



MORNING CHAT WITH FHS SCHOOL COUNSELORS

March 2026

FHS SCHOOL COUNSELORS



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SCHEDULE UPDATE

- > Ethnic Studies will no longer be offered in 26-27 due to funding
- > What we are doing to support your student schedule:
 - If you requested ethnic studies we replaced it with a back up choice
 - If you asked for 7 classes with ethnic studies, we also replaced your 7th class request with a back up choice
- > Double check your course verification form and submit your final course request by this Friday 3pm
- > If all looks great submit with no changes

IMPORTANT DATES

- > Summer Email: important documents (bell schedule, important first day of school information, ASB order forms, bus applications)
- > Firebird Fiesta (Freshman Orientation)-**Monday, August 10th**
 - Students receive their school schedule (schedule changes will be limited)
 - School Tour by current students, lunch is provided
- > Freshman Parent Orientation Meeting-**Monday, August 10th at 6pm**
- > First Day of School- **Monday, August 17th**



High Levels of Achievement

We are proud to be a high performing high school. We credit this to our emphasis on excellence and equity, the collaborative process, targeted supports for students and our belief in the critical importance of continuous improvement.

[BELL SCHEDULES](#)[CALENDAR](#)[DIRECTORY](#)[MAP & DIRECTIONS](#)[ATHLETICS](#)[PARENT RESOURCES](#)

Fall Sports

- Cross Country
- Field Hockey
- Football
- Girls Tennis
- Girls Volleyball
- Boys Water Polo
- Girls Water Polo

SCHEDULE

- > 6 classes are guaranteed and is a full schedule
- > We will try our best to create a schedule that does not have an open period during the middle of the day.
 - Ex: Periods 1-6 or Periods 2-7

Weekly Bell Schedule - 2024-2025

Monday Blocks 1-7				Tuesday A				Wednesday B				Thursday A				Friday B			
1	8:30	9:15	45	1	8:30	10:00	90	Collaboration (No Students)	7:35	8:25	50	1	8:30	10:00	90	Collaboration (No Students)	7:35	8:25	50
2	9:20	10:05	45	2	10:05	11:35	90	4	8:30	10:05	95	2	10:05	11:35	90	4	8:30	10:05	95
Tutorial	10:10	10:35	25	Brunch	11:35	11:50	15	Tutorial	10:10	10:50	40	Brunch	11:35	11:50	15	Tutorial	10:10	10:50	40
3	10:40	11:25	45	3	12:00	1:30	90	Brunch	10:50	11:05	15	3	12:00	1:30	90	Brunch	10:50	11:05	15
Brunch	11:25	11:40	15	Lunch	1:30	2:10	40	5	11:15	12:45	90	Lunch	1:30	2:10	40	5	11:15	12:45	90
4	11:50	12:35	45	7	2:20	3:50	90	Lunch	12:45	1:25	40	7	2:20	3:50	90	Lunch	12:45	1:25	40
5	12:40	1:25	45					6	1:35	3:05	90					6	1:35	3:05	90
Lunch	1:25	2:05	40																
6	2:15	3:00	45																
7	3:05	3:50	45																

SUPPORT AND SERVICES FOR 9TH GRADE FAMILIES

Fall Family Counseling night

Spring Family Counseling night

Freshman classroom presentations:

- Fall (two presentations):** School Support, Four year plan, Grad and College requirements, career clusters, post-secondary options, academic support, wellness resources on campus, building community/involvement
- Spring :** Course selection info and one-on-ones (balance)



THANKS!
Any questions?