Alumni – Mook Emergency Medicine

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Emergency Medicine
[Dr. Mook] My name is Jason Mark. I graduated from LSU Shreveport Medical School in 2007. I'm emergency medicine trained and board certified and I practice currently at Willis-Knighton Pierremont Emergency Room right down the road.	Man with fair complexion, dark hair that is graying at the temples and a full beard and mustache. He is wearing black scrubs and is seated with his arms crossed in front of a dark blue washed background. Text: Jason Mook, M D Emergency Medicine Willis Knighton Pierremont
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Emergency Medicine?
[Dr. Mook] Originally, I was going to do urology. My father was a urologist and my sister was planning on going into urology. And as soon as I rotated the first week in urology, I realized I'd better come up with a better plan because I didn't enjoy urology at all. And emergency medicine, I liked emergency medicine because of the the lifestyle at home that it offers, and it's something different every day at work.	Dr. Mook on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Emergency Medicine

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[Dr. Mook] Those two things, the lifestyle at home that it gives me, there's not many specialties that gets 26 weeks of paid vacation a year, and there's and at work it's something different every single time. I like that the most. And I also like when I'm not at work and I'm somewhere else, being, being one of the one of the highly trained guys in in the room. If something or somebody were to collapse, somebody were to have a seizure or somebody were to have a stroke, somebody would have a heart attack. All these different specialties need need a subspecialists. But I'm the guy there that's going to stabilize them most efficiently, originally.	Dr. Mook on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Emergency Medicine?
[Dr. Mook] Knowing enough knowledge in all the different fields, probably keeping up with the current things change, you know, yearly. I've learned that since I've been out for a while and some of the things we were doing in 20 12 are not the things that we're doing in 20 20 and some of the things that we weren't doing in 20 12, all we are doing in 20 20. So really staying up to date with all the different, different, you know, specialties I'm trying to find. But you've always got the specialists that you can call, which is nice to ask them because they just stay up to date mainly in their fields, mostly.	Dr. Mook on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?

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[Dr. Mook] (Laughter) Most people would say most of E R doctors are A.D.D., (Laughter) but I mean, there's not really any I think anybody could do it, you know. You just got to you got to love people and you got to you got to get to have it a little thick skin because most of your patient clientele are or of a lower socioeconomic class that come into the emergency room just because they don't have the wherewithal to get into the specialist immediately. And some of them are just uneducated and really just need you to take the time to just educate them on what they need to do and go from there. But, no, I think anyone could do it if they wanted it to.	Dr. Mook on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work life balance?
[Dr. Mook] That's one of the beautiful things of emergency medicine. As much as you want, I can work ten days a month, if I want. Twenty days a month, if I want. 28 days a month, if I want. It doesn't matter. It's just because you're paid specifically per the hour that you work. It's how much money you want to make a month and you just balance your life off of that. So that's a beautiful thing about emergency medicine.	Dr. Mook on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?
[Dr. Mook] Faith, knowing Jesus Christ is my savior and being able to rely on him and know that he's in control more than me and just trying to stay up to date on medicine to that, to know that you are doing the best that you can and the right thing that you can.	Dr. Mook on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?
[Dr. Mook] If I had to go back and choose that again, I probably still would choose emergency medicine just because of the lifestyle and the perks.	Dr. Mook on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice to you have for medical students interested in Emergency Medicine?
[Dr. Mook] It takes a certain personality because you don't get to choose your patients. You don't get to fire your patients. Everybody has to be seen and you need to respect everyone equally. We're all human beings. And the biggest thing is, I mean, you're kind of the customer service of medicine. When they can't get in with their doctor, when they're, you know, they might not have insurance or whatever the deal is, you're always seeing them sick. And, you know, some some other specialties get to see them sick and then they fix them and then they get they come back with their well patient visits and they're doing so much better and they're thankful - you don't ever see anybody well, you always see them sick. So they're always at their worst personality because when you don't feel good, you're not very nice. And that's just kind of part of human nature. So you've got to be able to take it with a grain of salt and realize you're just there to help people. And so it's it can get difficult for some people that don't have a pretty thick skin and personality that, you know, some things can get said by patients that can hurt their feelings.	Dr. Mook on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Jason S. Mook, Emergency Medicine, L S U Class of 2007, Willis-Knighton Pierremont Health Center, 8001 Youree Drive, Shreveport, Louisiana 7 1 1 1 5