, small campus, specializes in career and technical courses, more limited course offerings

Cascadia College

Shares campus with UW Bothell, wide range of courses available



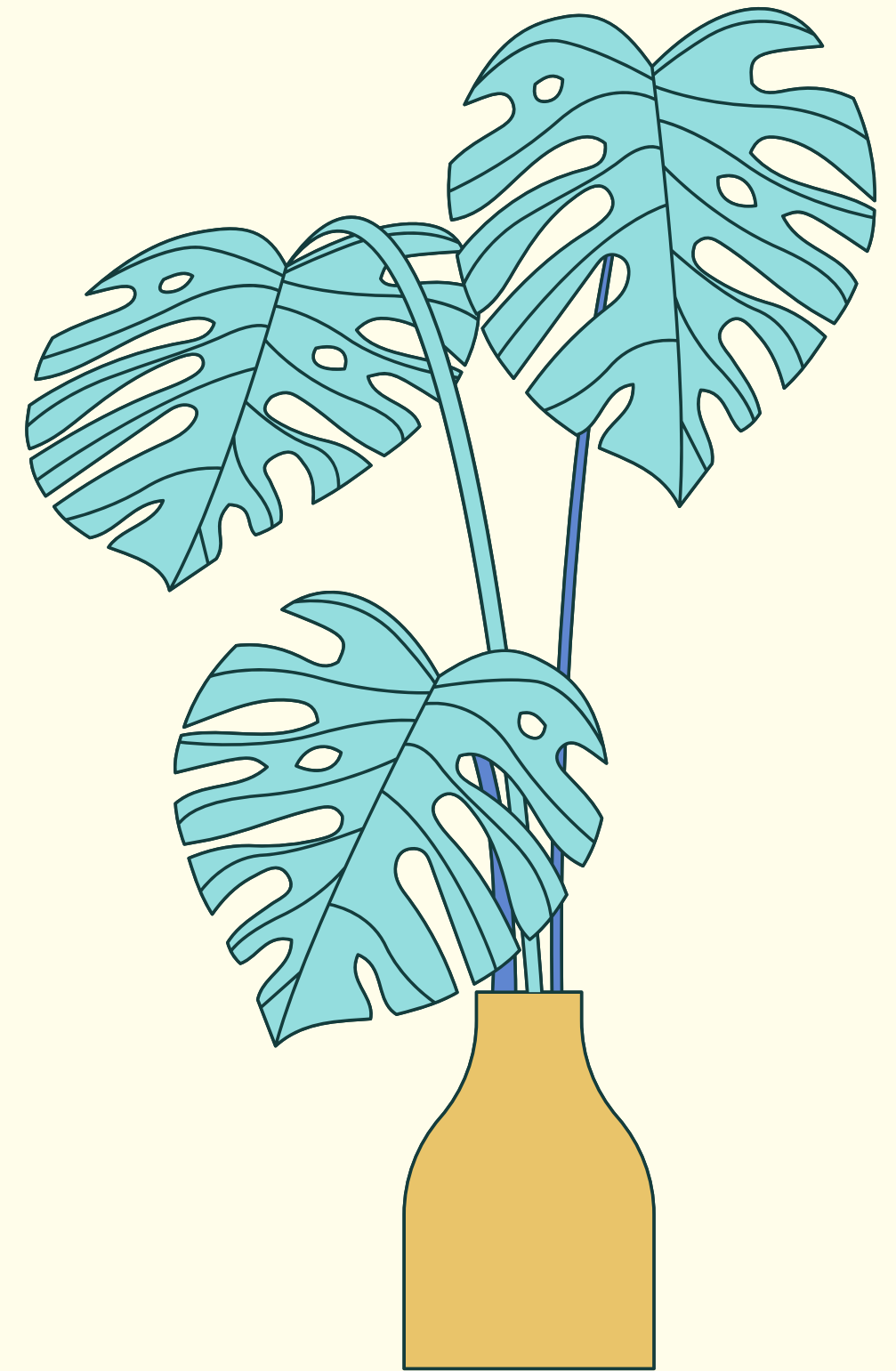
SUMMER RUNNING START

- **Summer Running Start is available to rising 11th/12th**
- **Can take up to 10 credits in the summer quarter**
- **Check college websites for course availability**



FOR THE FUTURE

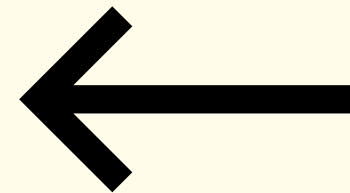
- **It is up to the student to communicate with the ICS counselor and the college**
- **Colleges will not respond to parent outreach**
- **Dropping out of Running Start mid-year can impact your graduation status**
- **Running Start students need to keep track of both their ICS and RS email accounts**



RUNNING START AT ICS

- **ICS only offers part-time Running Start**
- **This looks like 4-6 classes at ICS+1 RS course/college quarter**
- **ICS program requirements:**

- **Humanities**
- **IS**



ICS students must take these
classes at ICS

RUNNING START ICS STRUCTURE

ICS 1st Semester

ICS 2nd Semester

RS Fall
Quarter

RS Winter
Quarter

RS Spring
Quarter

RS Summer
Quarter

If you have a reduced ICS schedule (4 or 5 classes), you **must** take
RS courses for a minimum of 2 quarters

If you have a full ICS schedule (6 classes), there is no minimum
quarter requirement

EXAMPLE RUNNING START SCHEDULE

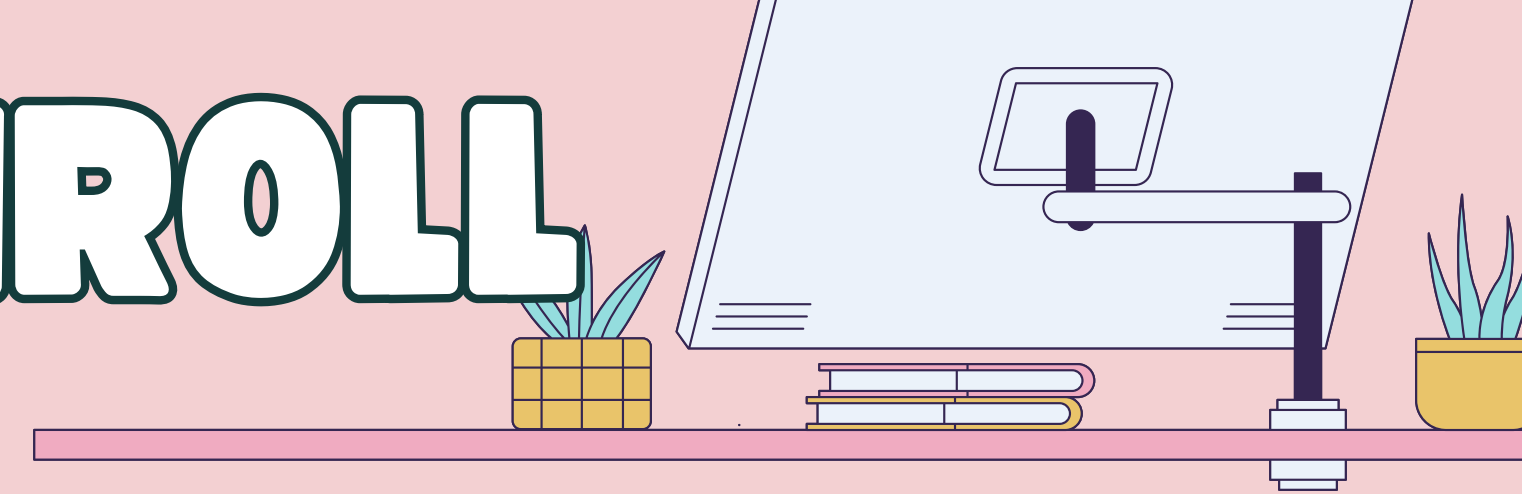
Period	ICS Class
1	AP Chemistry
2	UW Psychology
3	AP COGO
4	AP LIT
5	RUNNING START
6	RUNNING START



RS Fall Quarter	RS Winter Quarter	RS Spring Quarter
Calculus II	Practical Accounting I	Practical Accounting II

This is a total of 8 credits in 1 school year!

STEPS TO ENROLL



You only do the enrollment process one time!

STEP 1: RESEARCH

**Research college
options/courses select your
Running Start college**

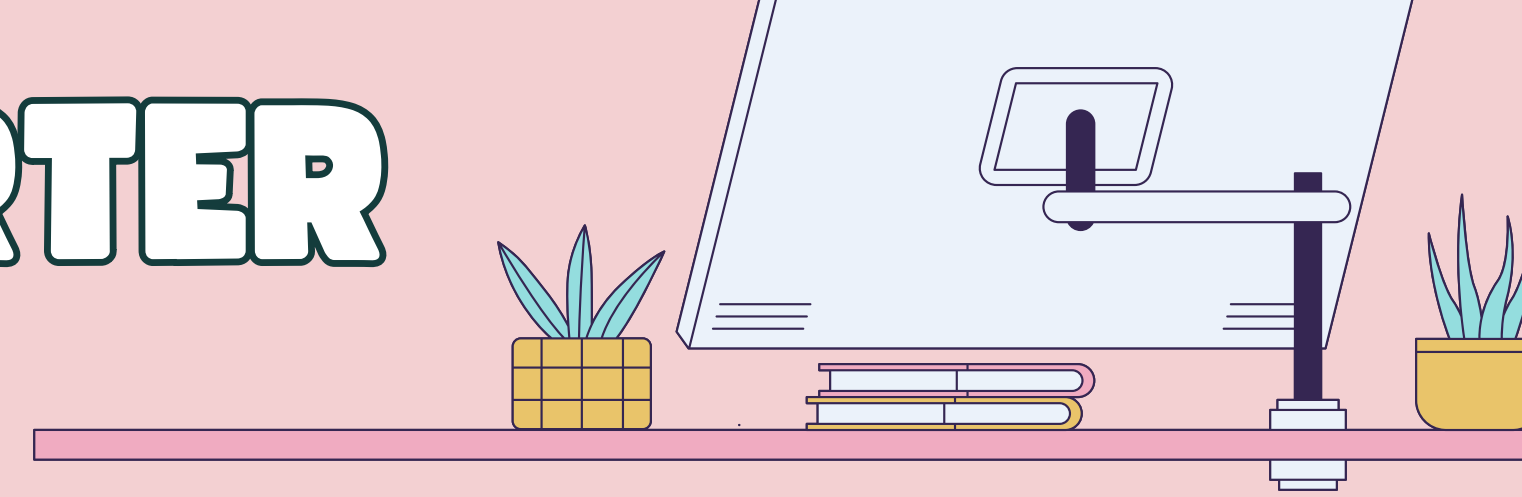
STEP 2: ENROLL

**Complete the enrollment and
placement process for your
chosen college. This can be a
lot of steps!**

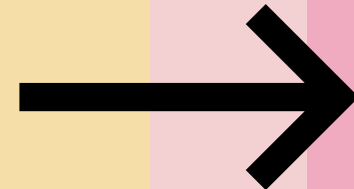
STEP 3: COMPLETE ICS PROCESS

**Meet with the ICS high school
counselor to submit RSEVF and
Running Start Agreement Form**

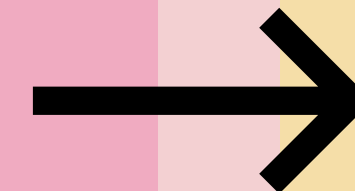
REGISTER FOR A QUARTER



**STEP 1: COMPLETE
RSEVF**

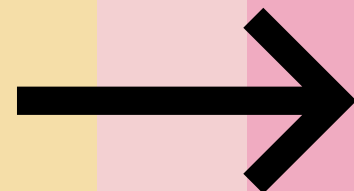


**STEP 2: SUBMIT
RSEVF TO HS
COUNSELOR**



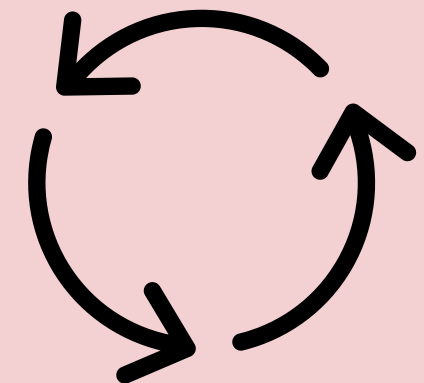
**STEP 3: UPLOAD TO COLLEGE
PORTAL FOR RUNNING
START APPROVAL**

**STEP 4: WAIT FOR
REGISTRATION
WINDOW**



**STEP 5:
REGISTER FOR
CLASSES**

Repeat this process for each
quarter you plan to take
classes!



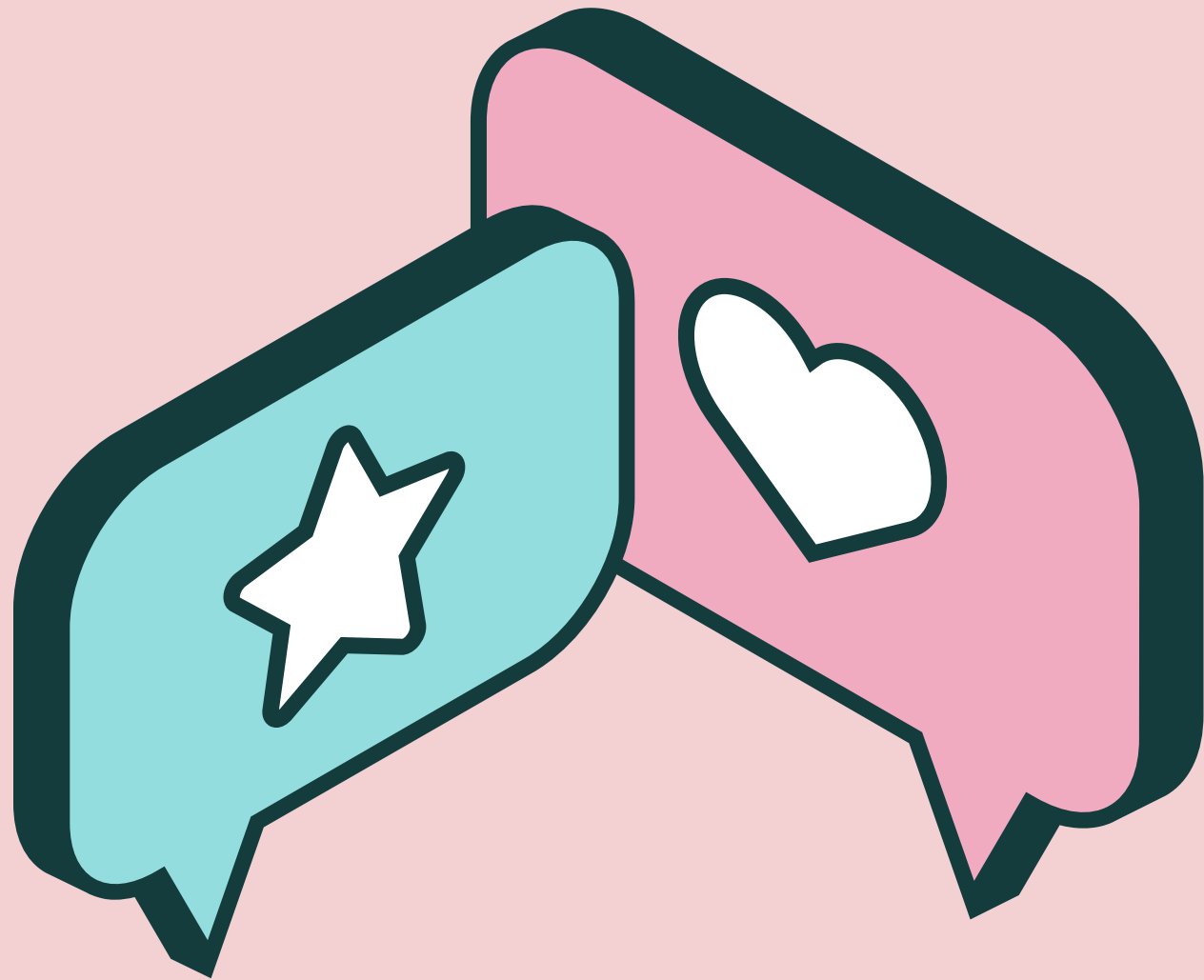
WHEN SHOULD I MEET WITH THE ICS COUNSELOR FOR STEP 3?

New to Running Start:

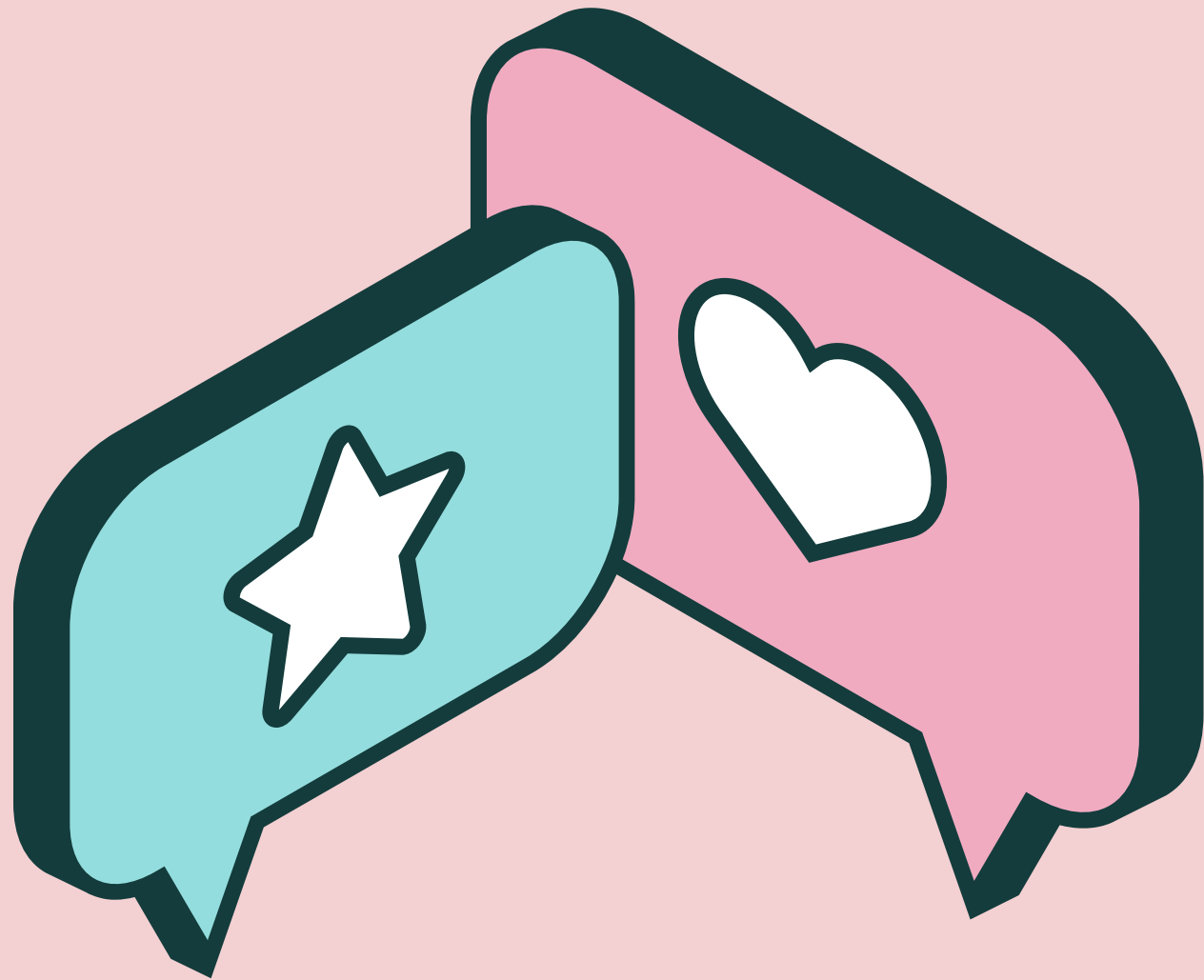
Meetings will be April 7th-9th, 22nd-30th. Sign up sheet will be emailed out

Returning Running Start:

We'll discuss Running Start scheduling in your 11th grade meeting!



WHAT DO I NEED TO PREPARE FOR MY MEETING WITH THE HS COUNSELOR?



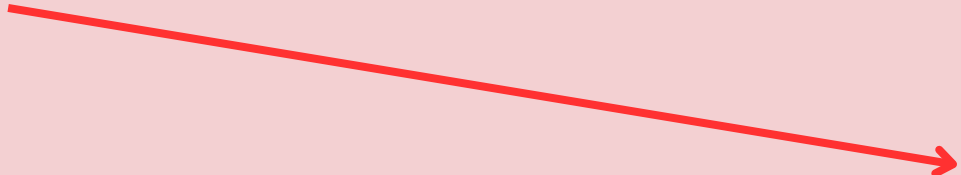
- **Completed Steps 1-2 (see slide 18)**
- **Completed Running Start Enrollment Verification Form (RSEVF) for Summer and/or Fall**
- **Signed ICS Running Start Agreement Form**
- **Plan for Running Start courses**
- **How many/which ICS classes you want to take**

**To be completed by
student and family**



ICS RUNNING START AGREEMENT FORM

**To be completed by
student and family**



International Community School Running Start Participation Agreement 2025-2026

- ❖ All students must attend ICS and have enough credits to be of 11th or 12th grade standing to access Running Start (RS).
- ❖ ICS students can take classes through RS on a part-time basis with a minimum of 5 courses at ICS. Tuition will be paid for a maximum of 21 credits. Any classes taken in the high school or through WANIC will reduce the number of credits that students can take for free through RS each quarter.
- ❖ The high school determines how college courses translate into ICS graduation requirements. Credits translation is: 5.0 college credit = 1.0 high school credit, 4.0 = .8, 3.0 = .6, 2.0 = .6, 1.0 = .2.
- ❖ RS college level classes are numbered 100 or above; courses numbered below 100 are not considered college level and must be paid for by the student.
- ❖ Books, registration costs, lab fees, parking charges, transportation, etc., are the student and family's responsibility.
- ❖ ICS is on a semester schedule and local colleges are on a quarter schedule. Missing school at one campus because the other is not in session is unacceptable. RS cannot conflict with a student's ICS schedule.
- ❖ Students must see their high school counselor for the required Running Start Enrollment Verification form (RSEVF) signature each quarter they wish to enroll in RS classes. **Students must follow the RS meeting process as communicated by their counselor.**
- ❖ Once accepted into Running Start, students must maintain a minimum 2.0 college GPA. If the student's GPA falls below a 2.0, the student is placed on academic probation at the college. If the student violates the terms of the academic probation in any future quarter, the college will revoke access to RS, and the student must immediately return full time to ICS.
- ❖ RS grades become a permanent part of the student's high school and college transcripts.
- ❖ Students with a 504 or IEP plan are responsible for informing and providing documentation to the college.
- ❖ Students who drop out of RS mid-term will not be able to add ICS classes until the beginning of the next semester. Students will not be able to enroll in ICS year-long courses at the semester. This may adversely affect graduation.
- ❖ As with all ICS students, it is the student and parent's responsibility to ensure that high school graduation requirements are being met and graduation timelines and procedures are being met.
- ❖ RS students are making the decision to take classes away from ICS. Counselors are available to help, but it is the student's responsibility to stay informed. This includes but is not limited to: that high school graduation requirements are being met, that college timelines are being followed, and that 12th graders take care of graduation tasks. RS students need to check their school email/ICS's website on a regular basis and attend ICS class.
- ❖ We strongly advise against leaving any graduation requirements until spring quarter of 12th grade to avoid unnecessary obstacles to graduation.
- ❖ Colleges do not send progress reports or warnings and do not communicate attendance or academic problems to the parents or high school. Students are responsible for monitoring their own progress and must deal with the college RS office with any college course concerns.
- ❖ Not all post-secondary schools--especially those out of state--accept RS courses for college credit. Those who do may have special rules about specific courses and whether students will be considered entering freshmen or transfer students. Information about transfer credits/degrees is available from individual colleges or universities. It is the student's responsibility to make sure they understand these college policies and requirements.

I have read and understand the above statements

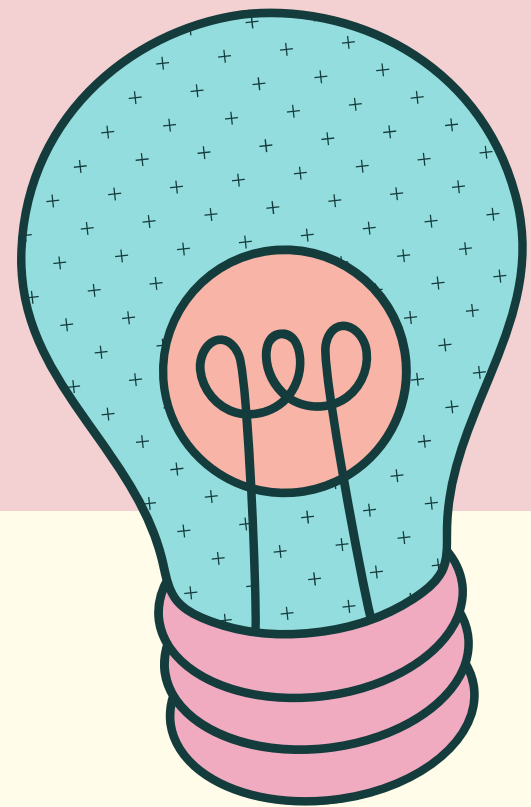
Student Name (please print): _____

Student Signature _____ Date _____

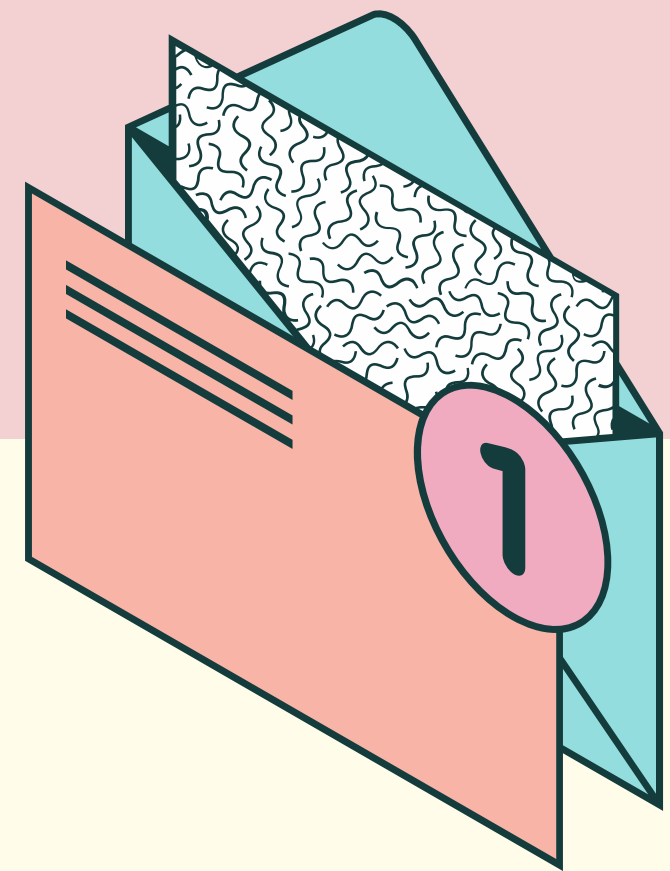
Parent Name (please print): _____

Parent Signature _____ Date _____

When you have read and signed this form, please turn in to ICS Student Services



RESOURCES



COLLEGE WEBSITES

Enrollment and Deadline Information

Bellevue College RS is currently accepting Running Start Intents for **Spring, Summer, and Fall 2026**.

Spring 2026 (March 13, 2026)



Running Start Summer 2026 Information (June 15, 2026)



Fall 2026 (August 31, 2026)



RS General Admission Items

New Students and Transfer Students joining RS at Bellevue College must complete **ALL** items below by the deadline in order to attend.

For processing timelines please review the Running Start section on the [Bellevue College Student Central Processing Dashboard](#).

Apply to Bellevue College



Submit the Running Start Intent



Set Up Accounts (ctcLink and NetID)



Submit RS Enrollment Verification Form (RS-EVF)



Complete the RS New Student Orientation (RS-NSO)



Placement and Clearing Prerequisites



Enroll in Classes and Make Payment



RS General Admission Items

New Students and Transfer Students joining RS at Bellevue College must complete **ALL** items below by the deadline in order to attend.

For processing timelines please review the Running Start section on the [Bellevue College Student Central Processing Dashboard](#).

Apply to Bellevue College



- You apply only once – current students do not need to reapply
- Select “**First Year**” **not** “Running Start” on the college application
- **Do Not Select** “Transitional Studies” in the Program section
- **NOTE:** Using a high school email address may cause a delay and/or result in missed important communications

Use this link for [Step-by-Step Help with the Application](#) process.

Complete the General Admission Application

Receive your Acceptance Email



LWSD AND ICS WEBSITES

RUNNING START

Running Start is a dual credit program that allows 11th and 12th grade students to take college courses at one of Washington's 34 community and technical colleges. Tuition is covered by the school district, up to 21 credits per quarter, which can provide significant cost savings. Students pay for class and student fees, books and other supplies needed for class. Some low-income students may qualify for a fee waiver.

Running Start students have the unique opportunity to earn both college and high school credit while finishing their high school diploma. It is possible to earn an AA degree through Running Start (requires careful planning with a college Running Start advisor).

When the decision is made to become a Running Start student, the student assumes the personal responsibility of making sure they are informed about campus events, dates, and deadlines at their home high school and at their college.

RUNNING START INTRODUCTION

Course Catalogs

High School Info Sheet

More Ways to Graduation

College & Career Readiness

Physical Education Credit Option

[Running Start](#)

World Language Credit by Proficiency



INTERNATIONAL COMMUNITY SCHOOL

[TRANSLATE](#)

[SAFETY CONCERN](#)

[HELP](#)



[STAFF](#)

[SCHOOLS](#)

[STUDENTS & FAMILIES](#)



[ABOUT US](#)

[ACADEMICS](#)

[LIBRARY](#)

[ACTIVITIES & CLUBS](#)

[COUNSELING](#)

HOME / COUNSELING / RUNNING START

RUNNING START

WHAT IS RUNNING START?

Running Start is a program in which 11th & 12th graders who qualify may enroll in college level courses at local colleges (such as Bellevue College) and earn high school and college credit concurrently. Lake Washington School District pays the college tuition for up to 15 credits per quarter and offers the opportunity for students to be students at ICS and the school of choice. For more detailed information about the program, cost, process, please review the Running Start Agreement (link coming soon).

The ICS high school counselor will start meeting with students after course requests/registration ends. Please review information on this page and start the enrollment process with your college before reaching out to your counselor. Please view presentation here (link coming soon).

RUNNING START INFORMATION SESSIONS FOR THE 2024-25 SCHOOL YEAR

- Location: Library
- Time/Date: March 13th during Phoenix Time

FORMS AND DOCUMENTS

- [Running Start Presentation](#)
- [RS Course Equivalency](#)

COURSE EQUIVALENCY SHEET

Running Start High School Course Equivalencies Lake Washington School District 2025-2026

	Bellevue College www.bellevuecollege.edu 425.564.2026	Cascadia College www.cascadia.edu 425.352.8146	CWU-Sammamish cwu_sammamish@cwu.edu 425.392.2110	Lake WA Institute of Technology www.lwtech.edu 425.739.8100 ext.435
ENGLISH	ENGL& 101 and above	ENGL& 101 and above	ENGL& 101 and above	ENGL& 101 and above
US HISTORY	HIST& 146, 147, 148	HIST& 146, 147, 148, 150	HIST 143, 144	HIST& 147, 148
CIVICS	POLS& 202	POLS& 202	POSC& 210	POLS& 202
CONTEMPORARY WORLD PROBLEMS	GEOG 102, 105, 123 HIST 103, 120 POLS 175, 203, 206	GS 101, 150, 220 HIST 262 POLS 203	POSC 270	Not Available
SOCIAL STUDIES ELECTIVES	Anthropology 100-215 Cultural Ethnic Studies 100-299 Geography 100-258 History 101-120, 150-280 International Studies 105-227 Philosophy 101-265 Political Science 101-250 Psychology 100-260 Sociology 101-278	American Indian & Indigenous Studies 102, 103 Anthropology 100-207 Geography 120,250 Global Studies 101-220 History 126-268 Humanities 107-150 Philosophy 101-260 Political Science 101-455 Psychology 100-251 Sociology 101-440	Anthropology 110 Geography 101 History 100 and above Political Science 270 Psychology 101, 205, 242 Sociology 107 Women/Gender Studies 201	History 100 and above Psychology 100, 200, 220 Sociology 101
WA STATE HISTORY	HIST& 214	HIST& 214	HIST& 301	Not Available
HEALTH	HLTH 250, NUTR 101	NUTR& 101	HED 101, NUTR 101	NUTR& 101
PHYSICAL EDUCATION	Any PE course	Not Available	PEF 201	Not Available
FINE ARTS, MATH, SCIENCE and ELECTIVES	Any Fine Arts course level 100 or greater. Any Math course above 107 (for placement into Math&107 or lower, consult your counselor). Any Science course level 100 or greater (2.0 lab courses, 1.0 elective). Any Elective course level 100 or greater. Select coursework that supports your post high school plan.			
CAREER & TECHNICAL EDUCATION	Examples include but are not limited to: Accounting, Allied Health, Business/Business Tech, Computer Science, Criminal Justice, Cyber Security, Data Analytics, Digital Marketing, Digital Media Arts, Early Childhood Ed, Economics, Education, Engineering, Information Technology, Interior Design, Marketing Management, All Health Tech courses, Software Development, and STEM.			
NOTES: - Not every course is offered each quarter, and not all courses are available on every campus - Cover graduation requirements first to ensure you do not miss a required course for graduation. - Courses numbered 099 or below are not considered part of RS and will not be funded or counted as college credit. However, if you elect to self-pay for such a course, it may still count for high school credit. - Consult with your HS counselor when choosing courses to meet graduation requirements. - To earn a HS diploma from LWSD, you are required to take these specific courses to meet state and district requirements. - CTE courses may support a Graduation Pathway. Consult your HS counselor for more information.			College Credit to High School Credit Conversion	
			College Credit	HS Credit Applied to Transcript
			6	1.2
			5	1.0
			4	.8
			3	.6
			2	.4
			1	.2

BC MATH PATHWAYS

Quantitative/Symbolic Reasoning (QSR)



1. Start with one of the following placement at **Testing Services, U115**
 - ▶ **ALEKS** placement assessment
 - ▶ AP/IB Exam results
 - ▶ Smarter Balanced Test
 - ▶ Applicable high school coursework
 - ▶ Reciprocity, less than 1 year old
2. Math determines your intended major and transfer. Always consult with your advisor for educational planning in **U101**.

Academic Advising: bellevuecollege.edu/advising
Academic Success Center: bellevuecollege.edu/asc
Adult Basic Education (ABE): bellevuecollege.edu/abe
Mathematics Department: bellevuecollege.edu/math
Philosophy Department: bellevuecollege.edu/philosophy
Testing Services: bellevuecollege.edu/testing

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, veteran status, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at bellevuecollege.edu/policies/. The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2178, Office B126.

PRE-COLLEGE CREDIT

MATH 76 Prealgebra	MATH 76 WITH "B" MATH 98 Essentials of Intermediate Algebra	MATH 98 WITH "C" MATH 99 † Intermediate Algebra
------------------------------	---	---

MATH SUPPORT

PERMISSION OF INSTRUCTOR MATH 84 ^ Learning Strategies for Math Success 3 credits	PERMISSION OF INSTRUCTOR MATH 93 Algebra Review 1-5 credits
---	---

ADULT BASIC EDUCATION, R130 ABE@bellevuecollege.edu Adult Basic Education (ABE) Levels 1-4 High School Completion (HSC) Level 5-6	ACADEMIC SUCCESS CENTER, D204 Receive tutoring in all levels of study including, BATS and High School programs . Additional workshops in math and study skills.
--	---

MATH 76 Prealgebra	MATH 76 WITH "C" MATH 78 Math Literacy 7 credits
	MATH 76 WITH "B" MATH 98 Essentials of Intermediate Algebra

COLLEGE CREDIT

SCIENCE (life/physical sciences)	MATH 99 WITH "B-" MATH& 141 Precalculus I	MATH& 141 WITH "C-" MATH& 142 Precalculus II	MATH& 142 WITH "C-" MATH& 151 Calculus I	MATH& 151 WITH "C" MATH& 152 Calculus II		MATH& 152 WITH "C" MATH& 153 Calculus III	
EDUCATION (K-8)	MATH 99 WITH "C" OR MATH& 132 WITH "C" MATH& 131 Math for Elementary Education I	MATH 99 WITH "C" OR MATH& 131 WITH "C" MATH& 132 Math for Elementary Education II	MATH& 151 MATH 150 ^ Algebra and Trigonometry in Calculus Context 2 credits	*MATH& 152 WITH "C" MATH 238 Differential Equations	*MATH& 152 WITH "C" MATH 208 Intro to Linear Algebra	*MATH& 152 WITH "C" MATH& 254 Calculus IV	MATH& 254 WITH "C" MATH 255 Vector Calculus
BUSINESS / SOCIAL SCIENCES	MATH 99 WITH "B-" MATH 138 College Algebra for Business & Social Science	MATH 138 WITH "C-" MATH& 148 Business Calculus		*MATH 208 WITH "D" MATH 240 Scientific Computation			
		MATH 138 OR MATH& 141 WITH "C" BA 240 Statistical Analysis					

HUMANITIES / SOCIAL SCIENCES	MATH 78 OR 98 WITH "C" MATH& 107 Math in Society	MATH 78 OR 98 WITH "C" MATH 130 Intro to Stats	MATH 78 OR 98 WITH "C" PHIL& 120 Symbolic Logic
	MATH 98 PLACEMENT MATH 87 ^ and MATH& 107 8 credits	MATH 98 PLACEMENT MATH 89 ^ and MATH 130 10 credits	

ADVISING NOTES:

- Complete enrollment requirement in order to move on to next class.
- C- grade from previously offered MATH 97 course allows entry into MATH 98.
 - C grade from previously offered MATH 70 course allows entry into MATH 78.
 - B grade from previously offered MATH 75 course allows entry into MATH 78.

PHIL& 120 does not meet UW QSR requirement.

Review degree/certificate requirements at:
bellevuecollege.edu/worksheets

Classes are 5 credits unless noted.

^ Must be co-enrolled

† Math 99/141 combination course is an option

* For MATH& 254, 208, 238, and 240 - see course descriptions for recommended sequence