ACALANES SWIMMING & DIVING
2026 Foothill Conference Schedule

Day	Date	Opponent/Event	Location	Time
Fri,Sat	Feb 27,28	Granite Bay Invitational	Granite Bay	all day
Wed	Mar 4	College Park	Acalanes	4:00
Fri	Mar 6	Northgate	Northgate	4:00
Fri,Sat	Mar 13,14	Mission Viejo Invitational	Southern California	all day
Thu	Mar 19	Miramonte	Acalanes	4:00
Wed	Mar 25	Benicia	Acalanes	4:00
Fri	Apr 10	Campolindo	Acalanes	4:00
Thu	Apr 16	Clayton Valley Charter	Acalanes	4:00
Fri	Apr 24	Las Lomas	Las Lomas	4:00
Thu	Apr 30	DAL Trials	Campolindo	2:15
Sat	May 2	DAL Finals	Campolindo	12:00
Sat	May 2	DAL JV Championships	Campolindo	10:00
Fri	May 8	NCS Trials	Concord Community Pool	10:30
Sat	May 9	NCS Finals	Concord Community Pool	10:30
Fri	May 15	CIF Trials	Clovis West HS	all day
Sat	May 16	CIF Finals	Clovis West HS	all day

Diving

Fri	Feb 28	AUHSD meet	Campolindo	4:00
Sat	Mar 15	Las Positas Invitational	Las Positas, Livermore	all day
Fri	Mar 28	AUHSD meet	Campolindo	4:00
Fri	Apr 11	AUHSD meet	Campolindo	4:00
Sat	Apr 19	AUHSD NCS qualifier	Campolindo	10:00
Sat	May 2	DAL Championships	Campolindo	all day
Wed	May 9	NCS Championships	Concord Community Pool	all day
Sat	May 16	CIF Championships	Clovis West HS	all day

Varsity Head Coaches	Nick Inserra	Principal	Eric Shawn
Assistant Coach	Murray Hannan	Athletic Director	Randy Takahashi
Diving Head Coach	Karl Yett	School Phone	925-280-3970

First practice day Monday, February 9.
Practice schedule Monday through Friday. Varsity and jv 6:00-8:00.
Monday through Thursday. Diving 6:30-8:30.

Revised 1/18/26