

APRIL

ELEMENTARY LUNCH MENU

CALEY, CANDLEBROOK, GULPH, & ROBERTS

Every student can select one *main entree and their choice of fruits and vegetables daily. 1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meal Pricing: Lunch
Free/Reduced-At no cost
Full Paid- \$3.00

Served Daily:

Milk: 1% White, Fat Free White and or Chocolate Milk

-May only choose 1-

Fruit: Apple Slices, applesauce, and Fruit of the Day

-May only choose 2-

Vegetable: Baby Carrots and the Veggie of the Day

-May only choose 2-

Condiments and Dressing are offered if part of the meal

PA Harvest of the Month

Leafy Greens like kale, swiss chard, and different lettuces are grown mainly in the ground but also in hydroponics aka water beds. These help to extend their availability beyond their traditional season

For recipes, activities, & book suggestions

[CLICK HERE](#)

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.



1-Cheese Lasagna with Sauce and Garlic Toast-V
2-Cheese Pizza Slice-V
3- Yogurt and Cheese Stick Grab and Go-V

Broccoli Florets
Banana 13

1-Chicken Nuggets and Smile Fries
2- Cheese Pizza Slice-V
3-Warm Pretzel and Cheese Grab and Go-V

Broccoli Florets
Banana 20

1-Black Bean Veggie Burger with Cheese-V
2-Cheese Pizza Slice-V
3- Yogurt and Cheese Stick Grab and Go-V
Rice Krispie Treat
Broccoli Florets
Banana 27

1-Spaghetti & Meatballs in sauce with a dinner roll
2-Cheese Pizza Slice-V
3- Warm Pretzel and Cheese Grab and Go-V

Steamed Broccoli Florets
Mixed Fruit Cup 7

1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup
2-Grilled Cheese with Tomato Soup-V
3- Chicken Tender Wrap
Steamed Yellow Corn
Mixed Fruit Cup 14

1-Cheeseburger on bun
2-Grilled Cheese with Tomato Soup-V
3- Popcorn Chicken Garden Salad with dinner roll

Steamed Green Beans
Mixed Fruit Cup 21

1- Macaroni and Cheese with a dinner roll-V
2-Grilled Cheese with Tomato Soup-V
3- Chicken Tender Wrap
Steamed Yellow Corn
Mixed Fruit Cup 28

1-French Toast Sticks ,Cheese stick, Yogurt & Hash Browns-V
2- Egg, Cheese Turkey Bacon Sandwich and Hash Browns
3- Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 8

1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3- Wowbutter&Jelly-V
Sliced Bell Peppers
Pear Fruit Cup 15

1- Mini Waffle, Turkey Sausage, and Hash Browns
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3-Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 22

1- Mini Pancakes with Turkey Bacon and Hash Browns
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3- Wowbutter and Jelly Uncrustable Grab and Go-V
Sliced Bell Peppers
Pear Fruit Cup 29

1-Mini Cheesesteak Sandwich
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3-Nachos Kit Grab and Go with cheese and salsa cup-V
Sweet Potato Fries
Peach Fruit Cup 9

1-Crispy Chicken Patty Sandwich & pickles
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Turkey Bacon Wrap
Steamed Green Peas
Peach Fruit Cup 16

1-Italian Meatball Sub on roll
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Nachos Kit Grab and Go with cheese and salsa cup-V
Steamed Broccoli
Peach Fruit Cup 23

1-Cherry Blossom Chicken brown Rice & fortune cookie
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Turkey Bacon Wrap
Steamed Green Peas
Peach Fruit Cup 30

1-All Beef Hot Dog with baked beans
2-Chicken Tenders, French Fries & roll
3- Assorted Cereal, yogurt, cheese Grab and Go-V
Assorted Veggie Cup
Grapes 10

1-Turkey Pepperoni Pizza Slice
2-Chicken Tenders, French Fries and roll
3- Make Your Own Pizza Grab and Go-V
Celery Sticks
Grapes 17

1-Cheese Quesadilla-V
2-Chicken Tenders, French Fries & roll
3- Assorted Cereal, yogurt, cheese Grab and Go-V
Assorted Veggie Cup
Grapes 24

1-Principals Choice!!!!
2-Chicken Tenders, French Fries and a roll
3- Make Your Own Pizza Grab and Go-V
Celery Sticks
Grapes 1