



Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.					What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
		1 Chicken Tenders Seasoned Rice FEATURED VEGGIES Mixed Vegetables Caesar Salad	2 	3 	
AmazeBowls Smoothie Bowl Bar! Choice of Apple, Blueberry, Strawberry or Peach Smoothie Base, Top Choice of Fresh Fruit, Granola, Toasted Coconut, Almonds, Raisins, Fruit Loops, Cinnamon Toast Crunch and Syrup. Served with a Graham Cracker.					
6 	7 General Tso's chicken over Vegetable Fried Rice Vegetable Stir Fry (V) FEATURED VEGGIES Steamed Broccoli Lo Mein Salad	8 Nashville Hot Chicken and Waffles FEATURED VEGGIES Sweet Potato Tots Coleslaw	9 House Made Meatloaf Mashed Potatoes with Gravy Cornbread FEATURED VEGGIES Buttered Corn Potato Salad	10 Ballpark Grill Bar Hot Dogs, Cheesesteaks, Italian Sausage. Hot and Cold Toppings FEATURED VEGGIES Crinkle Fries Macaroni Salad	Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate.
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13 Sweet and Sour Chicken over Brown Rice FEATURED VEGGIES Steamed Broccoli Roasted Zucchini and Squash	14 French Toast Sticks with Sausage Links FEATURED VEGGIES Tater Tots Green Pepper Strips	15 Popcorn Chicken Mashed Potato Bowl with Roll FEATURED VEGGIES Steamed Corn Broccoli Salad	16 Macaroni and Cheese topped with Choice of BBQ Pulled Pork or Buffalo Chicken Fresh Toppings FEATURED VEGGIES Stewed Tomatoes Coleslaw	17 Bone-in Wing Bar Choice of Sauce FEATURED VEGGIES BBQ Baked Beans Potato Salad	Daily Alternates Hamburger/Cheeseburger on a Bun Chicken Patty on a Bun Specialty Grill Item Chef Fresh Sandwiches and Salads Cheese or Pepperoni Pizza Specialty Pizza PB&J Poblanos Mex American Bar Daily Poblanos serves up an extensive selection of made-to-order burritos, tacos, quesadillas, and more. Feast on nachos with guacamole or fresh salsa, tortilla soup, authentic Mexican rice, taco salad, sizzling fajitas, and More. Daily Made to order Station Now at Bravo
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20 Texas Smokehouse BBQ Chicken, Pulled Pork BBQ, Ranch Taters, Sauces and Toppings FEATURED VEGGIES Smokey BBQ Beans Coleslaw	21 Asian Bar Choice of General Tso's or Sweet and Sour Chicken over Vegetable Fried Rice Vegetable Stir Fry (V) FEATURED VEGGIES Steamed Broccoli Lo Men Salad	22 Loaded Potato Bar Baked Potato topped with Smokey Beef Chili or Taco Chicken, Fresh Toppings FEATURED VEGGIES BBQ Baked Beans Coleslaw	23 Mozzarella Sticks with Marinara Sauce FEATURED VEGGIES Seasoned Potato Wedges Caesar Salad	24 Buffalo Chicken Dip with Tortilla Chips FEATURED VEGGIES Lemon-Parmesan Broccoli Broccoli Florettes	(V) Vegetarian (WG) Whole Grain <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
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27 Loaded Chicken Caesar Waffle Fries FEATURED VEGGIES Seasoned Broccoli Tomato Mozzarella Salad	28 Orange Chicken with Scallions over Fried Rice FEATURED VEGGIES Sesame Green Beans Garden Salad	29 Chicken Nuggets with Buttered Noodles FEATURED VEGGIES Seasoned Broccoli Potato Salad	30 Chili Cheese Corn Dog Elote Corn Dog FEATURED VEGGIES Curly Fries Pasta Salad		
Contact Cathy Muto, General Manager 610-782-1890 Mutoc@whitehallcoplay.org		Meal Prices Student Lunch \$0.00 Reduced Lunch \$0.00			
Derek Kolumber, Chef Manager 610-782-0961 kolumberd@whitehallcoplay.org					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

