

# APRIL

## Elementary School

Bridgeport Elementary is a "Community Eligible Provision" School so all meals are FREE for all students!

**BREAKFAST IS AVAILABLE TO ALL STUDENTS AT NO COST**  
 Every student can select one \*main breakfast entree, up to 2 servings of fruit, and a choice of fat-free or 1% milk to make a fully reimbursable breakfast!

Spring into your morning with a complete breakfast  
 Sunflower seeds make an excellent, nutrient-dense breakfast providing protein, healthy fats, and fiber to boost energy. They are highly versatile, easily incorporated as a crunchy topping for yogurt!

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit [SchoolCafe.com](http://SchoolCafe.com) or scan the QR code to visit [umasd.org](http://umasd.org) for more Food Service Info.



Any further questions can be directed to Brittany Frazer at [bfrazer@umasd.org](mailto:bfrazer@umasd.org) or 610-205-8804

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Hello Spring!</i></p>  <p>6</p>	<p>*Blueberry Lemon ZeeZee Oatmeal Bar                      *PopTarts                      *Assorted Cereal Bars</p> <p>Raisin and 100% Fruit Juice 7</p>	<p>*Cheesy Egg Omelet Wrap                      *Mango/Sunflower Seeds Mix with Yogurt                      *Assorted BeneFIT Bar</p> <p>Mixzees Dried Fruit and 100% Fruit Juice 8</p>	<p>*Egg, Cheese, Turkey Sausage on Bagel                      *Warmed Croissant-Marg/Jam                      *Assorted Muffins</p> <p>Orange Slices and 100% Fruit Juice 9</p>	<p>*Egg, Cheese, Turkey Bacon on Pretzel Roll                      *Wowbutter and Jelly Uncrustable                      *Assorted Cereal Bar</p> <p>Apple Slices and 100% Fruit Juice 10</p>
<p>*Honey Chicken Biscuit                      *Mini Donuts                      *Assorted Cereal Bar</p> <p>Raisin and 100% Fruit Juice 13</p>	<p>*Egg, Cheese, Turkey Bacon Croissant                      *Cinni Mini-Bagels                      *Assorted Breakfast Breads</p> <p>Banana and 100% Fruit Juice 14</p>	<p>*Mini Waffles                      *Cinnabar Turnover                      *Assorted BeneFIT Bar</p> <p>Applesauce and 100% Fruit Juice 15</p>	<p>*Egg, Cheese, Turkey Sausage on English Muffin                      *Warmed Bagel w/ Cream Cheese                      *Assorted Muffins</p> <p>Orange Slices and 100% Fruit Juice 16</p>	<p>*Egg, Cheese, Turkey Bacon on Pretzel Roll                      *Apple Cinnamon Texas Toast with cheese stick                      *Assorted Cereal Bar</p> <p>Craisins and 100% Fruit Juice 16</p>
<p>*Breakfast Pizza Bagel                      *NutriGrain Bar with Cheese stick                      *Assorted Cereal Bar</p> <p>Raisins and 100% Fruit Juice 20</p>	<p>*Egg, Cheese, Turkey Bacon Croissant                      *Strawberry Bagel-Ful                      *Assorted Breakfast Breads</p> <p>Banana and 100% Fruit Juice 21</p>	<p>*Mini Pancakes                      *Mango/Sunflower Seeds Mix with Yogurt                      *Assorted BeneFIT Bar</p> <p>Mixzees Dried Fruit 100% Fruit Juice 22</p>	<p>*Egg, Cheese, Turkey Sausage on Bagel                      *Warmed Croissant-Marg/Jam                      *Assorted Muffins</p> <p>Orange Slices and 100% Fruit Juice 23</p>	<p>*Egg, Cheese, Turkey Bacon on Pretzel Roll                      *Yogurt, Granola, and Cheese Stick                      *Assorted Cereal Bar</p> <p>Apple Slices and 100% Fruit Juice 24</p>
<p>*Blueberry Lemon ZeeZee Oatmeal Bar                      *PopTarts                      *Assorted Cereal Bar</p> <p>Raisin and 100% Fruit Juice 27</p>	<p>*Egg, Cheese, Turkey Bacon Croissant                      *Cinni Mini-Bagels                      *Assorted Breakfast Breads</p> <p>Banana and 100% Fruit Juice 28</p>	<p>*Mini Waffles                      *Sweet Potato Cinnamon Swirl Roll                      *Assorted BeneFIT Bar</p> <p>Applesauce and 100% Fruit Juice 29</p>	<p>*Egg, Cheese, Turkey Sausage on English Muffin                      *Warmed Bagel w/ Cream Cheese                      *Assorted Muffins</p> <p>Orange Slices and 100% Fruit Juice 30</p>	<p>*Egg, Cheese, Turkey Bacon on Pretzel Roll                      *Apple Cinnamon Texas Toast with cheese stick                      *Assorted Cereal Bar</p> <p>Craisins and 100% Fruit Juice 1</p>