

Rankin County School District

Apr 1, 2026 thru Apr 30, 2026

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Carb (g)
Wed - 04/01/2026		
Lunch K-8	Total	
Chicken Mandarin M3055	1 Serving	19.53
Rice, Brown M7090	1/2 cup	23.09
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Yogurt Plate	plate	57.56
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32
Weighted Daily Average		79.34
% of Calories		59.9%
Nutrient Guideline		

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Thu - 04/02/2026		
Lunch K-8	Total	
Stromboli Supreme RCSD	1 slice	50.69
Chicken Tenders Breaded M3190	3 tenders	15.0
Toast, Garlic WW M7115	1 slice	15.0
Lunch Bites Ham 2 grain	serving	36.08
Mashed Potatoes M6070	1/2 cup	15.12
Brown Gravy, Package CPF M8130	2 ounces	3.1
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, Frozen M6945	1/2 cup	21.05
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		77.65
% of Calories		51.9%
Nutrient Guideline		

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Fri - 04/03/2026		
Lunch K-8	Total	
HOLIDAY	1	*N/A*
Weighted Daily Average		*N/A*
% of Calories		*N/A%*
Nutrient Guideline		

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	Portion Size	Carb (g)
Mon - 04/06/2026		
Lunch K-8	Total	
HOLIDAY	1	*N/A*
Weighted Daily Average		*N/A*
% of Calories		*N/A%*
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 04/07/2026		
Lunch K-8	Total	
Fajita Chicken Wrap US M4345.1	1 wrap	22.78
Chicken Sandwich Variety RCSD	1 each	43.81
Lunch Bites Ham 2 grain	serving	36.08
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Saltine Crackers, ENR,CR M7020	2 4-count packs	18.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29
Weighted Daily Average		61.09
% of Calories		50.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Wed - 04/08/2026		
Lunch K-8	Total	
Roasted Chicken USDA	1 serving	0.0
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Yogurt Plate	plate	57.56
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Macaroni and Cheese M7030	1/2 cup	19.14
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32
Weighted Daily Average		42.80
% of Calories		47.8%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 04/09/2026		
Lunch K-8	Total	
BBQ Pork Sandwich US M4210.1	1 each	39.34
Chicken Tenders Breaded M3190	3 tenders	15.0
Toast, Garlic WW M7115	1 slice	15.0
Lunch Bites Ham 2 grain	serving	36.08
Mashed Potatoes w/Cheese M6075	1/2 cup	15.31
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, FRZ, PC M6940.1	1/2 cup	22.0
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		78.14
% of Calories		49.3%
Nutrient Guideline		

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Fri - 04/10/2026		
Lunch K-8	Total	
Hamburger 2 oz USDA F M4105.1	1 each	32.15
Cheeseburger 2 oz Patty M4100	1 each	32.68
Catfish USDA and 3 Hushpuppies	Servings	29.51
Crinkle Cut Fries Baked M6110	1/2 cup	12.12
Baked Beans RCSD	1/2 cup	38.23
Chilled Mandarin Oranges M6795	1/2 cup	20.07
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 packet	0.29
Ketchup PC M8000	1 packet	3.0
Sauce, Tartar, PC M8210	1 packet	1.69
Weighted Daily Average		81.39
% of Calories		51.3%
Nutrient Guideline		

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Mon - 04/13/2026		
Lunch K-8	Total	
Hot Ham and Cheese Croissant	1 each	34.52
Pizza, Variety	slice	32.25
Glazed Carrots M5865	1/2 cup	8.91
Green Peas, Canned M6035	1/2 cup	14.34
Applesauce, M6555	1/2 cup	15.62
Rosey Applesauce M6565	1/2 cup	18.34
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29

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	Portion Size	Carb (g)
Weighted Daily Average		77.81
% of Calories		55.3%
Nutrient Guideline		

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Tue - 04/14/2026		
Lunch K-8	Total	
Walking Tacos USDA M1095.1	1 taco	36.27
Chicken Sandwich Variety RCSD	1 each	43.81
Lunch Bites Ham 2 grain	serving	36.08
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Ketchup PC M8000	1 each	3.0
Sour Cream PC M8115	1 each	0.82
Weighted Daily Average		86.54
% of Calories		51.3%
Nutrient Guideline		

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Wed - 04/15/2026		
Lunch K-8	Total	
Spaghetti & MeatSauce RCSD	1 serving	23.26
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Yogurt Plate	plate	57.56
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32
Weighted Daily Average		87.38
% of Calories		54.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 04/16/2026		
Lunch K-8	Total	
Chicken Tenders Breaded M3190	3 tenders	15.0
Steak Fingers, Baked M1045	4 each	17.9
Toast, Garlic WW M7115	1 slice	15.0
Lunch Bites Ham 2 grain	serving	36.08
Mashed Potatoes M6070	1/2 cup	15.12
Brown Gravy, Package CPF M8130	2 ounces	3.1
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, FRZ, PC M6940.1	1/2 cup	22.0
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		67.68
% of Calories		50.6%
Nutrient Guideline		

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Fri - 04/17/2026		
Lunch K-8	Total	
Hamburger 2 oz USDA F M4105.1	1 each	32.15
Cheeseburger 2 oz Patty M4100	1 each	32.68
Italian Dunkers #1101	2 breadsticks	28.0
Crinkle Cut Fries Baked M6110	1/2 cup	12.12
Baked Beans RCSD	1/2 cup	38.23
Chilled Mandarin Oranges M6795	1/2 cup	20.07
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 packet	0.29
Ketchup PC M8000	1 packet	3.0
Sauce, Marinara PC M8195	1 packet	3.71
Weighted Daily Average		81.11
% of Calories		51.2%
Nutrient Guideline		

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Mon - 04/20/2026		
Lunch K-8	Total	
All American Sub Sandwich RCSD	1 sandwich	37.3
Pizza, Variety	slice	32.25
Glazed Carrots M5865	1/2 cup	8.91
Green Peas, Canned M6035	1/2 cup	14.34
Rosey Applesauce M6565	1/2 cup	18.34
Applesauce, M6555	1/2 cup	15.62
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29

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	Portion Size	Carb (g)
Weighted Daily Average		67.20
% of Calories		54.1%
Nutrient Guideline		

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Tue - 04/21/2026		
Lunch K-8	Total	
Sloppy Joe on WW Bun M4085	1 each	34.64
Chicken Sandwich Variety RCSD	1 each	43.81
Lunch Bites Ham 2 grain	serving	36.08
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29
Weighted Daily Average		92.27
% of Calories		57.8%
Nutrient Guideline		

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Wed - 04/22/2026		
Lunch K-8	Total	
Cheesy Chicken Over/RiceCMS516	1 serving	30.13
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Yogurt Plate	plate	57.56
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32
Weighted Daily Average		64.97
% of Calories		47.9%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 04/23/2026		
Lunch K-8	Total	
Quesadillas Beef Pepper Jack	1 each	24.07
Chicken Tenders Breaded M3190	3 tenders	15.0
Toast, Garlic WW M7115	1 slice	15.0
Saltine Crackers, ENR,CR M7020	2 4-count packs	18.0
Lunch Bites Ham 2 grain	serving	36.08
Mashed Potatoes w/Cheese M6075	1/2 cup	15.31
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, Frozen M6945	1/2 cup	21.05
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		68.66
% of Calories		44.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Fri - 04/24/2026		
Lunch K-8	Total	
Hamburger 2 oz USDA F M4105.1	1 each	32.15
Cheeseburger 2 oz Patty M4100	1 each	32.68
Fish Sticks, Baked M1540.1	4 nuggets	22.0
Hushpuppies Baked M7065	2 each	12.56
Crinkle Cut Fries Baked M6110	1/2 cup	12.12
Baked Beans RCSD	1/2 cup	38.23
Chilled Mandarin Oranges M6795	1/2 cup	20.07
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 packet	0.29
Ketchup PC M8000	1 packet	3.0
Weighted Daily Average		85.97
% of Calories		56.1%
Nutrient Guideline		

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	Portion Size	Carb (g)
Mon - 04/27/2026		
Lunch K-8	Total	
Country Fried Steak Sand M4125	1 each	46.55
Pizza, Variety	slice	32.25
Glazed Carrots M5865	1/2 cup	8.91
Green Peas, Canned M6035	1/2 cup	14.34
Applesauce, M6555	1/2 cup	15.62
Rosey Applesauce M6565	1/2 cup	18.34
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29

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	Portion Size	Carb (g)
Weighted Daily Average		73.32
% of Calories		53.3%
Nutrient Guideline		

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Tue - 04/28/2026		
Lunch K-8	Total	
Southwest Dip & "Walking"Chips	1 serving	35.21
Chicken Sandwich Variety RCSD	1 each	43.81
Lunch Bites Ham 2 grain	serving	36.08
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		89.14
% of Calories		47.4%
Nutrient Guideline		

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Wed - 04/29/2026		
Lunch K-8	Total	
Chicken Mandarin M3055	1 Serving	19.53
Rice, Brown M7090	1/2 cup	23.09
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Yogurt Plate	plate	57.56
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32
Weighted Daily Average		79.34
% of Calories		59.9%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 04/30/2026		
Lunch K-8	Total	
Stromboli Supreme RCSD	1 slice	50.69
Chicken Tenders Breaded M3190	3 tenders	15.0
Toast, Garlic WW M7115	1 slice	15.0
Lunch Bites Ham 2 grain	serving	36.08
Mashed Potatoes M6070	1/2 cup	15.12
Brown Gravy, Package CPF M8130	2 ounces	3.1
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, Frozen M6945	1/2 cup	21.05
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		77.65
% of Calories		51.9%
Nutrient Guideline		

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Weighted Average		68.97
		52.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	68.97	52.17%						

¹ - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.