

MEETING MINUTES



SCHOOL HEALTH

ADVISORY COUNCIL

DATE:

3/5/2026

TIME:

1:00-2:30 PM

FACILITATOR:

HC Grimet

IN ATTENDANCE

20 attendees

MEET, GREET AND NORMS

This meeting is required to be recorded and posted to the SHAC website within 10 days.

PREGNANCY EDUCATION AND PARENTING (PEP) UPDATE

Presenter: Heather DeVries

Information was shared about the Pregnancy Education and Parenting (PEP) Program. Established in 1991, PEP supports pregnant and parenting students as part of a dropout prevention and recovery effort. Its mission is to ensure that graduation is a reality for all PEP students as well as help school-age parents become self-sufficient, responsible, and career-oriented citizens. The program provides services such as parenting education, childcare and transportation support, assistance accessing resources, job readiness and career counseling, and individualized and group counseling.

SAFE ROUTES TO SCHOOL INITIATIVE AT HCPH

Presenter: Nancy de la Fuente

An overview was provided for the Safe Routes to School (SRTS) Initiative, which is a national movement focused on improving student health and safety by encouraging walking, biking, and other forms of active transportation to and from school and emphasizes collaboration and community support. Data from Texas in 2023 highlighted a high volume of pedestrian accidents occurring near schools, reinforcing the need for safer environments. The initiative promotes increased physical activity for school-aged children and focuses on the six

E's—equity, encouragement, engagement, education, evaluation, and engineering—while also sharing resources available through Harris County Public Health to support schools and communities.

EMERGENCY MANAGEMENT UPDATE

Presenter: William Robins

Mr. Robins was not able to attend due to a scheduling conflict. He will be rescheduled for a future meeting.

TEXAS OPIOID PREVENTION FOR STUDENTS (TOPS)

Presenter: Felicia Curry and Shalalan Washington

Information was presented on the Texas Opioid Prevention for Students (TOPS) program highlighting its focus on honoring lives lost and empowering youth in prevention. The initiative provides education in compliance with Tucker's Law (HB 3908) and is implemented across Texas for students in grades 6-12. The program offers opioid misuse prevention strategies, youth community events, parent education resources, and tools such as Think Smart, Split Second, and Trust Hustle, supporting both students and families in prevention efforts.

2025-2026 SHAC ANNUAL REPORT

Presenter: H.C. Grimet

Information regarding the 2025-2026 Annual SHAC report was presented to the attendees and input was requested on edits that might need to be made.

2026-2027 PROPOSED SHAC MEETING DATES

Presenter: H.C. Grimet

Information regarding the proposed SHAC Meeting Dates for 2026-2027 was shared. The November 12, 2026 meeting was proposed to be moved to November 19, 2026, as the Nutrition and Food Services conference room will be unavailable by 1:00pm for the start of the meeting.

REFLECTIONS / QUESTIONS / CLOSURE

None