

## **April Menu 2026**

### **Monday, April 6**

Rainbow Cheese Tortellini with EUSD Marinara & Garlic Bread (scratch-made vegetarian)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Pineapple Pizza (scratch-made vegetarian)  
Yogurt & Granola (vegetarian, gluten free)

### **Tuesday, April 7**

Crunchy Grass Fed Organic Beef Taco (gluten free, scratch-made)  
Crispy Chicken Tenders  
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

### **Wednesday, April 8**

Boar's Head Turkey & Cheese Sub Sandwich (scratch-made)  
Chik'n Nuggets with Oven Baked French Fries (vegan) (vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Mini Rice Krispie Treat (gluten free)

### **Thursday, April 9**

Chicken & Waffles  
EUSD Cheese Pizza (vegetarian, scratch-made)  
EUSD Pepperoni Pizza (scratch-made, contains pork)  
Oatmeal Benefit Bar & String Cheese (vegetarian)

### **Friday, April 10**

Grass Fed Beef Hot Dog  
Soft Pretzel Bites with Cheese Dipping Sauce (vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Fresh Baked Chocolate Chip Cookie (vegetarian)

### **Monday, April 13**

Pasta with Butter Parmesan Sauce & Garlic Bread (scratch-made, vegetarian)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Margarita Pizza (scratch-made vegetarian)  
Yogurt & Granola (vegetarian, gluten free)

### **Tuesday, April 14**

Greedy Marinated Chicken with Wild Rice, Tzatziki (gluten free) & Pita (scratch-made)  
Crispy Chicken Breast Sandwich  
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

### **Wednesday, April 15**

Homemade Macaroni & Cheese (scratch-made, vegetarian) with Chicken Bites  
Stuffed Cheese Quesadilla (scratch-made, vegetarian)  
Stuff Quesadilla with Grilled Mary's Chicken (scratch-made)

Yogurt & Granola (vegetarian, gluten free)  
Mini Rice Krispie Treat (gluten free)

**Thursday, April 16**

Breaded Chicken Drumsticks, Potato Wedges & Hawaiian Roll  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD BBQ Chicken Pizza (scratch-made)  
Oatmeal Benefit Bar & String Cheese (vegetarian)

**Friday, April 17**

Grass Fed Beef Hamburger  
Grass Fed Beef Cheeseburger  
Mozzarella Breadsticks & Marinara (vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Fresh Baked Celebration Cookie (vegetarian)

**Monday, April 20**

Spaghetti with EUSD Marinara & Garlic Bread (scratch-made, vegetarian)  
EUSD Cheese Pizza (scratch made, vegetarian)  
EUSD Pineapple Pizza (scratch-made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)

**Tuesday, April 21**

Chili Verde Cheese Tamale & Tortilla Chips (gluten free, vegetarian)  
Grass Fed Beef Hot Dog  
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

**Wednesday, April 22**

Orange Chicken with Organic Brown Rice  
Grilled Cheese Sandwich (scratch-made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Fortune Cookie (vegetarian)

**Thursday, April 23**

Fiesta Nacho (vegetarian) with Grass Fed Organic Beef (scratch-made, gluten free)  
EUSD Cheese Pizza (vegetarian, scratch-made)  
EUSD Pepperoni Pizza (scratch-made, contains pork)  
Oatmeal Benefit Bar & String Cheese (vegetarian)

**Friday, April 24**

California Burrito (Organic Carne Asada, Baked French Fries & Cheese) (scratch-made)  
Chicken & Waffles  
Yogurt & Granola (vegetarian, gluten free)  
Fruit Freeze (gluten free, vegetarian)

**Monday, April 27**

Homemade Bean & Cheese Burrito (scratch-made, vegetarian)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Margarita Pizza (scratch-made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Frozen Fruit Cup (vegetarian, gluten free)

### **Tuesday, April 28**

Brunch for Lunch (French Toast & Grass Fed Pork Sausage) (contains pork, scratch-made)  
Grass Fed Beef Hamburger  
Crispy Chicken Breast Sandwich  
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

### **Wednesday, April 29**

Pasta with Butter Parmesan Sauce (scratch-made, vegetarian)  
Chicken Corn Dog (nitrate free)  
Yogurt & Granola (vegetarian, gluten free)  
Mini Rice Krispie Treat (gluten free)

### **Thursday, April 30**

Organic Carne Asada Soft Taco on Local Tortilla & Tortilla Chips (scratch-made)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Pepperoni & Sausage Pizza (scratch-made, contains pork)  
Oatmeal Benefit Bar & String Cheese (vegetarian)

### **Student Meal Prices:**

All EUSD Students eat for Free!

### **Adult & Visitor Meal Prices:**

Adult/Visitor Breakfast: \$4.00

Adult/Visitor Lunch: \$6.00

### **Daily Salad Bar:**

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab and grown organic lettuce and seasonal veggies!

### **Eat a Rainbow Week: April 20<sup>th</sup> – April 24<sup>th</sup>**

Monday is Red/Pink Day: Regionally Grown Strawberries & Sliced Radishes

Tuesday is Orange Day: Cantaloupe Chunks & Halos

Wednesday is Yellow Day: Mango Spears & Pineapple Chunks

Thursday is Green Day: Honeydew Melon & Cucumbers

Friday is Blue/Purple Day: Shredded Beets & Blueberries

Mondays: Locally Grown Sliced Apples & Jicama

Tuesdays: California Grown Tangerines & Locally Grown Dassi Farms Persian Cucumber

Wednesdays: Bananas & Celery

Thursdays: Strawberries & Bell Peppers

Fridays: Locally Grown Sliced Oranges  
Various dressings are offered daily including a gluten free option.

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**Breakfast Menu**

Breakfast is served daily before school. Check with your school office for specific service times. Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

Monday: Banana Bread (vegetarian), Sweet Bread Concha (vegetarian) & Whole Grain Assorted Cereal (vegetarian)

Tuesday: Maple Belgian Waffle (vegetarian), Oatmeal Benefit Bar (vegetarian) & Whole Grain Cereal (vegetarian)

Wednesday: Vanilla Pancake Bites (vegetarian), Bacon & Cheese Egg Bites (contains pork) & Whole Grain Assorted Cereal (vegetarian)

Thursday: Scratch-made Chocolate Chip Muffins (vegetarian), Breakfast Sandwich (Chicken Sausage, Egg & Cheese on English Muffin & Whole Grain Assorted Cereal (vegetarian)

Friday: Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese (vegetarian) Fresh Baked Chocolate Chip Scone (vegetarian) & Whole Grain Assorted Cereal (vegetarian)

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**School Meal Information**

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at [www.schoolcafe.com](http://www.schoolcafe.com).

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: [lea.bonelli@eusd.net](mailto:lea.bonelli@eusd.net).

**Food Allergies:**

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut-free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return it to your school nurse. Accommodations forms must be signed by a medical professional.

\*\*Menus are subject to change without notice \*\*

This institution is an equal opportunity provider.

**Cream Co. Meats:** Cream Co. works with over 20 sustainable, regenerative, and organic family farms in northern California. Our beef, pork and chicken come from a variety of farms including Mary's Chicken and Beeler's Pork.

**EUSD Farm Lab:** Our certified organic EUSD Farm Lab provides seasonal produce for our salad bars at every school. This includes organic lettuce, carrots, cucumbers, tomatoes, corn, beets, etc. Not to mention all the tomatoes used in our scratch made pizza and pasta sauces.

**Dickinson Family Farms:** Based in Fallbrook, Dickinson Family Farms provides local, seasonal, and organic produce to our schools, including dragon fruit, finger limes, oranges, apples, avocados, etc.

**Hidden Foods:** Started by an Encinitas USD mom, Hidden Foods packs nutrition and "hidden" fruits and veggies into their delicious breakfast muffins served to our students.

**Lopes Family Farms Rice:** This family-owned organic farm in Princeton, California, utilizes an ancient Chinese rice farming technique that incorporates ducks into the cultivation of brown rice. The ducks eat weeds and bugs while enriching the soil with nitrogen and organic matter. Their organic rice can be found in a variety of EUSD entrees.

**Boar's Head:** High quality deli meats and cheeses, free of preservatives and nitrates, while also using whole muscle proteins. Their turkey and cheeses can be found in our deli sandwiches, grilled cheeses, quesadillas, and on our salad bar.

**Giusto's Organic Flour:** Based In San Francisco, Giusto's high quality, organic flour (wheat and all-purpose) is used in our pizza dough and fresh baked goods.

**Dassi Family Farm:** Based in Leucadia and San Marcos, Dassi Family Farm is a local, sustainable greenhouse providing delicious, seasonal tomatoes and cucumbers for our salad bars.