



Good morning Thunderbirds, this is *(insert name here)*. Please stand for the pledge of allegiance. Salute, pledge. (Pledge is on second shelf below the phone) And now for some announcements:

- **Mornin' from the Cafeteria. Today's breakfast will be Chef's Choice! Lunch will be Chicken Alfredo Pasta. Sign me up!!**
- **Seniors: The FAFSA priority deadline is March 2—submit your application on time.**
- **Happy Black History Month Las Plumas! Did you know? Amanda Gorman was a poet and an activist who became the youngest inaugural poet in U.S. history. Her work focuses on hope, courage, and youth leadership. "There is always light, if only we're brave enough to see it. If only we're brave enough to be it."— Amanda Gorman As we wrap up Black History Month, remember Black History is then, now and forever. Black History is American History. Happy Black History Month everyone!**
- **All month we have shared facts and tips about healthy and unhealthy relationships. Don't let the conversation end today. Continue to ask questions and learn about what is healthy and what is unhealthy. Talk to trusted friends and adults about concerns and know what your resources are. If you feel you may be in an abusive or unhealthy relationship, please call Catalyst at 1-800-895-8476. All info will be kept confidential. Remember: EVERYONE deserves to be in a healthy relationship.**
- **If you are a senior and you are interested in going on the senior trip to Six Flags in May, please sign up on the sign-up sheet in the principals office and grab a permission slip. Permission slips are by March 20th!**
- **Hello everyone! Asian Club is doing pre-order eggrolls again, our last fundraiser for this year. Members will come around to take your orders or you can come and order in person in room 1017. Thank you for your support!**
- **Seniors, a quick update about Tri-Tip fundraiser for Safe Grad Night! We're only at 50% of our goal. We need every senior to participate. Turn in form and cash to the principal's office by March 2nd and continue selling online until March 5th. Extra forms can be found in principal's office.**

RECURRING LUNCH MEETINGS:

MONDAY: BSU Club Rm 622; Monday: Gaming Club meeting tomorrow @ lunch in Room 103.

TUESDAY: Gaming Club Rm 103; The Movement Youth Christian Club in room 622.

WEDNESDAY:

THURSDAY: Asian Club Rm 1017; Art Club Meeting in Room 1505. Action Now meeting in room 631.

FRIDAY: **Anime Club Rm 1500;**

Weekly Tutoring:

Monday: Tutoring: Math in rm. 610 & 620 from 3:30-5PM; English in Rm 631 from 3:30-4:30; Science in Rm 215 3:30-4:30.

Tuesday Tutoring: Math in rm. 619 from 3:30-5; English in Rm 632 from 3:30-4:30; Science in Rm 215 from 3:30-4:30.

Wednesday: Tutoring: English in Rm 631 from 3:30-4:30;

Thursday: Math tutoring in rm. 619 from 3:30-5 and English in Rm. 632 from 3:30-4:30

Friday: