

Owatonna Middle School

This institution is an equal opportunity provider

APRIL 2026

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Mini Corn Dogs Baked Beans Fresh Veggies Pineapple-Orange Mix Fresh Fruit Fresh Baked Cookie	7 Penne Pasta w/ Chicken Alfredo & Garlic Breadstick Steamed Peas Fresh Veggies Chilled Peaches Fresh Fruit	8 French Toast Sticks w/ Cheesy Omelet Breakfast Potatoes Fresh Veggies Clementines Fresh Fruit	9 Orange Chicken w/ Brown Rice Pilaf Steamed Broccoli Fresh Veggies Cinnamon Applesauce Fresh Fruit	10 Sloppy Joe Seasoned Straight Fries Coleslaw Chilled Pears Fresh Fruit
13 Garlic Cheese Bread w/ Marinara Sauce Steamed Peas & Carrots Fresh Veggies Pineapple Tidbits Fresh Fruit	14 Beef Nachos Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	15 Chicken Tenders w/ Dinner Roll Crinkle Cut Fries Fresh Veggies Blueberries Fresh Fruit	16 Cheese Tortellini w/ Garlic Breadstick Steamed California Blend Veggies Fresh Veggies Applesauce Fresh Fruit	17 Original or Spicy Brd Chicken Sandwich Roasted Green Beans Fresh Veggies Chilled Pears Fresh Fruit
20 Pizza Buttery Steamed Corn Caesar Salad Clementines Fresh Fruit	21 Rotini Pasta w/ Meat Sauce & Garlic Toast Steamed Mixed Veggies Fresh Veggies Chilled Peaches Fresh Fruit	22 Shredded Beef Sandwich Roasted Brussels Sprouts Fresh Veggies Mixed Berries Fresh Fruit Frozen GoGurt	23 Chicken Fajita Bowl Fiesta Black Beans Fresh Veggies Applesauce Fresh Fruit	24 All-Beef Hot Dog Crinkle Cut Fries Fresh Veggies Chilled Pears Fresh Fruit
27 Bosco Sticks w/ Marinara Sauce Buttery Steamed Corn Fresh Veggies Pineapple Tidbits Fresh Fruit	28 Walking Taco Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	29 Boneless Chicken Wings w/ Dinner Roll Mashed Potatoes & Gravy Fresh Veggies Orange-Strawberry Mix Fresh Fruit	30 Garlic Parmesan Crusted Chicken w/ Garlic Breadstick Steamed Carrots Fresh Veggies Applesauce Fresh Fruit	MAY 1 Cheeseburger or Hamburger Baked Beans Potato Salad Chilled Pears Fresh Fruit

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

An alternative entree or boxed salad is also available for a reimbursable lunch.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part of a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
 Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.25

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries