



Your Well-Being, Simplified: Meet the New VITAL WorkLife App!

In today's demanding world, stress and burnout are real. You need support that's immediate, intuitive, and truly personalized.

Our reimagined VITAL WorkLife mobile app and secure member website are your ultimate "front door" to all well-being resources.

What You'll Love:

- **Instant 24/7 Support:** Access mental health resources whenever you need them.
- **Connect Your Way:** Choose video, phone, or in-person counseling.
- **Personalized Tools:** Get recommendations tailored to your needs.
- **Seamless & Secure:** A unified, easy-to-use, and confidential experience.
- **Family Included:** Support extends to family members, including virtual counseling for teens (13+).



Download the VITAL WorkLife app now!



Or visit for your new member experience:
VITALWorkLife.com

Take control of your well-being today. After registering, your login credentials will be the same for the app and website.

Employer Access Code: minnetonka