Alumni – Moss Urology

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Urology
[Dr. Moss] Jared Moss. I graduated the class of 2010. I went into urology. I work here at Regional Urology, which is a large private urology group in town.	Man with fair complexion, dark hair that is graying at the temples and a full beard and mustache. He is wearing black scrubs and is seated with his arms crossed in front of a dark blue washed background. Text: Jarod L. Moss, M D Urologist Regional Urology
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Urology?

Audio	Video
[Dr. Moss] My dad is actually a retired urologist at this point. So if I was to say that I didn't have some biases going in, that's probably not true. One of the things that made me want to go into urology was I always felt like it was a nice balance. And what I mean by that is between medical and surgical. You prescribe a lot of medicines, you follow people medically, you follow them over a long period of time. You also have procedures that you do. We have big surgery, small surgeries, outpatient surgeries. Majority of what I do is outpatient. There are things that you can fix instantly in a day, like a kidney stone, where you get that instant gratification and there are things sometimes that take longer. And so you see this progression and a lot of these ladies and men, you know, we see over the course of years. So you really get to know them as opposed to certain specialties. You may fix something and then send that patient back to their regular doctor and you may not see him again. So you don't get those long lasting relationships. So to me, it was kind of the ultimate balance between medicine, longevity, and then surgery and quick fixes.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Urology

Audio	Video
[Dr. Moss] I like a lot of what - the best advice that I ever got when I was trying to choose my career was “You better enjoy the bread and butter.” And I didn't really understand that as a med student. I didn't really understand that as a resident. But as I got further along, it made sense. So sometimes when you're training and you're at a big academic center and you see lots and lots and lots of complicated stuff, and if you stay in academics, then you will continue to see a lot of that. But if you go into private practice or you go into the community, you're not going to see quite as much of that. And so you really need to enjoy doing some of what we call the bread and butter. So for, as a urologist it’s vasectomies, it's if you do a transurethral resection of the prostate. A lot of what our just basics stuff is is what I probably enjoy doing the most which for me is the outpatient procedures. I do enjoy seeing patients every day in clinic, but probably me for my where I'm the happiest is when I have my O R times and I may do, do ten procedures in an afternoon and all of that is typically outpatient and that's what I enjoy the most.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Urology?

Audio	Video
[Dr. Moss] I think the hardest part for me - so I did a fellowship in male infertility, and the hardest thing for me is I see a lot of men, sometimes that are Azoospermic - they have no sperm, and we'll work with them between lifestyle modifications, surgery, hormones to try to do everything we can to try to get sperm into the ejaculate to help this couple be able to have a baby. And as a last resort, sometimes you will try to surgically extract sperm. And when you go in there, it's a last ditch effort and you try to find sperm. And of course, these people are counseled extensively prior to taking the man to surgery. But you don't find sperm on that day. You close a door. And it's that's probably the part that I enjoy the least. So it's tough. It is. That is a much more difficult discussion for me than any cancer discussion that I have to do, because it really is just shutting a door.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?
[Dr. Moss] I think most urologists are pretty laid back in general. I think there was always a stereotype of a surgeon, a general surgeon. I think urologists, for the most part, are pretty friendly, you know, men and women and have a good attitude. And it's pretty rare to meet a urologist that doesn't enjoy what they do. It's a good work life balance. Our call is typically not as onerous as some of the other calls. There's not a lot of true urologic emergencies. There are some, but there's not many.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work life balance?

Audio	Video
[Dr. Moss] A lot. It's a lot different than as a med student and as a resident. And that was one of the reasons I chose urology, is I thought it's a very, very good work life balance. I always said that when I was a kid, my dad is a urologist and he was there at all of my football games, my baseball games, my practices. I mean, he was, there a few things here and there that he had to miss. But by and large, he was there for everything, which is not always the case for other kids that had parents that are physicians. A typical workday for me is 8 to 5. It's rare that I'm home after 5:30 p.m.. We have a larger groups so our call schedule is pretty good. Currently, right now there are like eight of us that rotate call, so it's only a couple of nights a month. It's rare that I have to get out at night. As I said, but that's more specific to urology in general, just because there's not lots and lots of urological things that make you that are a true emergency, most of them can be tided over until the morning and that helps.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?

Audio	Video
[Dr. Moss] I talk with my wife. I think that helps. Family. I talk my dad so that that's a different deal that I have that not everybody else has is a you know, I think my dad has always been a huge help for me to just to be able to bounce things off as we go through different changes in our practice and talk about, you know, how do you handle this or what do you think about this or, you know, with a specific patient situation or maybe have a complication, you have a poor outcome and you know, it stinks and it hurts and, you know, it's sad. So that helps. I mean, I think - my wife is a nurse practitioner, so she's medical as well. So that helps. But a lot of times I talk with my other partners, too, you know, So I have a very good working relationship with them. And so it just, you know, it helps to go through the fire with your peers and you all have the same concerns.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known as a medical student?

Audio	Video
[Dr. Moss] When I was going through med school, there were physicians that had becomed disillusioned with medicine, and it wasn't what it started out to be and told us, you know, don't go into medicine. It's going to be government controlled and they'll destroy your career. And, you know, just a lot of negativity. When I was going through it. But at the end of the day, if you choose to go into medicine for the right reasons and you enjoy taking care of people, it's a really, really enjoyable career. As long as you go into it for the right reasons. And yes, there's government bureaucracy and that will always continue to be to some form or fashion. And I don't think anybody really knows what the future holds or where medicine is headed. But I think you'll always enjoy being a physician as long as you enjoy taking care of people and you're going into it for the right reasons. So. There's not a whole lot that I - I had a good perspective, at least. And again, because of my family situation, it's different for people If they don't have a family member, their perspective as they go through medicine may be a lot different than mine.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?

Audio	Video
[Dr. Moss] I think one of the things that really impacts your career and I don't know if other people have said this or not, but you really get impacted by the people when you're going through training. If you click with their personalities and sometimes it may not always be as much the medicine or the surgery or the procedures, but you find people and you're like, I'm very similar to them. I really get along with them. They enjoy what they can do and then you can see yourself doing it. So I think that's a weird part of medicine that nobody told me, that sometimes you're influenced to go into a certain field of medicine, not just because of what they do on a day to day basis, but because of the people that you're around. And I think that's a big part of it.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice do you have for medical students interested in Urology?

Audio	Video
[Dr. Moss] So I think I would still go back to the basics about there are going to people that super specialize and go in and teach future doctors here at a medical school and do super, super complicated stuff. But I think you need to go into it for the right reasons. You need to enjoy helping men and women with bladder problems or prostate problems or urinary problems or kidney stones. You got to enjoy talking to people and working with them over a period of time, and you've got to enjoy doing surgery. If you don't enjoy doing surgery, then this is obviously not something that you're going to enjoy. And there's a spectrum between doing a cystectomy, which is probably one of the biggest surgeries that we do, and it's very involved and high risk versus some of the stuff that I typically do, which is more men's health and outpatient related. So you can kind of tailor that approach once you get further along. But as a resident or as a med student, you're going to see the entire spectrum to really figure out what is that ultimately you want to do and do you want to sub specialize within that specialty? Like for orthopedics, if they have sports medicine or foot and ankle. And for urology, there's a lot of things like female urology, men's sexual health, erectile dysfunction, cancer, reconstruction. So there's a lot of ways to even sub specialize within a subspecialty.	Dr. Moss on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Jared L. Moss, Urology, L S U Health Shreveport Class of 20 10, Regional Urology, 2 5 5 Bert Kouns Industrial Loop, Shreveport, Louisiana 7 1 1 0 6