

Cross Country Carnival Program | Sunshine Coast

Elizabeth Daniels Sports Ground, 1 Syd Lingard Drive Buderim 4556

Time	Event	Age	Gender	Year of Birth	Distance
9:00am	Course available to walk over.				
9:15am	OFFICIALS' MEETING				
9:45am	Student welcome and course briefing				
10:00am	Event 1	13	Boys	2013	2km
	Event 2	13	Girls	2013	2km
	Event 3	5	Boys	2021	500m
	Event 4	5	Girls	2021	500m
	Event 5	6	Boys	2020	500m
	Event 6	6	Girls	2020	500m
	Event 7	14	Boys	2012	4 km (2x2km)
	Event 8	14	Girls	2012	4 km (2x2km)
	Event 9	7	Boys	2019	1km
	Event 10	7	Girls	2019	1km
	Event 11	8	Boys	2018	1km
	Event 12	8	Girls	2018	1km
	Event 13	15	Boys	2011	4 km (2x2km)
	Event 14	15	Girls	2011	4 km (2x2km)
	Event 15	9	Boys	2017	1km
	Event 16	9	Girls	2017	1km
	Event 17	16	Boys	2010	4 km (2x2km)
	Event 18	16	Girls	2010	4 km (2x2km)
	Event 19	17+	Boys	2009-2007	4 km (2x2km)
	Event 20	17+	Girls	2009-2007	4 km (2x2km)
	Event 21	10	Boys	2016	2 km
	Event 22	10	Girls	2016	2 km
	Event 23	11	Boys	2015	2km
	Event 24	11	Girls	2015	2km
	Event 25	12	Boys	2014	2km
	Event 26	12	Girls	2014	2km
1.20	Presentations 5 - 8 years after event 12 9 - Opens after event 26				
2.00pm	Departure				

**Please note this is a guide and subject to change based on nominations received and conditions on the day. Some age groups may be combined for age champions, depending on nominations in each age group.*

Check In Check-in via QR code from 8:30am. QR codes will be on posters in various locations at the venue. They are split into alphabetical order via surname A-G, H-M, N-S, T-Z. Once you find the correct poster:

1. Scan the code
2. Mark your children as here by checking the box
3. Write there competitor number on their arm as they need this number to compete.
4. Then click submit on the form when all done.

No media consent: Please collect fluoro wrist band from check in desk if you ticked no consent to media.

Course Walk Optional, but available for all that wish to do so

Food Snacks and drink will be available from the canteen throughout the day, along with a Coffee van onsite.

First Aid First Aid will be on site. Families to bring their own Asthma puffers, Epi-Pen if required.

Toilets Toilets at the venue will be open to all attendees.

Parking See map for details on parking

- What to Bring**
- Hat
 - Sunscreen (will be available on the day)
 - Water bottle
 - Medication/inhaler (if required)
 - Running shoes – closed in shoes must be worn. (No spikes or barefoot allowed)
 - House coloured shirt
 - A positive attitude

Shade Families BYO

Divisions Student age groups are determined as at 31/12/2026.



Tug of War Schedule		
Start Time	Age	Gender
Event 4	9-10 yrs	Boys/Girls
Event 6	7-8 yrs	Boys/Girls
Event 10	5-6 yrs	Boys/Girls
Event 14	13-14 yrs	Boys/Girls
Event 16	11-12 yrs	Boys/Girls
Event 22	15+	Boys/Girls