

# APRIL

## ELEMENTARY LUNCH MENU

## BRIDGEPORT

Every student can select one \*main entree and their choice of fruits and vegetables daily. 1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

All Bridgeport Students receive lunch at no cost because it is CEP "Community Eligible Provision" School.

#### Served Daily:

**Milk:** 1% White, Fat Free White and or Chocolate Milk

-May only choose 1-

**Fruit:** Apple Slices, applesauce, and Fruit of the Day

-May only choose 2-

**Vegetable:** Baby Carrots and the Veggie of the Day

-May only choose 2-

Condiments and Dressing are offered if part of the meal

### PA Harvest of the Month

Leafy Greens like kale, swiss chard, and different lettuces are grown mainly in the ground but also in hydroponics aka water beds. These help to extend their availability beyond their traditional season

For recipes, activities, & book suggestions

[CLICK HERE](#)

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit [SchoolCafe.com](http://SchoolCafe.com) or scan the QR code to visit [umasd.org](http://umasd.org) for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at [bfrazer@umasd.org](mailto:bfrazer@umasd.org) or 610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.



1-Cheese Lasagna with Sauce and Garlic Toast-V  
2-Cheese Pizza Slice-V  
3- Yogurt and Cheese Stick Grab and Go-V  
*Broccoli Florets*  
*Banana* 13

1-Chicken Nuggets and Smile Fries  
2- Cheese Pizza Slice-V  
3-Warm Pretzel and Cheese Grab and Go-V  
*Broccoli Florets*  
*Banana* 20

1-Black Bean Veggie Burger with Cheese-V  
2-Cheese Pizza Slice-V  
3- Yogurt and Cheese Stick Grab and Go-V  
**Rice Krispie Treat**  
*Broccoli Florets*  
*Banana* 27

1-Spaghetti & Meatballs in sauce with a dinner roll  
2-Cheese Pizza Slice-V  
3- Warm Pretzel and Cheese Grab and Go-V  
*Steamed Broccoli Florets*  
*Mixed Fruit Cup* 7

1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup  
2-Grilled Cheese with Tomato Soup-V  
3- Chicken Tender Wrap  
*Steamed Yellow Corn*  
*Mixed Fruit Cup* 14

1-Cheeseburger on bun  
2-Grilled Cheese with Tomato Soup-V  
3- Popcorn Chicken Garden Salad with dinner roll  
*Steamed Green Beans*  
*Mixed Fruit Cup* 21

1- Macaroni and Cheese with a dinner roll-V  
2-Grilled Cheese with Tomato Soup-V  
3- Chicken Tender Wrap  
*Steamed Yellow Corn*  
*Mixed Fruit Cup* 28

1-French Toast Sticks ,Cheese stick, Yogurt & Hash Browns-V  
2- Egg, Cheese Turkey Bacon Sandwich and Hash Browns  
3- Turkey and Cheese Hoagie with Lettuce, Tomato  
*Cucumber Slices*  
*Pear Fruit Cup* 8

1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V  
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns  
3- Wowbutter&Jelly-V  
*Sliced Bell Peppers*  
*Pear Fruit Cup* 15

1- Mini Waffle, Turkey Sausage, and Hash Browns  
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns  
3-Turkey and Cheese Hoagie with Lettuce, Tomato  
*Cucumber Slices*  
*Pear Fruit Cup* 22

1- Mini Pancakes with Turkey Bacon and Hash Browns  
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns  
3- Wowbutter and Jelly Uncrustable Grab and Go-V  
*Sliced Bell Peppers*  
*Pear Fruit Cup* 29

1-Mini Cheesesteak Sandwich  
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V  
3-Nachos Kit Grab and Go with cheese and salsa cup-V  
*Sweet Potato Fries*  
*Peach Fruit Cup* 9

1-Crispy Chicken Patty Sandwich & pickles  
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V  
3- Turkey Bacon Wrap  
*Steamed Green Peas*  
*Peach Fruit Cup* 16

1-Italian Meatball Sub on roll  
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V  
3- Nachos Kit Grab and Go with cheese and salsa cup-V  
*Steamed Broccoli*  
*Grapes* 23

1-Cherry Blossom Chicken brown Rice & fortune cookie  
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V  
3- Turkey Bacon Wrap  
*Steamed Green Peas*  
*Peach Fruit Cup* 30

1-All Beef Hot Dog with baked beans  
2-Chicken Tenders, French Fries & roll  
3- Assorted Cereal, yogurt, cheese Grab and Go-V  
*Assorted Veggie Cup*  
*Grapes* 10

1-Turkey Pepperoni Pizza Slice  
2-Chicken Tenders, French Fries and roll  
3- Make Your Own Pizza Grab and Go-V  
*Celery Sticks*  
*Grapes* 17

1-Cheese Quesadilla-V  
2-Chicken Tenders, French Fries & roll  
3- Assorted Cereal, yogurt, cheese Grab and Go-V  
*Assorted Veggie Cup*  
*Peach Cobbler Crisp*  
*Peach Fruit Cup* 24

**1-Principals Choice!!!!**  
2-Chicken Tenders, French Fries and a roll  
3- Make Your Own Pizza Grab and Go-V  
*Celery Sticks*  
*Grapes* 1