







Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate. Daily Breakfast Offerings Assorted WG Cereal Bars Assorted WG Muffins WG Banana Bread WG Blueberry Bread WG Donuts Assorted Yogurt with a Bagel Breakfast Sandwiches Assorted Oatmeal (V) Vegetarian (WG) Whole Grain <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
1	2	3	4	5	
		1 WG Belgian Waffle Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	2 	3 	
6 	7 Mini Cinni Rolls Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	8 Cheese Omelet, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	9 French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	10 Dutch Waffle Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
13 Scrambled Eggs, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	14 Cinnamon Cream Cheese Stuffed Bagel Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	15 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	16 WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	17 WG Belgian Waffle Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
20 Scrambled Eggs, Bacon and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	21 Strawberry Cream Cheese Bagel Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	22 Cheese Omelet, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	23 French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	24 Dutch Waffle Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
27 Scrambled Eggs, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	28 Sausage, Egg and Cheese Waffle Taco Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	29 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	30 WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice		
Contact Cathy Muto, General Manager 610-782-1890 Mutoc@whitehallcoplay.org		Derek Kolumber, Chef Manager 610-782-0961 kolumberd@whitehallcoplay.org		Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00	

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

