

CE&Rec

Community Education & Recreation

Activity Guide

Summer 2026

W152 N8645 Margaret Rd. Menomonee Falls, WI 53051 | (262) 255-8460 | fallsrec.org

**Online
Registration
OPENS**
Sunday, April 12
at 9:00 PM



Hi!

WELCOME



FALLS SUMMER ACADEMY



Must Register by Thurs, May 14

SESSION I

June 22–July 2
(9 days)

SESSION II

July 6–July 17
(10 days)



Supportive Programs, Fun Challenging Enrichment Classes



Credit Recovery and Sports & Fitness

MOST CLASSES ARE FREE!

Grades

4K–2

Ben Franklin

Grades

3–5

Riverside

Grades

6–8

North Middle

Grades

9–12

High School

See page 25

Menomonee Falls Community Education & Recreation Department

Offices are located in the
Menomonee Falls Community Center
W152 N8645 Margaret Road
Menomonee Falls, WI 53051
www.fallsrec.org

Office Hours

Monday–Friday 8:00 AM–4:30 PM

Phone (262) 255-8460

Fax (262) 255-8411

**Office will be closed April 3, May 25
and July 3.**

CE & Rec Department Staff

- Jason Husslein, Director
- Dan Zeroth, Recreation Supervisor
- Candice Southcott, Recreation Supervisor
- Lori Oertel, Older Adult & Volunteer Supervisor
- Jacque Mohar, Aquatics & Adult Fitness Supervisor
- Julie Hardy, Administrative Assistant
- Rachel Johnson, Administrative Assistant
- Jackie D'Angelo, Administrative Assistant

Our Expansion is Complete!

We are thrilled to announce that the long-awaited expansion of the Menomonee Falls Community Center is finished and ready for you to enjoy. This project has been a labor of love, designed to give our community more room to move, play, and connect. You will now have access to brand-new facilities designed for all ages, which includes a new larger dedicated fitness space, a multi-purpose room, full-size gym, secured entrance for the new Quest space, and indoor walking Mondays, Wednesdays and Fridays from 8:00-10:00 AM.

Thank you for your patience during construction, we can't wait for you to come check us out and see our upgrades for yourself!



FIT in the
PARKS
Menomonee Falls, Wisconsin

See page 34



WHEN TO REGISTER

RESIDENT online registration begins

Sunday, April 12, 9:00 PM

Drop Box, Mail or in Person

Monday, April 13

NON-RESIDENT online registration begins

Thurs, April 16, 9:00 PM



4 Easy Ways to Register



★ Online *Best chance to get into the class that you want.*

Go to www.fallsrec.org and sign in to your account. If you do not have an account, select "Create an account". You must create an account for an adult first, then add any children.

Mail

Complete the registration form at the back of the guide and mail it to:
CE & Rec Dept. W152 N8645 Margaret Rd., Menomonee Falls, WI 53051

After Hours Outdoor Drop Box

Outdoor drop box located next to the front entrance of the Community Center.

In Person 8:00 AM–4:30 PM

Stop in our office with a completed registration form, or blank forms are available in our office.



WE'RE HIRING FOR SUMMER!



DEVELOP SKILLS, BUILD CONFIDENCE, AND GAIN VALUABLE WORK EXPERIENCE WITH THE CE & REC

- Lifeguard
- Swim Instructor
- Softball Officials
- Youth Soccer & Baseball staff
- Tennis Staff
- School Year Kids INC Leader



Details and application at wecan.waspa.org/employer/vacancy

Summer 2026

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Questions?

Call us, we are happy to help.
(262) 255-8460



Inclement Weather Cancellations

If Menomonee Falls Schools are closed due to inclement weather, all CE & Rec programs will also be cancelled.

For information regarding class cancellations due to bad weather, call (262) 255-8376 or check our Facebook page @fallsrec.

The School District of Menomonee Falls does not discriminate in employment, program opportunities, or delivery of services. WI Statute 118.13

For detailed class descriptions, visit fallsrec.org |



AQUATICS & OPEN SWIM

Important Policies

Pool rules are enforced by the lifeguards. Follow all instructions by lifeguards. Lifeguards have the authority to make discretionary rules to maintain safety and prevent injury. Safe, appropriate behavior is expected by all swimmers and spectators. Anyone creating an unsafe environment will lose the privilege of swimming for a period specified by the CE & Rec Staff.

Supervision: Children up to age 10 must be accompanied by an Adult (18+) at all times. Children 11+ are allowed at the pool unaccompanied. Children 6 years or younger must have an adult in the water with them and within arm's reach.

Locker Room: Do not leave anything unattended in the locker rooms. A lock is recommended if utilizing the lockers. We are not responsible for any lost or stolen items. Children 5 years or older must use the gender appropriate locker room. Locker rooms open 15 minutes before programs begin and close 15 minutes after last program of the day.

Pool Toys: Pool Toys from home must be approved by the lifeguard. **No inflatable toys or swim aids allowed.** Pool toys, swim aids, and life jackets are provided but may not be available if classes are going on.

Special Rules: All activities involving prolonged breath-holding are prohibited.

Parking: Garfield Drive offers public parking, but availability may be limited due to events in Village Park across the street. We recommend arriving early to secure a parking spot.

North Pool Facts ...

Pool size is 25 Yards / 6 Lanes
Depth ranges from 3-1/2 to 12 feet
1 mile = 72 lengths or 36 laps
Average temperature is 84 degrees

All Swim Programs Held at North Middle School Pool

N88 W16750 Garfield Drive, Menomonee Falls



No Open/Lap Swim May 22-25, June 8 & 10, July 3-4, July 24; Closed 12 pm on Aug 8

Open Swim Fees

A swim pass entitles the owner admission to Open and/or Lap Swim. Passes can be purchased at the CE & Rec Office or the pool. Cash or check accepted at the pool, no cards. **Please bring exact change.**

Summer Pass: Valid June 15–Aug 14*

	Per Use Fee	Res. Swim Pass	Non-Res. Swim Pass
Adult (18+)	\$4	\$62	\$74
Child (4–17)	\$3	\$47	\$56
Family	N/A	\$99	\$119
Senior 55+	\$3	\$52	\$62

Punch Cards

Entitles the owner 12 admissions to Open and/or Lap Swim. Punch cards can be purchased at the CE & Rec Office or the pool. Cards are non-transferrable.

	Resident	Non-Res.
Adult	\$38	\$45
Senior 55+	\$31	\$39

Adult Lap Swim & Water Walking

Designed for all kinds of aquatic fitness! Lap lanes are available for swimming and walking. Sharing lap lanes is expected during high volume times. The deep end of the pool is available for treading water and deep water jogging. A shallow area is also available for stretching and resistance training. Equipment is available upon request.

Summer: June 15–Aug 15*

Mon–Sat	8:00–9:00 AM and 9:00 AM–2:45 PM*
Mon, Wed	4:00–5:00 PM and 5:00–7:00 PM*
Tues, Thurs	4:00–6:45 PM*

* Denotes additional programming also in the pool



Open Swim

This designated time is for families and friends to enjoy the pool. Life jackets, swim toys, and swim equipment is available.

Summer: June 15–Aug 15*

Mon–Fri	12:00–2:45 PM*
Tue & Thu	5:00–6:45 PM
Sat	12:00–2:45 PM

*Denotes there may be limited space for open swim when there are scheduled groups.



American Red Cross Aquatic Program Level Guidelines



If your child is age 6 or older and has NOT participated in swim lessons through Menomonee Falls CE & Rec previously, they must be tested before enrolling in class. Swim assessments are available by appointment only. Please call the CE & Rec office to schedule a day and time for a swim assessment.



A parent/guardian of swim lesson children 10 years of age or younger must stay in the pool bleachers or pool area while your child is in swim lessons.

For more information contact the CE & Rec office at (262) 255-8460. Detailed class descriptions can be found online at fallsrec.org.

PARENT & CHILD SWIM LEVELS: For parents and infants or toddlers ready to explore the water in a safe and fun way.		
LEVEL	REQUIREMENTS	DESCRIPTION
Parent/Child 1 Tadpole 6 mo–3 yrs	An adult must accompany each child in the water. A swim diaper covered by a tight-fitting swimming suit are required.	This class offers a comfortable environment for parents and children to explore water through games and songs.
Parent/Child 2 Frog 12 mo–3 yrs	An adult must accompany each child in the water. A swim diaper covered by a tight-fitting swimming suit are required.	Building on skills introduced in P/C Level 1, this class is intended for those toddlers that are comfortable in the water.
PRESCHOOL SWIM LEVELS: For children ages 3–5 years who are ready to be in a class independent of mom or dad.		
Preschool 1 Turtle 3–5 years	Child must be able to be in class without an adult. For the beginning swimmer or fearful child.	This is the beginning swim lesson level for preschool children new to swim lessons or who are fearful of the water. The focus of this class is to help children become comfortable in the water and working with an instructor.
Preschool 2 Narwhal 3–5 years	Child must have passed our Preschool Level 1 class or perform skills at that level.	Children starting at this level must be able to submerge on their own (face and head underwater), comfortably float on their back with assistance, and scoop on front with assistance. The focus of this class is to help children gain confidence in the water.
Preschool 3 Dolphin 4–5 years	Child must have passed our Preschool Level 2 class or perform skills at that level.	Children starting at this level must be able to independently perform front and back floats, front and back glides, kick on back, and scoop and kick on front. The focus of this class is to help children continue to grow in their swimming skills in the water, along with improve their independence and endurance.
LEARN-TO-SWIM LEVELS: For children ages 6–13 years.		
Level 1 6–13 years	For the beginning swimmer or fearful child.	This is the beginning swim lesson level for school-age children new to swim lessons or who are fearful of the water. The focus of this class is to help children become comfortable in the water.
Level 2 6–13 years	Child must have passed our previous Level 1 class or perform skills at that level.	Children starting at this level must be able to submerge on their own (face and head underwater), comfortably float on their back with assistance, and scoop on front with assistance. The focus of this class is to help children gain confidence in the water and learn to perform specific skills independently.
Level 3 6–13 years	Child must have passed our previous Level 2 class or perform skills at that level.	Children starting at this level must be able to independently perform front and back floats, glides, kick on back, and scoop and kick on front. The focus of this class is to help children continue to grow in their swimming skills, along with improve overall endurance to swim 25 yards.
Level 4 7–13 years	Child must have passed our previous Level 3 class or perform skills at that level.	Children starting at this level must be able to easily swim on their front and back the length of the pool for 25 yards, be comfortable treading and floating in deep water, perform basic front crawl stroke, elementary backstroke, and breaststroke kick all for 25 yards. The focus of this class is to help children continue to improve overall endurance (50 yards) and more advanced strokes.
Level 5 7–13 years	Child must have passed our previous Level 4 class or perform skills at that level.	Children starting at this level must be able to easily swim continuously for 50 yards, swim front crawl, elementary backstroke, and breaststroke. The focus of this class is to help children continue to improve overall endurance (50 yards or more) and more advanced strokes.



SWIM LESSONS

Registration date for each session is listed in the chart below.

American Red Cross Daily Swim Lessons

8 Weeks | Ages 6 months–13 years

Classes are held Monday through Thursday. If classes need to be cancelled during the week due to lightning, inclement weather, or accident or incident, make-up classes will be held on Friday of that week.

 A parent/guardian of swim lesson children 10 years or younger must stay in the pool bleachers or pool area while your child is in swim lessons.

Fee: \$65 Resident, \$78 NR								Fee: \$72 Resident, \$86 NR		
Level	P/C 1 Tadpole	P/C 2 Frog	PS 1 Turtle	PS 2 Narwahl	PS3 Dolphin	Level 1	Level 2	Level 3	Level 4	Level 5
Ages	6mo–3yrs w/adult	12mo–3yrs w/adult	3–5 yrs	3–5 yrs	4–5 yrs	6–13 yrs	6–13 yrs	6–13 yrs	7–13 yrs	7–13 yrs
SESSION I										
June 15–June 25										
<i>Registration opens May 10</i>										
9:00–9:30 AM			33722			33725				
9:00–9:40 AM									33729	
9:35–10:05 AM				33723			33727			
9:45–10:25 AM								33728		
10:10–10:40 AM					33724	33726				
SESSION II										
July 6–July 16										
<i>Registration opens June 14</i>										
9:00–9:30 AM			33730				33734			
9:00–9:40 AM								33736		
9:35–10:05 AM				33731		33733				
9:45–10:25 AM									33737	
10:10–10:40 AM					33732		33735			
SESSION III										
July 20–July 30										
<i>Registration opens July 5</i>										
9:00–9:30 AM			33738			33741				
9:00–9:40 AM									33745	
9:35–10:05 AM				33739			33743			
9:45–10:25 AM								33744		
10:10–10:40 AM					33740	33742				
SESSION IV										
Aug 3–Aug 13										
<i>Registration opens July 19</i>										
9:00–9:30 AM			33746				33750			
9:00–9:40 AM								33752		
9:35–10:05 AM				33747		33749				
9:45–10:25 AM									33753	
10:10–10:40 AM					33748		33751			



American Red Cross Weekly Swim Lessons

8 Weeks | Ages 6 months–13 years

- You must wait until your child has completed their current swim level before registering for the next level.
- A \$10 fee will be charged for any transfers or cancellations.
- For more Aquatics Program Information contact the CE & Rec office (262) 255-8460.



Online resident registration for
Summer Weekly Lessons opens
May 10 at 9:00 PM

 A parent/guardian of swim lesson children 10 years or younger must stay in the pool bleachers or pool area while your child is in swim lessons.

Fee: \$65 Resident, \$78 NR								Fee: \$72 Resident, \$86 NR		
Level	P/C 1 Tadpole	P/C 2 Frog	PS 1 Turtle	PS 2 Narwahl	PS3 Dolphin	Level 1	Level 2	Level 3	Level 4	Level 5
Ages	6mo–3yrs w/adult	12mo–3yrs w/adult	3–5 yrs	3–5 yrs	4–5 yrs	6–13 yrs	6–13 yrs	6–13 yrs	7–13 yrs	7–13 yrs
Mondays June 15–Aug 3										
5:00–5:30					33770					
5:00–5:40									33793	
5:35–6:05	33754									
5:45–6:25								33789		
6:10–6:40				33764						
6:30–7:00							33782			
6:45–7:15			33758							
7:05–7:35						33775				
Tuesdays June 16–Aug 4										
4:30–5:00			33759			33776				
4:30–5:10								33790		
5:05–5:35				33765			33783			
5:15–5:55									33794	
5:40–6:10					33771	33777				
6:15–6:45			33760				33784			
Wednesdays June 17–Aug 5										
5:00–5:30 PM		33756					33785			
5:00–5:40 PM										33798
5:35–6:05 PM					33772	33778				
5:45–6:25 PM									33795	
6:10–6:40 PM			33761				33786			
6:30–7:10 PM								33791		
6:45–7:15 PM				33766		33779				
Thursdays June 18–Aug 6										
4:30–5:00 PM					33773	33780				
5:05–5:35 PM				33767			33787			
5:40–6:10 PM			33762							
5:40–6:20 PM									33796	
6:15–6:45 PM				33768						
Saturday June 20–Aug 15 no class 7/4										
9:00–9:30 AM	33755					33781				
9:35–10:05 AM		33757					33788			
10:10–10:40 AM			33763							
10:10–10:50 AM								33792		
10:45–11:15 AM				33769						
10:55–11:35 AM									33797	
11:20–11:50 AM					33774					



AQUATICS PROGRAMS

Adult Beginner Swim Lessons

Ages 14+

Are you ready to take the first step toward learning to swim? This class is geared toward individuals who may have a fear or hesitation of the water and have little to no swimming skills. You will work toward your own personal goals while working on water adjustment, gaining confidence, floating, basic swimming skills, and basic personal safety skills for in and around the water.

Mon, 5:30 PM, 40m
6/15–8/3 Class #33633

Mon, 6:15 PM, 40m
6/15–8/3 Class #33634
North Middle School Pool
Aquatic Staff
R \$72 NR \$86 8 classes

Adult Intermediate Swim Lessons

Ages 14+

Participants must be able to swim on front and back at least one full length of the pool without fear or hesitation. The instructor will work with participants on improving swimming strokes, treading, and basic water safety skills. Participants will work toward personal goals at their own pace.

Mon, 7:00 PM, 40m
6/15–8/3 Class #33635

North Middle School Pool
Aquatic Staff
R \$72 NR \$86 8 classes

NOW HIRING

LIFEGUARDS SWIM INSTRUCTORS

Flexible Hours, No Holidays
Reimbursement for training fees
for eligible SDMF CE & Rec staff

Details at:
<https://tinyurl.com/4r8bwdh4>

Junior Lifeguard Class

Ages 11–14

This class will focus on building swimming strength & endurance, lifesaving skills, teamwork, decision-making skills, and having fun. It is an effective transition from upper-level swimming lessons. Participants must have passed the CE & Rec Dept swim level 4 (or be able to swim 50 yards of front crawl, back crawl, and breast stroke) to enroll in this course. This class does not certify participants.

Mon–Thu, 9:00 AM, 3h
6/29–7/2 Class #33830

North Middle School Pool
Aquatic Staff
R \$95 NR \$115 4 classes

Lifeguard Class—Blended

ONLINE & IN-PERSON

Ages 15+

The 7 hour online class must be completed prior to the onsite training. Lifeguard training provides entry-level participants the knowledge and skills to prevent, recognize, and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries, and sudden illness. The online link will be sent to participants 7–8 days prior to the first date of class. Certification is NOT guaranteed. Participants who successfully complete the course will receive a certificate for Lifeguarding/First Aid/ CPR/AED valid for two years. Successful participants will be eligible for employment within the CE & Rec Aquatics Department.

Sun, 8/2 1:00 PM, 2h30m
Wed, 8/5 8:00 AM, 8h30m
Thu, 8/6 8:00 AM, 8h30m
Fri, 8/7 8:00 AM, 8h30m
4 classes Class #33636

North Middle School Pool
Aquatic Staff
R \$250 NR \$300

IT'S NEVER TOO LATE TO LEARN

Water Safety Instructor (WSI) Blended



ONLINE & IN-PERSON

Must be 15+ by last day of course to enroll

This blended learning course trains candidates to teach swim courses and presentations by developing their understanding of how to use the course materials, how to conduct training sessions, teach swimming lessons to all ages, and how to evaluate participant's progress. To enroll, the candidate must be at least 15+ years of age by the last date of the course and successfully complete the pre-course swim evaluation (conducted the first date of the course). The online learning link will be emailed to registered participants 8–10 days before the first date of the in-person class. The online modules and exam must be completed before the first date of the in-person class.

Wed–Sat, 11:30 AM, 6h
8/12–8/15 Class #33632
North Middle School Pool
Aquatic Staff
R \$250 NR \$300 4 classes





Summer Kids INC

Grades 4K-5 | June 15-Aug 21



**Summer Kids INC Registration
Opened March 15**

Check fallsrec.org for availability.

4K Wrap Around

Grades 4K | Sept 3-June 8

First, complete Annual Registration of \$60 (below) which is required before you may register for individual dates.

Daily Fee \$37

4K Wrap Around Ben Franklin

Course #32670

4K Wrap Around Shady Lane

Course #32671 **FULL** (add yourself to the wait list)

School Year Kids INC

Grades 4K-5 | Sept 2-June 8 (4K starts Sept 3)



**School Year Kids INC Registration
Opens May 3 at 9:00 PM**

No program Nov 26-27, Dec 24-25, Dec 31, Jan 1, Mar 26, May 31, June 9

Dates subject to change. Spring break will depend on staffing availability.

Kids INC provides a safe and fun environment for children to receive before and after elementary school care. Activities include homework time, group sports and activities, arts and crafts, games, special events and more. Field trips are planned throughout the year, and most admission fees are included in the daily fee.

- Students must use the program at least two days per week, or 8 days per month.
- A \$5 late fee, per option, will be applied if daily registration is not completed by the weekly Wednesday due date. \$10 late fee for same day registration.

Annual Registration Fee is \$38

- Visit www.fallsrec.org.
- Sign in, or create a new account if needed.
- Search by entering the name of the school your child attends. For 4K Wrap Around, search "4K".
- Complete the registration and check out.
- To register for individual dates, sign back into the registration site and begin registering.

Ben Franklin

Course #33128

Riverside

Course #33129 (Held at Ben Franklin)

Shady Lane

Course #33130

Valley View

Course #33131 (Held at Shady Lane)



Kids INC Daily Fees		
Before School Care	6:30-8:45 AM	\$13.50
After School (S)	3:45 PM-6:00 PM	\$14.50 (M, Tu, Th, F)
	2:30 PM-6:00 PM	\$15.50 (W)
*Full Day (L, S) No-school days only	6:30 AM-6:00 PM	\$47.00

(S) Includes snack. Student can bring an additional snack. No peanut products please.

(L) Student must provide own lunch.

NOTE: There is no access to cooling or heating appliances.

The Kids INC program is inclusive to students with differing abilities. If your child has special needs, please make sure to provide all pertinent information on the enrollment form. The staff will make every effort to provide a fun and safe experience for all. However, due to the nature of the program, staff cannot provide one-on-one support or individual care to a child. Students need to be potty trained and independent in the bathroom.



YOUTH ACTIVITIES & SPORTS

Oodles of Art

Ages 1½–4½ w/adult

An age appropriate and hands-on art class for toddlers and preschoolers. Through sculpting, drawing, painting, songs, tactile time, story time and movement activities, your young child's imagination will soar. There will be a new theme each week. All supplies provided. Please bring a smock for your child. Parent or caregiver participation required, other arrangements should be made for siblings.

Thu, 9:30 AM, 1h
5/14–5/28 Class #33192
Firemen's Park in Old Fire Station
R \$32 NR \$35 3 classes

Miss Julie's Babies Music Fun

Babies up to 18 mo. w/adult

Come to a nurturing class for you and your baby as you learn a new lullaby, sing and move with your infant, teach rhythm by bouncing gently, play peek-a-boo with scarves, and connect with other parents. Pregnant mothers do not have to register for this program they are welcome to come and participate.

Sat, 11:20 AM, 30m
6/13 Class #33212
7/11 Class #33213
Firemen's Park in Old Fire Station
Julie Thompson
R \$10 NR \$13 1 class

Miss Julie's Family Music Fun

Ages 1–5 w/adult

Join us as we share music, movement, finger plays, stories, rhythm, rhyme and more. Your child will build their social skills as they participate in this interactive class. Parents, Grandparents, Nannies, Aunts bring your wee ones and we will have a blast.

Sat, 10:30 AM, 45m
6/13 Class #33210
7/11 Class #33211
Firemen's Park in Old Fire Station
Julie Thompson
R \$14 NR \$17 1 class

Miss Julie's Music Fun

Ages 1–5 w/adult

Through participation in music and learning to keep the beat, your child will enhance their enjoyment and understanding of music. We will explore movement, fingerplays, rhythm, and more. Please register your child only.

Tue, 10:00 AM, 45m
6/9–6/23 Class #33203
6/30–7/14 Class #33204
7/21–8/4 Class #33205
Kinderberg Park Shelter
Julie Thompson
R \$36 NR \$46 3 classes

Zoo Day Music Party

Ages 1–5 w/adult

Get ready for a wild time! This fun, music filled party features songs that help children learn about and celebrate animals. Explore the zoo with us through games and create an animal craft to take home.

Wed, 5:30 PM, 1h
5/6 Class #33206
Thu, 10:30 AM, 1h
5/7 Class #33207
Firemen's Park in Old Fire Station
Julie Thompson
R \$18 NR \$21 1 class

Wild West Music Party

Ages 1–5 w/adult

Saddle up little cowboys and cowgirls! This Wild West music party features fun, easy songs, playful Western games, and a simple craft to make and take home.

Wed, 5:30 PM, 1h
6/3 Class #33208
Thu, 10:30 AM, 1h
6/4 Class #33209
Firemen's Park in Old Fire Station
Julie Thompson
R \$18 NR \$21 1 class

Parent and Tot Garden Fun

Ages 3–5 w/adult

Let your little one play in the dirt while learning the basics of gardening! Each child, with help from a parent or caregiver, will plant their own container of herbs or a vegetable to take home and watch grow over the summer. Bring gardening gloves if desired. Class will be outdoors; please dress appropriately.

Sat, 9:30 AM, 1h
5/30 Class #33107

Sat, 9:30 AM, 1h
6/6 Class #33108
Wendland Nursery
R \$26 NR \$26 1 class

Firefighters Are Your Friends

Ages 3–6 w/adult

Spend some time with your friendly firefighters! See their clothing, what they drive, and even what they eat. Parents must stay for class. Please register children only.

Wed, 6:00 PM, 1h
6/3 Class #33185
Germantown Fire Station #2
R \$10 NR \$10 1 class

Learn Not To Burn

Ages 4–7

This program will teach students the basics of fire safety and burn prevention. Stories, songs, videos, and activities are used by firefighters to introduce the children to fire-safe behavior.

Thu, 6:00 PM, 1h30m
8/6–8/13 Class #33187
Survive Alive House, G-Town
R \$17 NR \$17 2 classes



Menomonee Falls 4K & 5K Enrollment

For more information,
go to fallsschools.org/enroll



3•Year•Old

School District of Menomonee Falls
Community Education & Recreation

Preschool

Check our website at fallsrec.org for availability.

Little Explorers Age 3 and independent in the bathroom **NEW!**

Little Explorers is the perfect introduction to camp for boys and girls that will be entering preschool in the fall. Age appropriate activities including arts and crafts, music, storytime, dramatic play and games based on the weekly theme. Little Explorers will spend much of their time outside but the 3 year old preschool room will be available to use indoors when needed. Sign up for one week or for both weeks. Campers must be potty trained.

Down on the Farm **NEW!**

We will spend the week exploring life on the farm through hands-on, playful experiences. Campers will enjoy farm themed arts and crafts, songs, stories, dramatic play, and simple games that encourage movement and imagination. Campers will spend a majority of their time outdoors, enjoying fresh air while learning about animals, farms, and nature in a fun and nurturing environment.

Mon – Thurs, 9:00 AM, 2 hr
7/20 – 7/23 Class #33075
Shady Lane Lower Level
R \$125 NR \$145 4 classes

Under the Sea **NEW!**

Dive into an ocean adventure filled with discovery and creativity. Campers will explore the underwater world through age-appropriate arts and crafts, music, story time, dramatic play, and interactive games. With plenty of outdoor time, children will splash, move, and play while learning about sea life in a safe, engaging, and playful setting designed just for preschoolers.

Mon – Thur, 9:00 AM, 2 hr
8/3 – 8/6 Class #33076
Shady Lane Lower Level
R \$125 NR \$145 4 classes

Mad Science Digging Dinos & More Camp

Ages 4-10

Take a trip to the past, dig for dinosaur bones and make your very own dinosaur tooth, dinosaur fossil, stegosaurus skeleton and more! Help your fellow Jr. Scientists map out a real life-sized dinosaur! You'll also explore the world of days past, investigate the secrets of the Earth, go on a rock hunt and search for hidden treasures.

Mon-Fri, 9:00 AM, 3h
8/17-8/21 Class #33549
Community Center Rm 131
Mad Science Staff
R \$276 NR \$276 5 Classes

Brix—Junior Engineering

Ages 5-12

Using LEGO bricks, campers will become Junior Engineers as they team up to construct different LEGO projects. Kids will work together with their fellow civil engineers to build and test different bridge designs. Kids will love building a motorized vehicle and learn how to use gears, wheels and axles to reduce friction and make it work easier. They will each receive their very own Mad Science Hovercraft to take home. Please bring a lunch, snacks and water bottle as we will take a 30 minute break for lunch.

Tue, 9:00 AM, 7h
8/18 Class #33548
Community Center Rm 115
Mad Science Staff
R \$108 NR \$108 1 class

STEAM

Ages 5-12

This exciting program brings together elements of science, art and math in a hands-on, action-packed environment. Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary.

Mon-Fri, 10:30 AM, 1h30m
7/20-7/24 Class #33188
Community Center Rm 119
Afterschool Enrich. Solutions Staff
R \$147 NR \$147 5 classes

Summer Sizzler **NEW!**

Ages 7-12



An action packed day guaranteed to be fantastic fun! There will be a mix of individual, partner build and group projects to meet all students interests and

building skills. Think Robotics, Lego Engineering, Coding, Bionicles, Ninjagos and much more! Please bring a lunch, snacks and water bottle as we will take a 30 minute break for lunch. Due to allergies, we would like to keep this a peanut free zone.

Thu, 9:30 AM, 6h
8/13 Class #33118
Community Center Rm 119
Computer Explorers Staff
R \$81 NR \$103 1 class

Basic First Aid for Kids

Ages 8-13

Your child will have fun while learning the basics of what to do in case of an emergency. Bandaging, burn care, and calling 911 will be some of the topics covered. Parents are encouraged to stay during class.

Wed, 6:00 PM, 1h
6/10 Class #33186
Germantown Fire Station #2
R \$10 NR \$10 1 class



YOUTH ACTIVITIES

Safety Town

Students must be age 5 and registered for kindergarten

Safety Town will teach children to evaluate the safe from unsafe when confronted with potentially dangerous situations. Safety awareness issues, including: home, outdoors, water, animals, cars, streets, buses, gun safety, strangers, and more, are taught in indoor classroom facilities, and outdoors, where children will learn safety while riding their pedal cars through the streets of Safety Town. Field trips, songs, games, stories and art projects reinforce the lessons.

Mon–Fri, 7/20–7/31, 2h

8:00 AM Class #33054

10:30 AM Class #33055

Riverside Rm 103

Kristen Kucek & McKenzie Meyer

R \$77 NR \$92 10 classes



FALLS Family MOVIE NIGHT
AT VILLAGE PARK

Village Park
MILWAUKEE TOOL AMPHITHEATER

JUNE 18 : *Elemental*
JULY 16 : *Grease*
AUGUST 20 : *Wicked*

6 PM LIVE MUSIC, FOOD TRUCKS, BEER & WINE GARDEN & POPCORN WAGON | **SHOWTIME AT DUSK**

menomoneefallsevents@gmail.com | 262.415.7013

follow us @menomoneefallsevents

DISCOUNTED TICKETS **EVENTS**

Visit Our **WEBSITE**
menomoneefallsevents.org

Falls Kids Festival
AUGUST 8TH
11AM-5PM
VILLAGE PARK

BOUNCE HOUSES
FOOD TRUCKS
FIRE TRUCK

ROOT BEER GARDEN
STAGE PERFORMANCES
IMAGINATION MOVERS

TOTE BAG
GAMES & PRIZES

CARICATURES & FACE PAINTING
AUGUST 8TH
11AM-5PM
VILLAGE PARK

menomoneefallsevents@gmail.com | 262.415.7013

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DISCOUNTED TICKETS **EVENTS**

Visit Our **WEBSITE**
menomoneefallsevents.org



AI Adventure Camp **NEW!**

Ages 7-11

This is a hands-on camp for kids who love to figure out how things work. We explore Artificial Intelligence by building projects, testing ideas, and working in teams. We always focus on how to use AI tools safely and responsibly. We will use logic and teamwork to crack the a code in an escape room challenge; build a “teachable machine” and train it to recognize objects in the real world; create your own interactive game to play with friends; compose lyrics and mix beats to create a chart-topping song; and take creative breaks for activities outside each day for movement, fresh air, and fun games.

Mon–Thu, 9:00 AM, 3h
8/10–8/13 Class #33197
Community Center Rm 131
AI Adventure Instructors
R \$220 NR \$220 4 classes

Chess Scholars

Ages 5-12

Develop your child’s intellect through the royal game of chess! This camp is perfect for beginners as well as experienced players. Each day of camp will consist of a fun interactive teaching period, followed by guided practice time, allowing the students to play against one another while being coached by an experienced instructor. The camp session will conclude with a non-elimination tournament.

Mon–Fri, 1:00 PM, 1h30m
7/27–7/31 Class #33146
Community Center Rm 131
Afterschool Enrich. Solutions Staff
R \$147 NR \$147 5 classes

Henna Tattoo Workshop

Ages 7+

Learn how to apply your own henna tattoos. The henna used is made from the best henna plants, contains no chemicals or dyes, and is completely safe. Students will receive instruction on how to hold and apply henna with a henna cone. Designs will last 1–3 weeks. Please bring a smock or dress accordingly.

Wed, 2:00 PM, 1h
6/17 Class #33189
Mon, 1:30 PM, 1h
7/13 Class #33190
Tue, 1:30 PM, 1h
8/11 Class #33191
Survive Alive House, G-Town
Khushbu Dudhwala
R \$28 NR \$30 1 class

Healthy Habits Club **NEW!**

Ages 5-13

This class provides a fun, action packed and positive environment to promote physical, mental, and emotional health. Students will explore themes of communication, compassion for self and others, active listening, conflict resolution, gentle exercise, nutrition, mindfulness, and respect. A qualified instructor will guide participants in hands-on learning through games, movement, creative writing, problem solving exercises and journaling.

Mon–Fri, 1:00 PM, 1h30m
8/3–8/7 Class #33145
Community Center Rm 131
R \$147 NR \$147 5 classes

Babysitter Training

Ages 11-16

American Red Cross Babysitter Training provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe and help children behave, and learn about basic child care and basic first aid choking rescue. Bring a lunch & snacks, water bottle, notebook, and writing utensil, and dress in layers.

Tue, 9:00 AM, 5h30m
6/23 Class #33624
6/30 Class #33628

Thu, 9:00 AM, 5h30m
6/25 Class #33625

Sat, 9:00 AM, 5h30m
6/27 Class #33626*

Mon, 9:00 AM, 6h30m
6/29 Class #33627
7/6 Class #33629

Fri, 9:00 AM, 5h30m
7/10 Class #33630

Wed, 9:00 AM, 5h30m
7/15 Class #33631
Community Center Rm 131
North Middle School Rm 135*
Jessica Heller
R \$64 NR \$77 1 class



Chalk It Up **Ages 2-18**

Celebrate National Recreation and Parks Month with this FREE event. Participants will work individually or in small groups to create their own chalk masterpiece. Participants will receive a free one-week swim pass. Express your Picasso without spending any Monet! Please arrive at least 10 minutes early. The check-in table is located along Garfield Drive, between the pool and theater entrances. **FREE**, but registration is required, walk-ins are accepted.

Mon, 7/13 6:00 PM, 1h Class #33381
North Middle School Sidewalk



YOUTH ACTIVITIES & SPORTS

VIRTUAL

Spanish Sports & Games Summer Camp: Vamos a Ganar! (Let's Win) **NEW!**

Ages 6–11

Get ready to play, compete, and celebrate español! In this dynamic camp, kids explore the world of sports, games, and the Olympics while learning Spanish through interactive activities, songs, and teamwork. Campers will build vocabulary, practice mini conversations, and discover games and athletes from across the Spanish-speaking world—all in a fun, high-energy environment. By the end of camp, every camper will have earned their spot on Team Español with stronger language skills, new friendships, and memories that last far beyond the finish line. No sports experience required! Online portal resources and practice tools included with tuition. Zoom link sent 24–48 hours before first class.

Mon–Thu, 4:15 PM, 45m
6/15–6/18 Class #33062
Futura Language Professionals Staff
R \$75 NR \$82 4 classes

Theater Camp: Middle School—Footloose Youth

Ages 11–14 (Entering Gr. 6–8)

Summer is definitely the time to cut loose—Footloose—with all your theater besties! Join us for two wild two weeks putting together a production of Footloose–Youth Edition. Ren moves into Belmont from Chicago and learns that his passions of music and dancing are illegal. What will happen as he makes friends and enemies and shares his love of music in a town that fears it? Come join us to find out!

Tech Day: July 15, 9 AM–3 PM
Free Performances: Fri, July 17 at 11:30 AM and 7:30 PM.

Mon–Fri, 9:00 AM, 4h
7/6–7/17 Class #33322
North Middle School Auditorium
Linda Hake
R \$300 NR \$384 10 classes

Theater Camp: Elementary Shrek Kids

Ages 7–10 (Entering Gr. 2–5)

It's a big bright beautiful world when the kiddos get together to put on Shrek Kids! Students will have the time of their lives in Duloc, the ogre swamp, Lord Farquaad's castle, and everywhere in between! *Free Performances: Fri, July 31 at 11:00 AM and 4:30 pm.*

Mon–Fri, 9:00 AM, 3h
7/20–7/31 Class #33323
North Middle Auditorium
Linda Hake
R \$275 NR \$330 10 classes

Theater Camp: High School 9 to 5—Junior

Ages 14–19 (Entering Gr. 9–12)

Tumble out of bed and stumble to the theater for this high school drama camp lite with one of the BEST musicals out there: 9 to 5. Spend two weeks surrounded by theater people making theater memories just because you enjoy making theater happen.
Tech Day: Wed, June 24, 9 AM–3 PM
Performances will be on Fri, June 26 at 11:30 and 7:00 PM; and Saturday, June 27 at 2:00 PM. \$5 per person at the door, cash only.

Mon–Fri, 9:00 AM, 4h &
Sat, 11:00 AM, 5h
6/15–6/27 Class #33317
High School Auditorium
Linda Hake
R \$275 NR \$330 11 classes

Learn Magic with Glen Gerard

Ages 8+

Professional magician Glen Gerard, favorite magician of the Milwaukee Bucks, will teach you stunning magic tricks that can be performed with items found around the home. Students will learn sleight of hand, misdirection, and showmanship. Fool your friends with magic and be a hit at any event.

Wed, 10:30 AM, 1h
7/29 Class #33166
Survive Alive House, G-Town
R \$18 NR \$20 1 class

Young Rembrandts: K-Pop Anime Drawing **NEW!**

Ages 6–12

This workshop is bursting with creative star power. Kids will spend five fun-filled days learning how to draw anime characters in a K-Pop style, including specialty eyes, stylish outfits and stage-ready poses. Artists will use color pencils, Sharpies, and markers to bring every detail to life on large poster papers.

Mon–Fri, 1:00 PM, 2h
7/6–7/10 Class #33126
Ben Franklin Rm 131
Young Rembrandts Staff
R \$114 NR \$114 5 classes

Young Rembrandts: Dragons Drawing **NEW!**

Ages 6–12

In this workshop, young artists will spend five exciting days drawing bold, poster-sized dragons in every shape and personality. Using color pencils, Sharpies, markers, and pastels, kids will explore shading, texture, dramatic color effects, and all the details that make dragons come to life. It's imagination, adventure and epic artwork your artist will be proud to show off.

Mon–Fri, 1:00 PM, 2h
7/13–7/17 Class #33127
Riverside Rm 107
Young Rembrandts Staff
R \$114 NR \$114 5 classes

Country Line Dance Dojo Parent/Child

Ages 5–12 with adult

Train your mind and body to step and stomp through the honky-tonk! We will laugh, learn, and make new friends as we focus on popular line dances that are used for area events. This class is beginner friendly but intermediate dancers will learn new material as well.

Thu, 6:00 PM, 45m
6/25–7/23 Class #33219
7/30–8/27 Class #33223
Community Center Rm 132
Jason Jordan
R \$65 NR \$78 5 classes



Jr Phoenix Dance: Mini Rec

Entering Grades 5K-2

Jr. Phoenix Dance offers an exciting adventure into the world of recreation, pom and dance. This is a chance to learn a dynamic pom routine and learn fundamental dance techniques. Dancers will perform at a variety of local events to showcase their talent and hard work. Performances include Menomonee Falls Independence Day Parade and Menomonee Falls Kids Fest. The registration fee covers a team T-shirt. Parent meeting at the first class for all the exciting details!

Wed, 6:00 PM, 1h
6/17-8/19 Class #33379
Community Center Rm 132
Alexandria Grennier
R \$150 NR \$180 10 classes

Jr Phoenix Dance: Mini Competition Team

Entering Grades 2-3

This program provides experienced dancers with the opportunity to advance their skills and gain exposure to the world of competitive dance. Dancers will learn and compete in two routines, pom and jazz, and perform at multiple competitions throughout the season. Prior dance experience is strongly encouraged, as dancers with a background in dance will be most successful in this program.

Mon & Wed, 5:30 PM, 1h30
6/17-2/10 Class #33455
Riverside Gym
Alexandria Grennier
R \$430 NR \$520 56 classes

Jr Phoenix Dance: Youth Competition Team

Entering Grades 4-5

This program provides experienced dancers with the opportunity to advance their skills and gain exposure to the world of competitive dance. Dancers will learn and compete in two routines, pom and jazz, and perform at multiple competitions throughout the season. Prior dance experience is strongly encouraged, as dancers with a background in dance will be most successful in this program.

Mon & Wed, 6:00 PM, 1h30
6/17-2/10 Class #3345
Riverside Gym
Alexandria Grennier
R \$430 NR \$520 56 classes

Jr Phoenix Dance: Youth Rec

Entering Grades 3-5

An exciting adventure into the world of recreation, pom and dance. This is a chance to learn a dynamic pom routine and learn fundamental dance techniques. Dancers will perform at a variety of local events to showcase their talent and hard work including Menomonee Falls July 3 Parade and Menomonee Falls Kids Fest. The registration fee covers a team T-shirt. Parent meeting at the first class for all the exciting details!

Wed, 7:00 PM, 1h15m
6/17-8/19 Class #33380
Riverside Gym
Alexandria Grennier
R \$170 NR \$205 10 classes

Intro to Irish Dance

Ages 5-12

Chelsea Holloway, Irish Dance World Medalist and Midwest Champion, will start your child on their way to a life-long love of Irish music as they learn basic dance moves and routines. We will also play some games with an Irish dance twist, and learn some basic Gaelic phrases. At the end of the session, dancers will put on a mini performance for their parents. Please register one week before the program start date.

Sat, 9:15 AM, 30m
7/11-8/1 Class #33139
Bellator Academy of Irish Dance
R \$37 NR \$40 4 classes

Tiny Tutu Ballet

Ages 2-5

Fun and engaging introduction to ballet, young dancers will explore the fundamentals of ballet technique through imaginative movement, music, and play. Designed to spark joy and creativity, this class helps build coordination, balance, and confidence, all while having a blast! At the end of the course, dancers will have a mini showcase of their routine.

Fri, 9:00 AM, 35m
7/17-8/28 Class #33325
Community Center Rm 132
Ellie Cunningham
R \$35 NR \$42 7 classes

Tiny Tappers

Ages 2-5

In this secondary fun and engaging dance class, young dancers will focus on all of the skills mentioned for ballet, but also explore the fun of making music with your feet. At the end of the course, dancers will also have a mini showcase of their routine. All dancers are encouraged to bring water, have their hair up, wear a leotard, tights and tap shoes. Velcro, slip ons or buckets preferred.

Fri, 9:45 AM, 35m
7/17-8/28 Class #33326
Community Center Rm 132
Ellie Cunningham
R \$35 NR \$42 7 classes





YOUTH ACTIVITIES & SPORTS

Tippi Toes Dance Classes



at their own pace. All instructors are background-checked and follow a structured curriculum with ongoing training to ensure a safe, high-quality experience. All classes held at the Community Center Rm 111 by Tippi Toes Milwaukee Staff.

Baby Ballet **NEW!**

Ages 1-2

Fri, 10:10 AM, 30m
6/5-7/10 Class #33696
7/17-8/14 Class #33697
R \$90 NR \$90 5 Classes

Mommy & Me **NEW!**

Ages 1-3

Thu, 4:00 PM, 30m
6/4-7/9 Class #33686
7/16-8/13 Class #33687

Fri, 9:30 AM, 30m
6/5-7/10 Class #33694
7/17-8/14 Class #33695
R \$90 NR \$90 5 Classes



Tippi Toes® introduces young dancers to the basics of dance in a fun, positive, and nurturing environment. Non-competitive classes help children build skills, confidence, and a love of movement while progressing

Ballet, Tap & Jazz **NEW!**

Ages 3-5

Thu, 4:00 PM, 30m
6/4-7/9 Class #33688
7/16-8/13 Class #33689

Fri, 10:50 AM, 30m
6/5-7/10 Class #33698
7/17-8/14 Class #33699
R \$100 NR \$100 5 Classes

Ballet/Tap/Jazz Combo **NEW!**

Ages 5-8

Thu, 6:05 PM, 45m
6/4-7/9 Class #33690
7/16-8/13 Class #33691
R \$110 NR \$110 5 Classes

Hip Hop **NEW!**

Ages 6-9

Thu, 7:00 PM, 45m
6/4-7/9 Class #33692
7/16-8/13 Class #33693
R \$110 NR \$110 5 Classes

Hockey Learn to Skate

Ages 4-15

This class is for new skaters who have little to no skating experience with focus on developing skating abilities needed for hockey. All skaters in this class must have the following equipment to participate: helmet, shin pads, and gloves. Skate rental is available at no additional charge. Skaters can wear full hockey equipment if they prefer.

Mon, 5:30 PM, 30m
7/13-8/10 Class #33662
Eble Ice Arena
Eble Staff
R \$75 NR \$75 4 classes

Learn To Skate

Ages 4-17

Your child will develop confidence on the ice by learning forward and backward skating, turns, stops, falling, and recovery. A jacket, hat, and gloves are necessary, and bicycle or hockey-style helmets are required. Skate rental is included in the fee. Call Eble Ice Arena at (262) 784-7512 for more information.

Ages 4-6
Mon, 5:00 PM, 30m
7/13-8/10 Class #33660

Ages 7-Adult
Tue, 5:30 PM, 30m
7/14-8/4 Class #33661
Eble Ice Arena
R \$75 NR \$75 5 classes



Details at fallsoptimistclub.org

Kids Fishing Derby

FREE! Catch & Release Contest
Saturday, May 9

Mill Pond Park in Menomonee Falls (Main St. between Water & Grand)
Registration 9-10 AM | Fishing Contest 10-Noon

Bring your own fishing equipment. A limited supply of bait will be provided.
Open to all boys and girls ages 3-16 who attend Menomonee Falls Schools or are residents. Children under 11 must be accompanied by an adult. 16 year olds must have a license. Trophies awarded to boys and girls in five age divisions.



SPARK SUMMER FUN AT CAMP INVENTION

Led by qualified local educators, Camp Invention® is a fun-filled summer adventure designed to ignite your child's imagination and boost their confidence! Explore this year's all-new program where campers team up with friends to tackle fun, hands-on STEM challenges and bring their big ideas to life!

SAVE \$30
GIFT \$30

SAVE \$25
FUN \$25

SAVE \$20
FUN \$20

SAVE \$30
SIBLOVE \$30

SAVE \$40
SIBLOVE \$40

SECURE YOUR SPOT TODAY!

Program: Illuminate
Grades: Rising K - 6th
Campers are grouped by grade
Location: Shady Lane Elementary School
W172 N8959 Shady Lane, Menomonee Falls, WI 53051 **Date**
& Time: July 20 - 24, 2026 | 9:00 AM to 3:30 PM
Cost: \$300 (before discount)
Payment Plans Available up until 5/21/2026
Before and After Care Available: 8:00 AM to 4:30 PM | Additional \$100
Camp Director: Christina Hettinger | hettchr@sdmfschools.org

Program: All-New SPARK
Grades: Rising K - 6th
Campers are grouped by grade
Location: Shady Lane Elementary School
W172 N8959 Shady Lane, Menomonee Falls, WI 53051 **Date**
& Time: August 3 - 7, 2026 | 9:00 AM to 3:30 PM
Cost: \$300 (before discount)
Payment Plans Available up until 6/4/2026
Before and After Care Available: 8:00 AM to 4:30 PM | Additional \$100
Camp Director: Christina Hettinger | hettchr@sdmfschools.org

REGISTER HERE!

REGISTER HERE!

If these dates/times don't work for you, please visit invent.org/cisave for other locations near you.

Camp Invention is a nonprofit program of the National Inventors Hall of Fame.

Now Hiring!



School Nutrition Employees

Kitchen Assistant
Floater
(flexible days/schools)

- ✓ No Nights
- ✓ No Weekends
- ✓ Summers Off
- ✓ Home in time to get your students on/off the bus
- ✓ Amazing teammates
- ✓ Three paid holidays, sick and PTO time
- ✓ An opportunity to impact student's lives
- ✓ Advancement opportunity

INTERESTED? Scan the QR code for details:



Milwaukee Bucks Summer Youth Basketball Camp

Boys & Girls ages 7-14

Milwaukee Bucks Summer Camps offer a fun, team-oriented environment. These camps include instruction on ball handling, passing, shooting, and offensive concepts with 5 on 5 scrimmages. Bucks camp coaches are selected for their basketball knowledge and ability to teach kids of all ages and skill levels. Each Summer Camp participant will receive a jersey, basketball, and a ticket to a future 2026-2027 Milwaukee Bucks home game!

Register at Bucks.com/Youthbasketball

Mon-Fri, 9:00 AM, 6h*

8/3-8/7 Class #33026

*Fri, 8/7 class will end at 1:00 PM

North Middle School Gym

R \$325 NR \$325 5 classes



YOUTH ACTIVITIES & SPORTS



Skyhawks programming focuses on teaching fundamental athletic skills in a structured and positive environment. Campers develop skills on both offense and defense, including core components such as passing, catching, movement, and teamwork. Instruction emphasizes skill progression, participation, and confidence building. The week concludes with a culminating game or showcase that allows participants to apply what they have learned. Campers should bring two snacks and plenty of water each day. All classes taught by Skyhawks Sports Staff.

Super Tots Sampler

Ages 2-3, 5:30 PM Class #33646
Ages 3-4, 6:10 PM Class #33647
 Mon, 6/15-7/6, 30m
 Oakwood Park Soccer North
 R \$62 NR \$75 4 Classes

Mini Hawk Camp

Ages 4-6
 Mon-Thu, 9:00 AM, 3h
 7/13-7/16 Class #33650
 Oakwood Park Soccer North
 R \$139 NR \$167 4 Classes

Beginning Golf Camp

Ages 4-7
 Mon-Thu, 1:00 PM, 3h
 7/27-7/30 Class #33653
 Oakwood Park Soccer North
 R \$125 NR \$167 4 Classes

Tball/Baseball Camp

Ages 6-11
 Mon-Thu, 9:00 AM, 3h
 7/27-7/30 Class #33652
 Oakwood Park Softball West
 R \$139 NR \$167 4 Classes

Basketball Camp

Ages 6-12
 Mon-Thu, 9:00 AM, 3h
 6/29-7/2 Class #33648
 Community Center Gym
 R \$139 NR \$167 4 Classes

Flag Football Camp

Ages 4-10
 8/17-8/20 Class #33655
Ages 7-12
 Mon-Thu, 1:00 PM, 3h
 6/29-7/2 Class #33649
 Oakwood Park Soccer North
 R \$139 NR \$167 4 Classes

Multi Sport Camp

Ages 7-12
 Mon-Thu, 1:00 PM, 3h
 7/13-7/16 Class #33651
 Oakwood Park Soccer North
 R \$139 NR \$167 4 Classes

Track & Field Camp

Ages 6-12
 Mon-Thu, 9:00 AM, 3h
 8/17-8/20 Class #33654
 North Middle Football Field - Lower
 R \$139 NR \$167 4 Classes

Recreational Tree Climbing

Ages 7-Adult

Join us for fun, fitness, and adventure! Peaceful and invigorating, recreational tree climbing allows climbers to safely explore trees while gaining a new appreciation for nature and their parks. All gear and instruction is provided. Participants should wear long pants and sturdy shoes and bring a sense of adventure. Park entrance is NOT included with registration. Parents must sign a participation waiver at the class. You will receive a pre-climb email with a map and directions.

Thu, 7/2, 2h
 9:30 AM Class #32984
 12:00 PM Class #32985
 Tue, 8/4
 9:30 AM Class #32986
 12:00 PM Class #32987

Menomonee Park
 Treetop Explorers LLC
 R \$51 NR \$61 1 class

Pickleball Summer Camp:

Ages 6-14

Give your kids the perfect mix of learning, movement, and fun this summer with our 2 week Pickleball Summer Camp! Designed for multiple age groups and skill levels, this camp focuses on skill development, confidence, and competitive play—all in a positive, high-energy environment.

Mon, Wed & Fri, 9:00 AM, 1h30m
 Ages 6-10
 6/29-7/10 Class #33710
 7/13-7/24 Class #33711
 8/10-8/21 Class #33712

Mon, Wed & Fri, 11:00 AM, 1h30m
 Ages 11-14
 6/29-7/10 Class #33713
 7/13-7/24 Class #33714
 8/10-8/21 Class #33715
 Pickleball Kingdom
 R \$150 NR \$150 6 Classes

Pickleball Competitive Bonus Days

Ages 14-18

These days are an optional bonus for players who want more action. Players will participate in: organized competitive play, ladder leagues and/or round robin formats, match play against peers in a structured environment and opportunities to challenge themselves and track improvement. Perfect for players who love competition and want to test their skills against others.

Tue & Thu, 10:00 AM, 2h
 6/30-7/9 Class #33716
 7/14-7/23 Class #33717
 8/11-8/20 Class #33718
 Pickleball Kingdom
 R \$120 NR \$120 4 Classes

Inclement Weather Cancellations



For information regarding class cancellations due to bad weather, call (262) 255-8376 or check our Facebook page @fallsrec.



Hooper Hands Basketball Academy strongly highlights the fundamentals of dribbling, the art of shooting, different defensive strategies, rebounding, and making good sharp passes. Along with learning the game of basketball, your child will increase their level of confidence, learn self-discipline, and inherit how to be a team player. All classes are held at the Community Center Gym and taught by Hooper Hands staff.

Hooper Hands: Basketnomics

Ages 4-11

Join us for a dynamic basketball experience that will help your child develop their skills and love for the game. This class is all about the study of the basketball game, where each week we focus on different aspects of the sport. Students will work on shooting, passing drills, 1 on 1 moves, team play and court awareness.

Mon, 6/8-6/29, 45m
 Ages 4-5, 5:30 PM Class #33637
 Ages 6-8, 6:20 PM Class #33638
 Ages 9-11, 7:15 PM Class #33639
 R \$79 NR \$95 4 classes

Hooper Hands: Mechanics of Basketball

Ages 4-11

Great basketball class for young athletes to develop their basketball abilities. Each week we will break into stations to focus on different plyometric drills, defensive techniques, dribbling drills, and agility exercises. This class is designed to improve fundamental skills while having fun learning the game of basketball.

Mon, 7/6-7/27, 45m
 Ages 4-5, 5:30 PM Class #33640
 Ages 6-8, 6:20 PM Class #33641
 Ages 9-11, 7:15 PM Class #33642
 Hooper Hands
 R \$79 NR \$95 4 classes

Hooper Hands: Pass-Shoot-Score

Ages 4-11

This is a mini-basketball league class. In the beginning of class, participants will complete a series of different basketball fundamental drills and skills. We will conclude class with players being divided into teams and competing against each other.

Mon, 8/3-8/24, 45m
 Ages 4-5, 5:30 PM Class #33643
 Ages 6-8, 6:20 PM Class #33644
 Ages 9-11, 7:15 PM Class #33645
 Hooper Hands
 R \$79 NR \$95 4 classes

Sportz Brains: Base Batters

Ages 4-8

This is a beginner baseball class working on different physical and mental abilities of the game. Your child will learn the techniques of hitting, catching, running, and having fun while learning how to get on BASE! We plan to end each class with a fun game.

Fri, 6/12-7/10, 45m
 Ages 4-5, 5:30 PM Class #33656
 Ages 6-8, 6:30 PM Class #33657
 North Middle Football Field - Lower
 Sportz Brains John Leavell Jr
 R \$79 NR \$95 4 classes



Sportz Brains: Sporty Shorty Soccer

Ages 4-8

This is a program for early learner soccer players. Your child will learn the basics of dribbling, passing, shooting, defending, balance, and general rules of the game. After the 2nd week of class, we plan to play fun mini matches, working on all skills learned in the weekly classes.

Fri, 7/17-8/7, 45m
 Ages 4-5, 5:30 PM Class #33658
 Ages 6-8, 6:30 PM Class #33659
 North Middle Football Field - Lower
 Sportz Brains John Leavell Jr
 R \$79 NR \$95 4 classes



Upcoming Blood Drives
April 9, June 15, Aug 31
 Community Center Rm 104/105

Giving blood is a quick, simple way to give back to your community, and possibly save a life. The donation process from the time you arrive to the time you leave is only about an hour.

Book your appointment now at versiti.org.



YOUTH ACTIVITIES & SPORTS

Girls Volleyball Camp

Entering Grades 5K-12

These volleyball camps are designed to teach your child the fundamentals of volleyball in a fun, engaging atmosphere. We will cover the five basic skills and put those skills to use in games. Coaching staff will include Varsity Head Coach Cory Rabe, members of the high school staff, and current varsity players.

Tue-Thu, 7/28-7/30

Entering Grades 5K-2

9:00 AM, 1h

Class #33544

R \$35 NR \$42 3 classes

Entering Grades 3-4

10:15 PM, 1h

Class #33543

R \$35 NR \$42 3 classes

Entering Grades 5-6

11:30 AM, 1h30m

Class #33542

R \$50 NR \$60 3 classes

Entering Grades 7-8

1:15 PM, 1h30m

Class #33541

R \$50 NR \$60 3 classes

Tue-Fri, 7/28-7/31

Entering Grade 9

3:00 PM, 2h30m

Class #33540

R \$105 NR \$126 4 classes

Entering Grades 10-12

5:45 PM, 2h30m

Class #33539

High School Gym Burgundy

R \$105 NR \$126 4 classes

Boys Volleyball Camp

Entering Grades 5-8

Join MFHS Boys Varsity Volleyball Coaches and players for a summer camp featuring core fundamentals, positional skill work, and scrimmage games. Learn basic offensive and defensive systems. Higher level skill training will be available for players with a more developed skill base. All experience levels are welcome and encouraged!

Mon-Wed, 7/20-7/22

9:00 AM, 2h

Class #33720

High School Gym Grey

R \$51 NR \$61 3 classes

Falls Focus Volleyball Club

Falls Focus Volleyball Club was established to FOCUS on player and team development while offering a club level program with no cuts or tryouts. Fee includes uniform tops, short, and club jacket. Practices are held on Tuesdays & Thursdays. Teams will participate in Badger Region Volleyball Association Tournaments between January - April. U11 through U14 teams. Practice begins in November.

- Returning Players from 2025-2026 may register July 1-July 17
- New Players may register July 18-31
- All remaining openings can register beginning October 5 at 8am.

\$550 R, \$660NR



Entering Grades 5-8

The Jr. Phoenix Volleyball Club was founded in 2018 to provide youth an opportunity to learn and enjoy the sport of volleyball outside or in complement of the club season. Practice will be held on weekday evenings at either 6-7:30 PM or 7:30-9 PM beginning in August. Matches will be held on weekends after Labor Day-October. Two uniform tops and shorts are included. Registration is first come, first served, with no tryouts or cuts. Please register for the grade level your child will be entering as of fall. Players must reside in the School District of Menomonee Falls boundaries or be enrolled in the MF School District. Additional information will be sent out prior to the start of practice.

Tue & Thu, 8/4-10/22

Girls

Entering Gr 5 Class #33413

Entering Gr 6 Class #33414

Entering Gr 7 Class #33415

Entering Gr 8 Class #33416

Boys

Entering Gr 5-6 Class #33418

Riverside Gym

R \$349 NR \$419



FREE TRIAL

Coed Flag Rugby

Entering Grades 1-9 in Fall

Not sure if Flag Rugby is for you? This FREE practice session will provide a basic introduction to the sport, along with sample games and drills that are featured during normal practice. Coaches will be on hand to answer any questions about the program. Please wear cleats or running shoes, and bring a water bottle.

Wed, 5:00 PM, 1h15m

5/20 Class #33040

5/27 Class #33041

Oakwood Park

Coed Flag Rugby

Entering Grades 1-9

Give one of the most popular sports in the world a try! Rugby combines elements of football and soccer into a unique game that is easy to learn and requires no prior knowledge to play. Practices will focus on basic skills and incorporate them into drills and games. Tournaments are held on Saturdays and feature numerous games against teams from all around the state. Participants should wear cleats or running shoes, and bring a water bottle.

Wed, 6/3-7/29, 5:00 PM, 1h15m

Grades 1-2 Class #33042

Grades 3-4 Class #33043

Grades 5-6 Class #33044

Grades 7-9 Class #33045

No class 7/2

Oakwood Park

R \$65 NR \$65 8 classes



REGISTRATION NOW OPEN

Jr Soccer League

Ages 4-8

This introductory soccer program will give your child the foundation needed to excel at future levels and will concentrate on skill development, teamwork, basic rule understanding, and game play. Each week, a 30-minute practice will be followed by a 30-minute scrimmage game. Scores and standings will not be kept, and everyone will play. Times will rotate between 5:30 & 6:45 PM. Registration opened February 3.

Ages 4-5

Wed, 5:30 PM, 2h30m
6/10-7/29 Class #32565*

Ages 6-8

Thu, 5:30 PM, 2h30m
6/11-7/30 Class #32566
North Middle Football Field - Lower off
Garfield
Ed Swab
R \$49 NR \$59 7 classes

Jr Flag Football League

Entering Grades 4K-5

This introductory football program will give your child the foundation needed to excel at future levels and will concentrate on skill development, teamwork, basic rule understanding, and game play. Each week will include a 40-minute practice (30 minute for 4K-5K) followed by a 40-minute scrimmage. Scores and standings will not be kept, and everyone will play. Game times will rotate starting at 9:00 AM through early afternoon.

Sat, 9/12-10/24

Grades 4K-5K Class #32988
R \$45 NR \$54 7 classes

Grades 1-2 Class #32990
R \$59 NR \$70 7 classes

Grades 3-5 Class #32989
R \$59 NR \$70 7 classes
Oakwood Park
Ed Swab

Girls Flag Football League

Entering Grades 2-8

This program focuses on skill development, teamwork, fitness, and sportsmanship. Whether your daughter is new to the game or looking to improve her skills, this league is the perfect opportunity to make unforgettable memories on the field! Practice will be held Tuesdays from 5:00-6:30 PM beginning August 25. Games will be held on Sundays, 9/13-10/11. The end of season championship will take place under the lights on Saturday, 10/17. All games will be played at the West Allis Athletic Complex. Participants will need to provide cleats (football or soccer) and bring plenty of water, mouth guard is optional.

Tue, 8/25-10/20, 5:00 PM, 1h15m
Entering Grades 2-3 Class #32991
Entering Grades 4-5 Class #32992
Entering Grades 6-8 Class #32993
R \$65 NR \$65



**COACHES ARE
NEEDED!**

* League fees are not refundable unless the program is cancelled by CE & Rec. Volunteer coaches needed. Please indicate your interest during registration.

**UNEARTH
A STORY™**
Summer Library Program 2026
June 1 - July 31

Get ready to "Unearth a Story" this summer!
Join the Menomonee Falls Public Library for an adventure into the world of dinosaurs, archaeology, paleontology, and the past.
We invite readers of all ages to discover the joy of exploration, whether they're digging into a fascinating new book, uncovering hidden histories, or learning about ancient creatures.

Spark curiosity and imagination across all age groups with performances, storytimes, crafts, games, guest speakers, book clubs and more at your library.
Let's dig into reading and see what stories we can unearth together!

MENOMONEE FALLS PUBLIC LIBRARY
EXPLOR • LEARN • GROW • CONNECT

Girls Flag Football Clinic

Entering Grades 2-8

Get a jump on the upcoming season with our regional girls flag football clinic. This event, for all skill and experience levels, will feature drills, skill stations, and mini games to get your athlete ready for the fall season of MKE Girls Flag Football Alliance. The clinic is held at Nicolet High School football field (6701 N Jean Nicolet Rd, Glendale, WI 53217) with athletes and coaches from all around the area.

Sun, 10:00 AM, 2h
8/2 Class #33721
Nicolet High School
R \$10 NR \$10





YOUTH ACTIVITIES & SPORTS

Soccer Shots



This enrichment program focuses on character development and introducing the sport in a fun way. Each week will have a different theme, character trait, and new soccer skill. Get ready to use your

imagination and explore "soccer island" with highly trained coaches in this non-competitive program. Please register at <https://waukesha.soccershots.com>. An annual enrollment fee of \$40 is required, which includes a free soccer jersey mailed to your home. All classes will be held at the North Middle Football Field—Lower off Garfield.

Mini-Parent & Me

Ages 2–3

Tue, 4:40 PM, 30m
6/23–8/18 Class #33123
R \$176 NR \$176 8 classes

Soccer Shots: Classic

Ages 3–5

Tue, 5:20 PM, 30m
6/23–8/18 Class #33124
R \$176 NR \$176 9 classes

Soccer Shots: Premier

Ages 6–8

Tue, 6:00 PM, 30m
6/23–8/18 Class #33125
no class 6/30
R \$176 NR \$176 8 classes

Golf Lessons: Jr Academy

Ages 7–10

Fundamentals of the full swing, the short game, putting, and, of course, etiquette will be taught. Please bring your 7, 8, or 9 iron to the first class. Students must purchase golf balls at the range for each class. Classes will be held rain or shine.

Mon, Wed, Thu, Fri, 9:30 AM, 1h15m
6/15–6/19 Class #33200
No class 6/16
6/22–6/26 Class #33201
No class 6/23

Little Jragons

Ages 3–6

Your child will learn to listen and follow directions while having fun learning amazing taekwondo moves with a former champion. Leadership, manners, coordination and balance are also practiced. A belt fee at the end of the session is optional for students wishing to earn rank and increase confidence.

Ages 3–4
Thu, 5:00 PM, 30m
6/25–7/23 Class #33217
7/30–8/27 Class #33221

Ages 5–6
Thu, 5:30 PM, 30m
6/25–7/23 Class #33218
7/30–8/27 Class #33222
Community Center Rm 132
Jason Jordan
R \$65 NR \$78 5 classes

TaeKwonDo

Ages 7–Adult

TaeKwonDo combines exercise, meditation, respect, and self-discipline as you learn one of the most popular forms of martial arts in the world today. Please note that at the end of each session, there will be an option for each student to test for their next rank at an additional cost. See instructor for further information.

Tue & Thu, 6:00 PM, 1h10m
6/16–7/30 Class #33110
Community Center Rm 104/105
James Donne
R \$38 NR \$47 12 classes

Mon & Wed, 10:00 AM, 1h15m
7/6–7/22* Class #33202

Swing Time Germantown
Paul Mindel
R \$68 NR \$71 4 classes
R \$68 NR \$71 6 classes*

First Tee Junior Golf

Ages 7–12

This program covers all aspects of the golf game, including learning proper rules and etiquette as well as the fundamentals of the swing, chipping,

Surge Martial Arts

Individuals may only register for this program once through the CE & Rec Dept. All classes are held at Surge Martial Arts in Menomonee Falls and taught by Neil Rajadhyaksha and staff.

Little Tykes Martial Arts: Surge

Ages 4–6

Your child will learn different punches, kicks, and also some tumbling and will acquire important life skills such as focus, confidence, respect, and much more. Five minutes of each class will be dedicated for parents to have the opportunity to engage with their child. Participants can choose any two classes each week.

Tue, Thu, Fri, 4:45 PM, 30m
6/16–7/16 Class #33405
No class 7/3
7/28–8/28 Class #33406
R \$39 NR \$47

Youth Martial Arts: Surge

Ages 7–12

Kids will learn fun martial arts skills, like kicking, punching, jumping, and tumbling, while gaining confidence and balance. They will also learn invaluable life skills such as listening, respect, focus, confidence, self-discipline, and self-defense skills.

Mondays at 4:45 PM, Tuesdays at 5:25 PM, & Thursdays at 5:25 PM
6/15–7/16 Class #33403
No class 7/3
7/27–8/27 Class #33404
R \$39 NR \$47 15 classes

and putting. Juniors will receive instruction from PGA professionals from the park's golf courses, a gift for participating, golf balls, and tees. The final session be an outing at Noyes Park with any parents who wish to participate. Clubs are provided for students who need them.

Wed, 9:30 AM, 1h15m
6/17–7/29 Class #33144
Dretzka Park
R \$200 NR \$200 7 classes



★ All tennis programs are held at the High School Tennis Courts (No Class July 3) ★

Tennis: Pee Wee

Ages 4–6

Your little athlete will be introduced to the game of tennis. Basic skills such as forehand, backhand, and volleys will be taught and incorporated into fun games. We will use foam balls designed to bounce at a speed that is accessible for your child. Youth racquets will be provided if needed.

Mon–Fri, 12:00 PM, 45m

6/15–6/25 Class #33552

6/29–7/9* Class #33553

7/13–7/23 Class #33554

7/27–8/6 Class #33555

R \$49 NR \$59 9 classes

R \$43 NR \$52 8 classes*

Tue & Thu, 5:00 PM, 50m

6/16–7/9 Class #33620

7/14–8/6 Class #33621

R \$39 NR \$47 8 classes

PLAN AHEAD

*Bring a
Water Bottle
to Class*



Tennis: Parent / Child

Ages 4–8 w/adult

Enjoy the sport of tennis, receive instruction, and participate in fun games and drills while spending quality time with your child. Adults will need to provide their own racquet. Youth racquets are provided if needed. Register child only—one adult is included in the fee.

Mon–Fri, 3:00 PM, 50m

6/15–6/25 Class #33566

7/13–7/23 Class #33567

R \$65 NR \$78 9 classes

Tue & Thu, 6:00 PM, 50m

6/16–7/9 Class #33618

7/14–8/6 Class #33619

R \$50 NR \$60 8 classes

Tennis: Beginner

Ages 7–12

Students will be introduced to the game of tennis. Forehand and backhand, groundstrokes, and volleys will lead into basic games and movement around the court. The foundation taught in this class will serve the player in their development and progression to future levels.

Mon–Fri, 1:00 PM, 50m

6/15–6/25 Class #33556

6/29–7/9* Class #33557

7/13–7/23 Class #33558

7/27–8/6 Class #33559

R \$65 NR \$78 9 classes

R \$57 NR \$69 8 classes*

Tue & Thu, 5:00 PM, 50m

6/16–7/9* Class #33622

7/14–8/6* Class #33623

R \$57 NR \$69 8 classes*

Tennis: Advanced Beginner

Ages 7–12

For students who have completed at least one session of a beginner tennis class. Students will work on serving technique, rallying skills, and shot placement. We will also begin work on playing singles and doubles matches with an emphasis on strategy.

Mon–Fri, 2:00 PM, 50m

6/15–6/25 Class #33560

6/29–7/9* Class #33561

7/13–7/23 Class #33562

7/27–8/6 Class #33563

R \$65 NR \$78 9 classes

R \$57 NR \$69 8 classes*

Tennis: Intermediate

Ages 7–12

Prerequisite: Prior structured tennis experience and the ability to rally with a partner. We will review all tennis skills including forehand, backhand, volleys, overheads, and rallying. Students will receive more in-depth instruction on serving and the different grips that can be used. Singles and double matches will be played with an emphasis on strategy. Class runs Monday–Friday with second Friday used only if needed for rain make-up.

Mon–Fri, 3:00 PM, 50m

6/29–7/9* Class #33564

7/27–8/6 Class #33565

R \$65 NR \$78 9 classes

R \$57 NR \$69 8 classes*





YOUTH ACTIVITIES & SPORTS

Tennis: One-on-One XL +/- 18

Ages 4-Adult

Is your serve a little off? Are you having trouble with your backhand? Would you or your child achieve better results with personalized instruction? Instructors will be matched to students to provide lessons tailored to improve their tennis skills.

Mon-Thu, 3:45 PM, 50m

6/15-6/18 Class #33606

6/22-6/25 Class #33607

6/29-7/2 Class #33608

7/6-7/9 Class #33609

7/13-7/16 Class #33610

7/20-7/23 Class #33611

7/27-7/30 Class #33612

8/3-8/6 Class #33613

R \$79 NR \$95 4 classes

Tennis: One-on-One

Ages 4-17

Is your serve a little off? Are you having trouble with your backhand? Would you or your child achieve better results with personalized instruction? Instructors will be matched to students to provide lessons tailored to improve their tennis skills.

Mon-Thu, 25m

R \$45 NR \$54 4 classes

Dates	1:00-1:25pm	1:30-1:55pm	2:00-2:25pm	2:30-2:55pm
6/15-6/18	33568	33569	33570	33571
6/22-6/25	33572	33573	33574	33575
6/29-7/2	33576	33577	33578	33579
7/6-7/9	33580	33581	33582	33583
7/13-7/16	33584	33585	33586	33587
7/20-7/23	33588	33589	33590	33591
7/27-7/30	33598	33599	33600	33601
8/3-8/6	33602	33603	33604	33605

Bi-County Special Olympics +/- 18

Ages 8-Adult w/intellectual disabilities

Bi-County Special Olympics provides year-round sports training and competition in local, regional and state tournaments. Programs give continuing opportunities to develop physical fitness, demonstrate courage and experience joy while participating in a sharing of gifts, skills, and friendship. Practices are held within the Menomonee Falls School District. Registrations are due prior to the sport start date.

Summer Season

Cornhole Mar 7 - June 5, 2026 10 AM - 12 PM

Track & Field Mar 7 - June 6, 2026 9 AM - 11 AM

Fall Season

Bowling Sept 8 - Dec 8, 2026 4 - 5 PM

Golf May 2 - Aug 29, 2026 5 PM - 7:30 PM

Volleyball Aug 22 - Nov 7, 2026 9 AM - 11 AM

Agency Manager, Alisa Novak

bicounty844@gmail.com

Registration Manager, Laurel

jlsteinn1@gmail.com

Volunteer Manager, Kristen

kristinfleischmann@hotmail.com

<https://www.facebook.com/groups/bicountyso>



Join us FOR AN ART PARTY
in Menomonee Falls

Festival OF THE ARTS

2026
6th ANNUAL

Saturday
AUGUST 22
10am - 5pm

VILLAGE PARK
MENOMONEE FALLS, WI

LEADING UP TO THE EVENT

- Plein Air Competition
- Painted Sculpture Competition

DAY OF EVENT

- Over 100 Artisan Booths
- Beer & Wine Garden
- Live Music
- Food Court
- Makers Market
- Demonstrations
- Community Art Project
- Kids Zone & Splash Pad
- Street Performers

WEBSITE fallsfestivalofthearts.com

CONTACT US fallsfestivalofthearts@gmail.com

follow us [Facebook](#) [Instagram](#) [Twitter](#)

SESSION I

June 22–July 2
(9 days)

SESSION II

July 6–July 17
(10 days)

Must Register by Thursday, May 14

With the exception of MFHS Credit Recovery classes only

Fun, Challenging Enrichment



Credit Recovery



Sports & Fitness



School District of Menomonee Falls
Engage | Learn | Improve

Classes will run Monday through Friday
(unless otherwise noted)



MOST CLASSES ARE FREE!

IMPORTANT REGISTRATION INFORMATION

Register on-line or through the CE & Rec office

- ★ Register your student based on the grade they will be entering in Fall.
- ✓ Most classes are FREE. If there is a nominal fee, it is listed. The district uses this money to purchase consumable materials that students use in the class.
- ✓ Bus transportation is not available for students.

WHO CAN REGISTER?

- Students who live within the boundaries of the School District of Menomonee Falls.
- Students who are enrolled with the School District of Menomonee Falls.
- Students living within the Sussex Hamilton School District are considered **non-residents**. Any non-resident students can register at a cost of \$175.00 for a 2-week course, and \$300.00 for a 4-week course by contacting the CE & Rec Dept. at (262) 255-8460.



BREAKFAST AVAILABLE

Breakfast will be offered this year during the dates of Falls Summer Academy (FSA) for students enrolled in FSA classes or Kids INC. Students with free and reduced status will receive breakfast for free. For students with paid status, breakfast cost will be \$2.00 for elementary students and \$2.25 for middle school and high school students



FALLS SUMMER ACADEMY

Register at fallsrec.org |

Courses for Grades 4K-2

Held at Ben Franklin School (unless noted)

Session I June 22–July 2 Must Register by May 14

Session II July 6–July 17 Must Register by May 14

Classes held Mon–Fri unless noted.

- Register your child based on the grade they will be entering in fall.
- Do not register your child for the same course twice (this includes the Sports Courses). Course content is the same for each session.

EXCEPTION: Students may register for both sessions of Mini Math Masters and Page Turners which offer unique activities in Session I and Session II.



Enrichment Courses Entering Grades 1–2		June 22–July 2		July 6–July 17	
		8:30–10:00	10:05–11:35	8:30–10:00	10:05–11:35
Art Skills and Projects	\$10	33327	33328	33329	33330
Basketball, Soccer, Cardio		33331	33332	33333	33334
Being the Best Me		33335	33336	33337	33338
Dance, Dance, Dance		33339	33340	33341	33342
Drama Camp		33343	33344	33345	33346
Golf for Beginners				33349	33350
Lego Camp Story Starter	\$10	33367	33368	33369	33370
Let's Get Cooking	\$10	33371	33372	33373	33374
Mini Math Masters Gr. 1*		33351	33352	33353	33354
Mini Math Masters Gr. 2*		33355	33356	33357	33358
Page Turners Gr. 1*		33359	33360	33361	33362
Page Turners Gr. 2*		33363	33364	33365	33366
Playground Games		33375	33376	33377	33378

Entering Grades 4K or 5K	June 22–July 17 (4 weeks)
	8:30–11:35
Get Set for 4K	33348
Gateway to 5K	33347

Get Set For 4K

Students must be 4 years old by Sept. 1, 2026, to enroll in this class. Children will have the opportunity to interact with students their own age to ease the transition to 4K. With a focus on socialization, children will enjoy games, songs, stories, projects, and also a sneak preview of the Menomonee Falls 4K program. Our room will be filled with excitement, song, and dance, and a new unit of fun each week. This course runs 4 weeks.

Gateway to 5K

Students must be 5 years old by Sept. 1, 2026, to enroll in this class. Have your child join us for a fun-filled class of dramatic play. Children will learn through play, expand their vocabularies, create projects, and work on basic literacy and math skills to help transition to kindergarten. Each week will be a new unit of fun. This course runs 4 weeks.

Continued ...

ENRICHMENT

Art Skills & Projects | \$10

We are so excited to explore the magic of storytelling through art. This class invites students to develop their artistic skills, like drawing, sculpting, and painting, while connecting deeply with great books. Your child will enjoy a new story each session and create 1-2 unique projects every week to bring home and share with you.

Basketball, Soccer & Cardio

Students will learn the basics of basketball and soccer, as well as other cardio and endurance strengthening games, in this fun, fast paced camp. Campers will work on their soccer and basketball related skills through a variety of drills and games. You may only register your child for one session.

Being the Best Me

In this course, students will have fun building their self-awareness around emotions and body signals, creating their own toolbox of healthy coping strategies for self calming, engaging in perspective taking, and learning problem solving skills important for positive school, home and community daily life.

Dance, Dance, Dance

Students will work on strength and flexibility while learning to dance to different genres like hip hop, country, rock, funk and more. They will also work on team building skills and see what it takes to be part of a group dance. On the last week of class, students will have the opportunity to perform for their parents. So, come on and dance!

Drama Camp

Does your child love to act, sing, and dance? Then get ready to create a full performance! Students will be immersed in the production process. They will help to write scripts, create costumes and props. They will work on building stage skills like volume, diction, characterization, confidence and dramatic expression, and will amaze you with all they can do in two weeks.

Golf for Beginners

Golf for Beginners will focus on the fundamentals of golf such as grip, stance and posture. Students will also learn the basics of chipping, putting and swinging.

LEGO Camp StoryStarter | \$10

LEGO StoryStarter is a course designed to develop skills in speaking, listening, language, and writing. In this hands-on-course, students will design different scenes/objects with LEGOs and then create a story to go along with their creation. Students will be able to bring a project home at the end of the session.

Let's Get Cooking | \$10

Let's Get Cooking is for any child who enjoys reading interesting books and creating unique and tasty treats in the kitchen. Each day we will read a book and then make a kid-friendly recipe! Students will also have fun learning about cooking safety, making healthy food choices and working cooperatively.

Mini Math Masters—Grade 1

Jump into a summer of discovery where real world puzzles come to life. Our young learners will become confident problem solvers as they tackle hands on projects designed to keep their math skills sharp and growing. It's the perfect blend of summer fun and meaningful learning, tailored to meet every student exactly where they are. With Session 1 and Session 2 offering completely different adventures, your child can enjoy twice the fun while building the skills they need for the year ahead.

Mini Math Masters—Grade 2

This course bridges the gap between the classroom and the real world. Students will enhance their grade level math proficiency and problem solving abilities through interactive Science, Technology, Engineering and Mathematics (STEM) projects. Open to all skill levels, this course offers a unique curriculum for each session, allowing for a full summer of continuous growth and engagement.

Page Turners

Expand your reading and writing horizons this summer. This program invites students to explore varying genres and apply their understanding through storyboard design and creation. Designed to support grade level outcomes in an interactive environment, this camp helps students of all skill levels grow their confidence. Each session offers a fresh set of projects and texts, making it a great choice for both new and returning campers.

Playground Games

Students will have a blast while learning how to play popular and fun playground games. They will learn the rules, and skills such as teamwork and persistence. What a great way to form friendships and stay active.



QUESTIONS? For questions regarding Falls Summer Academy programs for Grades 4K-2, please contact Ms. Laura Alva-Garcia at alvalau@sdmfschools.org.



Courses for Grades 3–5

Held at Riverside School (unless noted)

Session I	June 22–July 2	Must Register by May 14
Session II	July 6–July 17	Must Register by May 14

Classes held Mon–Fri unless noted.

- Register your child based on the grade they will be entering in fall.
- Do not register your child for the same course twice. Course content is the same for each session. **EXCEPTION: You may register for both sessions of Math Masters, Page Turners or Boys/Girls Basketball which offer unique activities in Session I and Session II.**

Enrichment Courses Entering Grades 3–5	\$	June 22–July 2		July 6–July 17	
		8:15–9:45	9:50–11:20	8:15–9:45	9:50–11:20
Art Camp: Photo & Draw	\$10	33227	33228	33229	33230
Board Game Bonanza		33231	33232	33233	33234
BonJour! Fun in French				33235	33236
Business Basics		33237	33238	33239	33240
Chemistry & Cooking	\$10	33241	33242	33243	33244
Computer Coding		33245	33246	33247	33248
Dance, Dance, Dance		33249	33250	33251	33252
Golf for Beginners		33253	33254		
Hola! Spanish ...		33255	33256	33257	33258
Intro to Robotics		33259	33260	33261	33262
Lego Design	\$10	33263	33264	33265	33266
Math Masters–Gr. 3*		33267	33268	33269	33270
Math Masters–Gr. 4 & 5*		33271	33272	33273	33274
Music Mayhem		33275	33276	33277	33278
Page Turners–Gr. 3*		33279	33280	33281	33282
Page Turners–Gr. 4*		33283	33284	33285	33286
Page Turners–Gr. 5*		33287	33288	33289	33290
Scrapbooking	\$15	33291	33292	33293	33294
Sewing Skills & Crafts	\$15	33295	33296	33297	33298
Team Building		33299	33300	33301	33302
The Hogwart's Express to Reading		33318	33319	33320	33321
Theater Camp		33303	33304	33305	33306
Visual Art	\$10	33308	33309	33310	33311
World Adventures		33313	33314	33315	33316

Sports Held at MF High School

Basketball: Boys (Mon–Fri)*	Gr. 3–5	June 22–July 2	12:30–1:30	33457
Basketball: Boys (Mon–Fri)*	Gr. 3–5	July 6–July 17	12:30–1:30	33458
Basketball: Girls*	Gr. 3–8	June 22–July 2	11:30–12:30	33464
Basketball: Girls*	Gr. 3–8	July 6–July 17	11:30–12:30	33466
Speed, Agility and Strength (M–Th)	Gr. 5–8	June 15– July 23 (no class June 29–July 3)	8:30–9:30	33476

SPORTS

Basketball — Boys*

The MF High School Boys Basketball Coaching Staff will teach students all aspects of playing basketball including fundamentals such as shooting, passing, and dribbling. Students will also participate in contests and games. Students can register for both sessions if desired.

Basketball — Girls*

Students will have fun and increase their basketball IQ while developing the fundamentals and skills needed to play basketball. We will play plenty of games, and athletes will also have the opportunity to play against friends. Students can register for both sessions if desired.

Speed, Agility & Strength M–Th (Gr. 5 only)

This is a different schedule from all other courses this summer. This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. June 15–July 23 (no class June 29–July 3).

ENRICHMENT

Art Camp: Photo & Draw | \$10

Come use the *New Digital Camera* to take pictures indoors and outdoors as well as portraits. This class will familiarize students with photography principles, editing, and enhancements. Students will finish the class with a digital collection of their work.

Board Game Bonanza **NEW!**

Does your student need a break from “The Screen”? Then this is the class for you. Students will learn a variety of board games and other fun in-person games. Each day, students will learn a new game and have the opportunity to play games of their choice. (Students may bring games from home, but Falls Summer Academy is not responsible for pieces that may go missing). Thank you to the BF/RS PIE organization for helping launch this new course.

Bonjour! Fun in French

Calling all Francophiles! Do you know some French? Do you have an interest in learning more about French food and culture? In this class, we will learn basic French words and phrases. We will also use stories, songs and projects to learn about different French speaking countries.

Business Basics

Students will learn about earning, spending, saving money, and businesses they can start or jobs they can perform to earn money. They will also participate in playing the board games Monopoly and Life.

* Indicates that you may register for both Session 1 and Session 2 as they will offer different unique activities each session.



QUESTIONS? For questions regarding Falls Summer Academy programs for Grades 3–5, please contact Ms. Laura Alva-Garcia at alvalau@sdmfschools.org.

Continued ...



Chemistry and Cooking | \$10

This is a science class with a tasty twist. Students explore the science behind why foods interact and taste the way they do. They learn the scientific principles while doing hands-on experiments, many of which are edible. Each day explores a new theme, complete with a “case study” for students to take notes on and draw pictures.

Computer Coding

Students will use their creativity and imagination to design and program computer animations. We will use Scratch, an interactive program designed specifically to introduce young minds to the field of computer science. If your child is interested in exploring the areas of science, technology, and math in an interactive and hands-on environment, this is the class for them.

Dance, Dance, Dance

Students will work on strength and flexibility while learning hip hop, jazz and pom moves. They will also try out their dance skills and see what it takes to be part of a group dance. On the last week of class students will have the opportunity to perform for their parents.

Golf for Beginners

Class will focus on the fundamentals of golf such as grip, stance and posture. Students will also learn the basics of chipping, putting and swinging.

Hola! Spanish Speaking Fun

Do you know some Spanish? Would you like to learn more? In this class, students will learn vocabulary and building basic sentences. We will also use stories, songs and projects to learn about Spanish speaking countries!

The Hogwarts Express to Reading **NEW!**

Come check out the world of Harry Potter! Pack your trunks and grab your robes—the train is leaving the station. Have you ever wondered if the Sorting Hat would place you in Gryffindor or Slytherin? Do you have what it takes to outsmart a mountain troll? This summer, we aren't just reading a book—we're living it. Come with us to step inside the pages of “Harry Potter and the Sorcerer's Stone.”

Introduction to Robotics

The LEGO Education Spike Essential set introduces young students to robotics. Students will build LEGO models featuring working motors and sensors. They will program their models, and explore a series of cross-curricular, theme-based activities while developing their skills in science, technology, engineering, and mathematics as well as language, literacy, and social studies.

LEGO Design | \$10

Using problem solving models, campers will investigate to understand the operation of simple and compound machines found in everyday life such as: wheels and axles, levers and pulleys, gears and more.

Math Masters*

Send your mathematician to foster problem solving skills that include problem formulation, creativity, planning and testing of alternative solutions. Students can register for both Session 1 and 2 as different unique activities are offered each session.

Music Mayhem **NEW!**

In this course, students explore a variety of musical genres through singing, rhythmic games, and instrumental performance. The curriculum balances independent study with collaborative projects, challenging students to analyze music critically while engaging in frequent hands-on activities.



Page Turners*

Calling all readers! Students will explore high interest books and topics to build a love of reading. Creative projects will coincide with books to build comprehension skills and reading strategies, with peer activities and discussions. This opportunity is encouraged for students at all skill levels. Students can register for both Session 1 and 2 as different unique activities are offered each session.

Scrapbooking | \$15

Keep your special memories by creating a scrapbook. Students will build scrapbook pages for a variety of topics, including pets, vacations, holidays, family, friends and much more. Bring your pictures to class or add them to your finished layouts later. Students will leave class with a special keepsake of their favorite memories.

Sewing Skills and Crafts | \$15

In this sewing basics class you will learn hand sewing techniques, and how to use a sewing machine. We will cover projects from buttons and badges, along with other items and crafts. Have fun while learning the lifelong skill of sewing.

Team Building and Adventure Camp

Students will have a great time while participating in a variety of team building games and activities. We will use problem solving strategies, teamwork and creativity to compete in relay races and obstacles.

Theater Camp

Campers will learn what it takes to put on a play. They will work on projection, stage directions, developing scenery, and utilizing props for a performance they will put on for the other classes and their families.

Visual Art | \$10

Unleash your creativity! In this hands on course, students will dive into a world of color and texture completing unique projects using a variety of materials and tools. Students will work independently and in groups to build skills, express personal style, and bring home a portfolio of work they are proud of.

World Adventures

Come explore countries and continents throughout the world! Dive into interesting facts, education experiences, food, climate, weather and more. As we travel the world, we will read stories, listen to music, and experience some of the local cuisine.

Courses for Grades 6–8

Held at North Middle School (unless noted)

Session I June 22–July 2 Must Register by May 14
 Session II July 6–July 17 Must Register by May 14

Classes held Mon–Fri unless noted.

- Register your child based on the grade they will be entering in fall.
- Do not register your child for the same course twice.

Exceptions: Boys Basketball, Girls Basketball, Art: Open Studio, and Tennis.



Enrichment Courses Entering Grades 6–8	\$	June 22–July 2		July 6–July 17	
		8:05–9:35	9:40–11:10	8:05–9:35	9:40–11:10
Art: Open Studio	\$10	33499	33500	33501	33502
Baseball & Statistics				33529	33530
Code Studio		33832	33833	33592	33593
Extending Math ...		33315	33316	33517	33518
Extending Reading ...		33519	33520	33521	33522
Feast & Fun	\$25	33523	33524	33526	33527
Lego Robotics		33503	33504		
Money & Sports		33527	33528		
Play It Fitness		33509	33510	33511	33512
Science Boot Camp		33594	33595	33596	33597

Sports Held at Menomonee Falls High School (unless noted)				
Basketball–Boys*	Gr. 6–8	June 22–July 2	1:30–2:30	33469
Basketball–Boys*	Gr. 6–8	July 6–July 17	1:30–2:30	33470
Basketball–Girls*	Gr. 6–8	June 22–July 2	11:30–12:30	33464
Basketball–Girls*	Gr. 6–8	July 6–July 17	11:30–12:30	33466
Speed, Agility and Strength	Gr. 5–8	June 15–July 23 (no class June 29–July 3)	M–Th 8:30–9:30	33476
Tennis (at Village Park)	Gr. 6–8	June 22–July 2	8:05–9:35	33513
Tennis (at Village Park)	Gr. 6–8	July 6–July 17	8:05–9:35	33514



North Sneak Peek: Transition to 6th Grade Held at North Middle School Registration Deadline: August 5 at 8:00 AM

August 10	August 10	August 11	August 11
8:00–10:00	10:30–12:30	8:00–10:00	10:30–12:30
33505	33506	33507	33508

North Sneak Peek: Transition to 6th Grade

Offered to incoming 6th grade students only.

Feeling a little nervous about middle school? Join us for a sneak peek of North Middle School as we get ready to start the new school year. Learn your way around the building, practice opening lockers, and get advice to make the first week a breeze. We will also practice study strategies and organizational skills through hands-on activities, and meet some of the classmates and teachers you will see on your first day of class.



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 6–8, please contact Tony Logue at loguant@sdmfschools.org or Laura Alva-Garcia at alvalau@sdmfschools.org.

Art Open Studio | \$10

Students will have access to a wide range of 2D and 3D materials. The atmosphere of this course is meant to be open and inspiring, allowing students to create original work at their own pace. This course is perfect for any student who is interested in exploring visual art in their own way. Students who thrive with support and structure will be provided with predetermined projects and art making processes. Art making stations available to students include a drawing and painting station with traditional and non-traditional materials, a sculpture station with found objects, cardboard, newspaper and more. We will also have a jewelry station. Students will also have the option to tie-dye a piece of clothing or fabric towards the end of the course.

Baseball Statistics

In this class, students will dive into the world of fantasy baseball by participating in a daily fantasy competition where they select players, track stats, and compete for the best scores. Along the way, they'll learn about the statistics behind the game, including batting averages, on-base percentage, slugging percentage, ERA, WHIP, and advanced metrics like WAR (Wins Above Replacement).

Code Studio

Code Studio is a computer science course that empowers students to create authentic artifacts and engage with computer science as a medium for creativity, communication, problem solving and fun. No experience needed, but if you have some, we can meet your needs. A typical day will find students engaged in self paced coding sessions, relaxing breaks, unplugged activities, and a final cool down time with different coding games.

Extending Math in Middle School **NEW!**

This summer math program is designed for students entering grades 6-8 who need to further develop the skills and concepts in the district's math curriculum, and prepare them better for middle school and beyond. The course consists of units including Factoring, Place Value, Decimals, Fractions, and Multiplication with practice to help meet the needs of individual students. This is the same class each period and session. Not to be enrolled in multiple times.

Extending Reading in Middle School **NEW!**

This summer reading course, designed for students entering grades 6-8, uses a project based learning format to provide readers an opportunity to further and/or prevent a slide in their literacy foundation. The course will employ four different reading strands (Word Meanings & Context, Understanding Text, Analyze Text, and Evaluate & Extended Text) to reach the needs of individual students, as well as encourage understanding and application of the grade level outcomes. This is the same class each period and session. Students are not to be enrolled in multiple times.

Feast & Fun | \$25

Join this class to learn the fundamentals of cooking delicious meals! The session will start with learning practical kitchen skills and techniques with a variety of kitchen tools. Students will then learn 7-8 different meals they will cook together, paired with recipe collections so they can also practice cooking at home. Take this class and you'll be feeling like a great cook in no time! Enrollment will include a \$25 eating fee.



LEGO Robotics

Students will be introduced to the LEGO Mind Storm education curriculum. This involves students partnering up and building a variety of NXT LEGO robots along with downloading specific programming customized to the specific bot the students are working with in order to accomplish a particular task. Students will be exposed to scratch programming, blueprint reading, problem solving, engineering skills and technological concepts. Students will partner up to build and create working moving Education BOTS. This is sure to be a fun and creative experience.

Money & Sports

Welcome to Money in Sports! This exciting and dynamic summer course explores the financial side of the sports industry, providing students with an understanding of how money flows through sports, from professional leagues to college athletics. Through hands on activities, case studies, and discussions, students will learn about the business models behind major sports, the economics of sports teams, and the financial decisions that shape the world of sports.

Play It Fitness

Do you need a little motivation to get out and stay active until your next wellness education class? Are you interested in learning new, fun and fast paced games such as tennis, basketball, football, soccer, and softball, that can be played at either a competitive or noncompetitive level? We will even learn some cardio workouts. Enjoy fun with your friends while getting a great workout.

Science Bootcamp

Get ready for a thrilling summer of scientific exploration! We will learn about a range of scientific concepts through hands-on projects in the lab.

SPORTS

Boys Basketball* at High School

The MFHS Boys Basketball coaching staff will teach students all aspects of playing basketball including fundamentals such as shooting, passing and dribbling. Contests and games will also be played.

Girls Basketball* at High School

Students will have fun and increase their basketball IQ while developing the fundamentals and skills needed to play basketball. We will play plenty of games, and athletes will also have the opportunity to play against friends and even the high school players.

Speed, Agility & Strength* at High School

This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. (No class June 29-July 3)

Tennis* at Village Park **NEW!**

This tennis class will focus on developing fundamental skills, forehand, backhand, serve, and volleys through drills, games, and team competition. The goal of the class is to learn and get better at the lifetime sport of tennis.

* Students may register for both sessions of this class if desired.

High School Courses

Held at Menomonee Falls High School

Session I June 22–July 2 Must Register by May 14

Session II July 6–July 17 Must Register by May 14

Classes held Mon–Fri unless noted.

- Register your child based on the grade they will be entering in fall.
- Do not register your child for the same course twice. Course content is the same for each session. **Exceptions: Girls Tennis and Yearbook 101.**

Credit Recovery Courses Entering Grades 10–12		
June 22–July 17 (4 weeks)		
Credit recovery courses are designed for grade replacement for students who have not successfully completed the course. Upon successful completion of the summer school course, students will earn the required credit for graduation.		
	8:00–10:00	10:15–12:15
Algebra 1 Semester 1 or 2	33425	33426
Algebra 2 Semester 1 or 2	33427	33428
Biology Semester 1 or 2	33429	33430
English Semester 1 or 2	33434	33435
Geometry Semester 1 or 2	33436	33437
US History Semester 1 or 2	33429	
World History Semester 1 or 2		33440
Government		33438
Online Learning ⁺	33424	

⁺Teacher referral code required

Credit Accrual Courses — Entering Grades 10–12		
June 22–July 17 (4 weeks)		
21st Century Wellness	Virtual	33421
Running Phoenix	7:30–9:00 am	33473
June 15–July 23 (no class June 29–July 3)		
Speed, Agility & Strength	6:00–8:00 am	33474

Credit Recovery and Credit Accrual Attendance Policy

Due to the shortened time frame for summer courses:

- A student who is absent (excused or unexcused) more than two periods in a 20-day course will be dropped from the course on the third absence.
- Students arriving late to the start of class, or returning late from a break, will be dropped from that class on the 8th tardy in a 20-day course.
- Students arriving 15 minutes late or more at the start of class, or who are 15 minutes late or more returning from a break, will be considered absent for the entire period, and the absence policy above will apply.
- All School District of Menomonee Falls policies and behavioral expectations are enforced during summer school.

High School Sneak Peek

This transition to high school course is designed specifically for incoming freshmen and other students who will be new to the high school. Students will participate in a variety of activities to help them become familiar with the lay out of the building, staff, requirements, expectations, clubs, activities, and procedures. They will hear guest speakers, interact with the high school environment, and receive help disseminating materials designed for high school students. Be part of this meaningful interaction between and among students, high school teachers, guidance counselors, administrators, and upperclassmen.

Sneak Peek: Transition to High School (Entering Grade 9)

Class is held Mon, Tue, Wed

June 22–June 24	June 29–July 1	July 6–July 8	July 13–July 15
8:00–10:00 33442	8:00–10:00 33444	8:00–10:00 33346	8:00–10:00 33448
10:15–12:15 33443	10:15–12:15 33445	10:15–12:15 33347	10:15–12:15 33449

Sports

Girls Tennis*	Gr. 9–12	6/22–7/2	10:15–11:45	33471
Girls Tennis*	Gr. 9–12	7/6–7/17	10:15–11:45	33472
Speed, Agility & Strength	Gr. 9	June 15–July 23 (no class June 29–July 3)	7:00–8:00	33477
Football Fundamentals	Gr. 9–12	June 15–July 23 (no class June 29–July 3)	8:30–9:30	33475
Running Phoenix	Gr. 9–12	6/22–7/17	7:30–9:00	33473

*Students may register for both sessions of this class if desired.

CREDIT RECOVERY

Online Learning*

Teacher Referral Code required to register. Grades 10–12. Enrollment is limited to students working online, under special circumstances, with prior approval from their assigned counselor.

CREDIT ACCRUAL

21st Century Wellness (Virtual)

This class is a required credit for graduation and will be run virtually in an asynchronous format. It focuses on issues related to health and wellness in high school, college, and through adulthood. We will cover the seven areas of wellness including mental health, stress management, nutrition, alcohol/tobacco/other drug use and abuse, and human growth and development. This is a credit-accrual class that follows the same rigor as the class offered during the regular school year. Syllabus Information can be found at <http://tiny.cc/43hz001>.



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 9–12, please contact Mr. Bonner at Bonnjoh@sdmfschools.org.

Continued ...



Enrichment Courses				
FBLA Officer Team Develop ⁺	Gr. 10–12	7/13–7/17	10:15–12:15	33441
Manufacturing & Robotics	Gr. 9–12	6/22–7/17	10:15–12:15	33452
High School Success 101	Gr. 9–10	6/22–7/2	8:00–10:00	33450
High School Success 101	Gr. 9–10	7/6–7/17	8:00–10:00	33451
Yearbook 101*	Gr. 9–12	6/22–7/2	12:30–2:30	33453
Yearbook 101*	Gr. 9–12	7/6–7/17	12:30–2:30	33454

⁺ Teacher referral code required

*Students may register for both sessions of this class if desired.

Online Enrichment Courses			
Jump Start for AP Art Studio ⁺	Gr. 11–12	Online	33422
Jump Start for AP Biology ⁺	Gr. 11–12	Online	33423

⁺ Teacher referral code required

ENRICHMENT

Jump Start to AP Art Studio

Teacher Referral Code Required. This course is intended to prepare students for any of the four AP Studio Art Portfolio courses offered at MFHS. Weekly assignments will encourage artistic exploration, and daily writing will enhance creative thinking skills. Students will develop and hone their ability to visually communicate using various art mediums. Artwork created is used for the Breadth portfolio submission to the College Board.

Jump Start to AP Biology

Teacher Referral Code Required. This course includes a required summer assignment for AP Biology. Specific details about this assignment will be shared with students during meetings held in June, prior to the end of the school year. All meetings for the course will be held online during office hours determined by the instructor. HS staff will contact student with dates and times.

FBLA Officer Team Development

Teacher Referral Code Required. This course is for newly elected FBLA officers. The team will learn each others roles, create a program of work for the new school year, create the organization's financial statements, prepare for registration, and more.

High School Success 101

Take control of your time and give yourself the best opportunity for success. Learn the organizational skills, time management and study techniques you need to make your study time more efficient.

Manufacturing and Robotics

This hands-on project based course will introduce students to our FIRST Robotics team, focusing on design, build, and computer programming. Our main goal will be to learn basic power tool safety, and basic computer programming which will allow us to assemble a robot chassis that is able to move using an Xbox controller.

Yearbook 101*

Students will be learning the skills necessary to create a school yearbook. As part of this course, students will learn how to utilize the Jostens yearbook software to design spreads, navigate the software, and organize the image library. Additionally, students will have the opportunity to brainstorm the theme for a yearbook and potentially design a cover. Other skills taught will include: marketing, graphic design, email/Google Drive, organization, time management, and communication/collaboration with peers and adults. Students can register for one or both course sessions.

SPORTS

Football Fundamentals **NEW!**

Please Note: This class will run Monday through Thursday for the following weeks: 6/15–6/18, 6/22–6/25, 7/6–7/9, 7/13–7/16, 7/20–7/23. There is no class the week of 6/29–7/3. This course is designed to prepare student-athletes for the upcoming football season through structured practices and conditioning. The class focuses on developing fundamental football skills, position-specific techniques, teamwork, and game strategies. Students will participate in strength training, speed and agility drills, and on-field practice while emphasizing sportsmanship, discipline, and safety. This course promotes physical fitness, leadership, and commitment, helping athletes improve performance and readiness for competitive play.

Girls Tennis* **NEW!**

This course is designed to prepare student athletes for the upcoming girls tennis season through structured practices and conditioning. The class focuses on developing fundamental tennis skills, including stroke technique, footwork, serving, and match play strategies. Students will participate in tennis drills, and on court practice while emphasizing sportsmanship, discipline, and teamwork. This course promotes physical fitness, confidence, and commitment, helping athletes improve performance and readiness for competitive play.

Running Phoenix

This class is for students who wish to improve their cardiovascular conditioning and overall physical fitness through stretching, running and lifting weights. **Grade 10–12 students who successfully complete the class with good attendance may earn .5 elective physical education credit.**

Speed Agility and Strength

Please Note: This class will run Monday through Thursday for the following weeks: 6/15–6/18, 6/22–6/25, 7/6–7/9, 7/13–7/16, 7/20–7/23. There is no class the week of 6/29–7/3. This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room.



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 9–12, please contact Mr. Bonner at Bonnjoh@sdmfschools.org.

Indoor Walking Program

AT THE COMMUNITY CENTER

Ages 18+ *NEW!*

Stay active and healthy year-round with our Indoor Walking program at the Community Center, perfect for all fitness levels. Walk in a safe, climate-controlled environment while enjoying the social benefits of moving with others in your community. This program is a great way to build healthy habits, increase energy, and connect with neighbors.



Mon, Wed, Fri, 8 AM–10 AM

Class #32859

March 2 through August 31 (No program 5/25 & 7/3)

FREE, but registration is required

Community Band

Ages 13 through Adult

The Community Band is open to students entering grades 8–12, and adults of any age. No auditions are required, but you must be able to read and play band music. Recent experience is not required, so dust off your old instruments and join the band! Sponsored by Menomonee Falls Band Bunch.



Members will perform a concert held on July 16 at the MFHS Auditorium at 7:30pm.

Tue, 7:00 PM, 1h30m

6/9–7/14 Class #33138

High School Rm 170 (*only band members & staff may attend*)

John Woger, Director

FREE, but registration is required

FIT in the PARKS

Menomonee Falls, Wisconsin

FREE activities will be held in various parks throughout the Village. Registration is required, but walk-ins will be accommodated as space allows.



2026 Program Sponsors:

Waukesha County Parks

Froedtert Health

Hooper Hands

Peace Yoga Studio & Wellness Center

Tri County YMCA

Wisconsin Athletic Club

FIT IN THE PARKS: Sunset/Candlelight Hike

All Ages

Join us for a self-guided walk around Menomonee Park as the sun sets and the evening unfolds. Candles will be available to light the way after dusk, or arrive early to take in the park's natural beauty at sunset. Free admission to the park for all participants.

Fri, 7:00 PM, 2h

5/1 Class #33112

Menomonee Park, Picnic Area 2

FREE

Class Name	Age	Class #	Day	Date	Time	Location
Sunset/Candlelight Hike	All	33112	Fri	5/1	7:00 PM	Meno. Park Picnic Area #2
Little Hooper Fitness	4–11	33111	Sun	6/7	10:00 AM	North Middle School
Yoga	8+	33119	Wed	6/10	5:30 PM	Old Falls Village
Yoga in the Park	12+	33216	Mon	6/15	6:00 PM	Rotary Park #2
Glow & Flow: Sunset Yoga at the Beach	12+	33121	Tues	6/23	6:00 PM	Meno. Park Beach House
Yoga	8+	33120	Wed	7/8	5:30 PM	Old Falls Village
Barre at the Park	12+	33122	Tues	7/14	12:00 PM	Willowood #1
Family Zumba in the Park	12+	33215	Wed	7/22	6:00 PM	Oakwood Fitness
TRI the Y Strength	12+	33431	Sat	9/12	8:45 AM	Village Park Ampitheater
TRI the Y Cardio	12+	33432	Sat	9/12	10:00 AM	Village Park Ampitheater
TRI the Y Core	12+	33433	Sat	9/12	11:15 AM	Village Park Ampitheater

Detailed Fit in the Park class descriptions are online at <https://tinyurl.com/4txcedse>



AGE 21+



Day Trips



NEXT

EXIT

**Fun, creative, local experiences planned just for you!
All trips are guided by Lori and chauffeured by coach bus.**

— TRIPS LEAVE FROM COMMUNITY CENTER PARKING LOT —

Zen Gardens to Swiss Charms **NEW!**

Anderson Japanese Gardens

Lunch at Stockholm Inn

Tinker Swiss Cottage

Zammuto's

Tuesday, June 16 | 7:45 AM Sign In | 6:15 PM Return

Join us as we head to Rockford, IL, where we will explore the Anderson Japanese Gardens. We will have a guided tour that will include 1-1/4 mile of walking through elegant pathways complete with streams, waterfalls, and Koi filled ponds. There will be benches along the tour, or a shorter, flat path optional tour. We will have a buffet lunch at the Stockholm Inn which includes Swedish Meatballs, baked chicken, salad, mashed potatoes, vegetables and dessert. After lunch we will head to the Tinker Swiss Cottage for a tour of this 3-story 1865 Swiss mansion that is surrounded by beautiful gardens. (Note that this house is not ADA compliant). We will end our day with a stop at Zammuto's for an on your own treat—they are famous for Granitas, a blend of Italian Ice and Sorbet. **Register by May 18.**



R \$100 NR \$110 Class #33478

Breezes, Boats & Butterflies **NEW!**

Original Wisconsin Ducks Tour

Lunch at Lake City Social

Brilliant Butterflies

Tuesday, July 14 | 7:45 AM Sign In | 6:00 PM Return

Join us as we explore the most scenic parts of the Wisconsin Dells area on an exciting land and water tour aboard the Original Wisconsin Ducks. We will have lunch at Lake City Social where you will have a choice of Chopped Salad with Grilled Chicken, Rueben, Turkey BLT or Smash Cheeseburger with Bacon. After lunch we will visit Brilliant Butterflies where we will interact with 1000 free flying butterflies in an open-air flower filled green house. We will also have the option to hold some caterpillars. We will finish up our day with some time for shopping in the downtown area.

Register by June 15.



R \$125 NR \$135 Class #33479

CE&Rec
Community Education & Recreation

Brewer Game

Zen Gardens to Swiss Charms

Breezes, Boats & Butterflies

Ho Chunk Gambling

Stoughton's Heritage & Harvest Tour



REGISTRATION NOW OPEN

Brewers Game

Thursday, June 4

11:15 AM Sign In | 5:30 PM Return

We are headed to American Family Field to cheer on the Brewers as they take on the San Francisco Giants. We will be dropped off by the stadium and seated in the shady side of the Loge infield section.

Register by May 5.

Please remember You will be on your own for lunch while at the park. Personal size food items or snacks will be allowed in clear bags. Soda, water, or juice in factory-sealed plastic bottles will be permitted (one per person, no larger than 32 ounces). No purses or bags will be allowed, only small clutches or wristlets (9" x 5" x 2") or a clear single-compartment bag (12"x6"x12") will be allowed.

R \$72 NR \$82 Class #33226



Gambling Trip to Ho-Chunk in the Dells

Thursday, July 23

8:00 AM Sign In | 4:30 PM Return

Join us for a one-day getaway to Ho Chunk Dells. You will receive \$25 in credit on your player's club card at Ho Chunk. If you do not have a card, you will receive one upon arrival at the casino so you can enjoy the free credits. You must bring a valid ID with you and use your player's club card at all times while at the casino. **Register by July 9.**

R \$45 NR \$55 Class #33225

Stoughton's Heritage & Harvest Tour **NEW!**

*Stoughton Opera House
Norwegian Dancers
Lunch at Heron Hall
Yahara Chocolate Tasting
Eugster's Farm Market*

Wednesday, August 12

8:00 AM Sign In | 4:45 PM Return



Join us as we explore Stoughton's most charming historic Opera House that has been restored to its original 1901 grandeur with a behind the scenes tour. After the tour we will be treated to a performance by the Norwegian Dancers. We will have a buffet lunch at Heron Hall that includes Braised Beef Brisket and Broasted Chicken along with sides, salad and dessert. After lunch we will explore the history of chocolate while sampling delicious varieties from different countries presented by Yahara Chocolate. Then we will head to Eugster's Farm Market where we will get a wagon ride to their beautiful Sunflower Field where you can shop their produce stand or in their Market Shop. **Register by 7/13.**

R \$99 NR \$109 Class #33480

Day Trip Policies For ages 21 and better

Questions? Call (262) 255-8460

- All trips travel by coach bus unless specified. Leave the driving to us!
- We understand that plans can change and you may not be able to attend a trip for which you have registered. However, refunds will only be issued if we can register someone in your place.
- We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so sign up before the deadline.
- Trip participants shall be self-sufficient, or have with them a paid companion/caregiver to assist with specific needs. This includes, but is not limited to walking, sitting, standing, eating, and using the restroom.
- The bus will require several steep stairs upon entering and exiting.
- You may not resell, exchange, or give your ticket/spot away as a gift. All transfers must be handled by the Recreation office staff.

other group travel opportunities

Trip details at <https://tinyurl.com/4xx6a9ux>

TRIPS WITH COLLETTE

Iceland's Magical Northern Lights Discovery

Traveling February 7-13, 2027

Discover America's Cowboy Country

Traveling September 16-23, 2027

TRIPS WITH PREMIER WORLD TRAVEL

Discover Japan by Bullet Train

Traveling October 27-November 7, 2026

Highlights of Scotland

Traveling April 7-17, 2027



Let's Talk Tarot!**Ages 18+**

Join us for Tarot fun as we learn the meanings of all Tarot cards and use them to explore past, present, and future. From one-card readings to classic spreads, we will help you tell your story and create your best future. Perfect for all levels of Tarot skill; no deck required.

Wed, 6:30 PM, 1h30m
7/15–7/22 Class #33307
Community Center Rm 111
Faye Ellen Bonini
R \$30 NR \$36 2 classes

**Story Starts Here—
A Workshop for Writers
Who Crave Meaning****Ages 18+**

This workshop offers an accessible yet impactful experience for writers of all backgrounds and genres. Whether just getting started or returning to the page, participants will gain practical tools and fresh inspiration to build stronger stories. Leave with a short draft or clear outline to build from. Writers of all levels will leave the session empowered and energized, as we blend craft and education with real-time writing and feedback.

Tue, 5:30 PM, 2h
6/2 Class #33312
Community Center Rm 119
Steven Strackbein, Sisyphus Triumphant
R \$55 NR \$66 1 class

Acrylic Painting 101**Ages 18+**

An acrylic painting class which includes drawing and painting lessons, skill exercises, and completion of 2–3 paintings. We will be drawing and painting from life and using photographs as references. A supply list is available at the CE & Rec Office.

Mon, 9:00 AM, 2h
6/1–6/22 Class #33195
7/20–8/10 Class #33196
Community Center Rm 132
R \$62 NR \$74 4 classes

Watercolor Techniques**Ages 18+**

Learn various techniques, proper paper usage, and how to use color as you develop your individual creative painting style. Perspective and values of form will also be touched on. A supply list is available through the CE & Rec office.

Thu, 6/18–7/30, 2h
10:00 AM Class #33049
12:30 PM Class #33050
No class 7/2
Community Center Rm 132
Nancy Lohmiller
R \$45 NR \$54 6 classes

Knitting: Beginning**Ages 18+**

This class is geared for those that are new to knitting or feel like they would like more time to practice techniques. Learn about the different qualities of yarn, knitting needles, and how to read a pattern. Choose a personal project to work on during class and receive help as needed. You will also be taught some useful knitting tricks. No need to bring needles or yarn, as it will be provided.

Wed, 1:00 PM, 2h
6/3–7/1 Class #33099
7/15–8/12 Class #33100
Community Center Rm 111
Sandra Henderson
R \$32 NR \$39 5 classes

Knitting: Experienced**Ages 18+**

This class is geared for those knitters that feel they have moved past the beginner stage. Learn about the different qualities of yarn, knitting needles, and how to read a pattern. Each participant will choose a personal project to work on during class and will receive help as needed. You will also be taught some useful knitting tricks.

Tue, 9:30 AM, 2h
6/2–6/30 Class #33101
7/14–8/11 Class #33102

Thu, 9:30 AM, 2h
6/4–7/2 Class #33103
7/16–8/13 Class #33104
Community Center Rm 111
Sandra Henderson
R \$32 NR \$39 5 classes

LIVE VIRTUAL ZOOM**Adult Spanish: Taste of
Spanish through Food *NEW!*****Ages 18+**

Spice up your Spanish skills in this fun and interactive class centered around food and cooking. You will build practical and conversational confidence through learning food and drink vocabulary and practicing kitchen conversations to follow recipes and cooking together. Along the way, discover traditional Hispanic dishes and the rich culinary behind them. Open to new and previous Spanish conversation participants. While the class is open to all levels, basic Spanish skills will be helpful. Online portal resources and practice tools included with tuition.

Tue, 6:00 PM, 1h
6/2–6/23 Class #33063
Futura Language Professionals Staff
R \$88 NR \$95 4 classes

**Adult Beginner Spanish
Boost *NEW!*****Ages 18+**

Kickstart your Spanish journey with this engaging course that is perfect for beginners. Designed for those with little to no experience, you will learn essential vocabulary, basic grammar, and practical phrases for everyday conversations. Through group discussions and breakout conversation practices, you will build confidence in speaking and understanding Spanish. By the end of the course, you will have the foundational skills to keep learning and speaking with confidence. Online portal resources and practice tools included with tuition.

Mon, 6:00 PM, 1h
6/1–6/22 Class #33061
Futura Language Professionals Staff
R \$88 NR \$95 4 classes



Before You Start Any Exercise Program ...

- Before you start any exercise program you should consult with your physician.
 - If you have health restrictions—please notify your instructor.
 - Proper warm-up prevents injuries!
 - Arrive at class promptly.
 - Make arrangements for your children. Childcare is not provided.
 - Participants should wear proper attire: Good aerobic shoes and clothing that permits movement.
- Participants may want to bring a water bottle and towel to class.

Zumba Gold

Ages 18+

Zumba Gold is the low-impact version of the original Latin-inspired dance fitness program Zumba. Classes will emphasize the basics and have been modified for the active older adult, the beginning participant, or others needing modifications for success.

Mon, 9:30 AM, 45m
6/15–7/27 Class #33483
Community Center Rm 133
Carmen B
R \$35 NR \$42 7 classes

Dance Fitness

Ages 18+

Strengthen your muscles, increase your endurance, and have fun as you dance your way to fitness! No previous dance experience needed. Even if you have two left feet, you can experience this amazing cardio workout.

Tue, 5:00 PM, 45m
6/16–7/28 Class #33486
Community Center Rm 133
Carmen B
R \$35 NR \$42 7 classes

Barre

Ages 18+

Barre focuses on high-reps, low-impact movements to help tone and strengthen your body. You will target and engage muscles not normally worked in a general exercise class. We will focus on proper alignment and posture while executing movements to improve strength, balance, stability, and coordination. The technique is inspired

by elements of ballet, yoga, and Pilates. No experience is required.

Tue, 1:00 PM, 45m
6/16–7/14 Class #33492
8/4–9/1 Class #33493
Community Center Rm 133
Menomonee Falls CE & Rec Staff
R \$29 NR \$35 5 classes

Cardio Drumming

Ages 18+

Join this fun, fast-paced workout that incorporates drumming and cardio to the rhythm of music. Cardio Drumming increases heart rate, improves rhythm, strengthens the upper body, and improves motor skills and hand-eye coordination. Follow the instructor's routine at your own pace and comfort level. All supplies are provided; all levels of exercise ability are welcome as you can do drumming standing or seated.

Thu, 10:15 AM, 30m
7/9–8/20 Class #33533
Community Center Rm 133
Menomonee Falls CE & Rec Staff
R \$20 NR \$24 7 classes

Let's Get Moving

Ages 55+

This low-impact workout is a great way to start your day and keep your body limber and feeling good. We will exercise to maintain muscle tone, endurance, flexibility, and balance.

Tue, 9:00 AM, 1h
7/14–8/18 Class #33535
Community Center Rm 133
Sandy N
R \$29 NR \$39 6 classes

Active Agers

Ages 55+

This class is geared toward exercises for activities of daily life, including balance, flexibility, fall prevention, cardio, endurance, and strength.

Thu, 9:00 AM, 1h
6/11–7/9 Class #33537
7/23–8/20 Class #33538
Community Center Rm 133
Menomonee Falls CE & Rec Staff
R \$24 NR \$29 5 classes

Pelvic Floor Workshop

Ages 18+

Learn how to properly activate the pelvic floor muscles and specialized Pilates exercises for flexibility, strength, and coordination of the core and pelvic floor muscles. Come prepared for gentle movement and basic Pilates exercises.

Sat, 9:00 AM, 1h
6/6 Class #33165
Moving Like a Mother Physical Therapy
R \$16 NR \$21 1 class

Yoga Without a Mat

Ages 18+

Increase flexibility, strength, and balance without getting up and down on a mat. Safe and effective seated and standing yoga poses will be presented. A chair will be available if needed. This is an excellent format for people who need extra modifications to be successful.

Wed, 11:45 AM, 45m
6/17–8/19 Class #33536
Community Center Rm 133
Levy P
R \$70 NR \$84 10 classes

Tai Chi is a traditional Chinese mind/body exercise that increases mobility and improves balance and stability with gentle movements. The slow pace of class and breathwork will help calm and relax the body and refresh the mind. Each class will introduce students to various forms (martial arts movements) and exercises that support many areas of the body including bone density, cardiovascular health, joint mobility, strength and psychological well-being.

Beginning Tai Chi

Ages 18+

This beginner class is suitable for all levels, especially for anyone who would like to slow down and quiet the mind. Even those with some Tai Chi experience will benefit from going back to some basics.

Tue, 11:30 AM, 1h
6/2–6/23 Class #33496
Community Center Rm 133
Menomonee Falls CE & Rec Staff
R \$31 NR \$38 4 classes

Continuing Tai Chi

Ages 18+

This advanced class is suitable for those ready to move to the next level.

Tue, 10:15 AM, 1h
6/2–6/23 Class #33531
Community Center Rm 133
Menomonee Falls CE & Rec Staff
R \$31 NR \$38 4 classes

Intermediate Tai Chi Workshop **NEW!**

Ages 18+

This one day workshop will keep your Tai Chi skills fresh over the summer as we review the 24 forms. The workshop is designed for those who've taken the beginner class and would like a fast-paced introduction to some of the foundational exercises so you're better prepared for the Continuing Tai Chi class.

Tue, 7/7 AM, 1h
10:15 Class #33799
11:30 Class #33550

Tue, 7/14, 1h
10:15 Class #33800
11:30 Class #33551
Community Center Rm 133
R \$12 NR \$15 1 class

Easy Yoga: Level 1

Ages 18+

This gentle yoga class will emphasize alignment, stretching, and calming of the mind. Instruction includes breath work, strengthening movement, soothing stretches, and strategies for conscious relaxation. Please bring a yoga mat and water bottle.

Mon, 6/15–7/27, 45m
10:30 AM Class #33484
11:30 AM Class #33485
Community Center Rm 133
Carmen B
R \$50 NR \$61 7 classes

Easy Yoga: Level 2

Ages 18+

This class is for those that have taken Easy Yoga or are ready to move to the next level. This beneficial yoga class will increase your strength, flexibility, and mental calm. You will leave class relaxed and refreshed. Please bring a yoga mat and water bottle.

Wed, 9:00 AM, 45m
6/17–7/29 Class #33487
Community Center Rm 133
Carmen B
R \$50 NR \$61 7 classes

Chair Yoga **NEW!**

Ages 18+

This class is designed for seniors with or without mobility issues, however everyone is welcome. The entire class can be done in a chair or from a seated position, but standing options will be offered. The focus will be on stretches, strengthening poses, and strategies for relieving stress. No special equipment is required. The class is shoe friendly.

Wed, 10:00 AM, 45m
6/17–7/29 Class #33488

Fri, 10:00 AM, 45m
6/19–7/31* Class #33489
No class 7/3
Community Center Rm 133
Carmen B
R \$50 NR \$61 7 classes
R \$43 NR \$52 6 classes*

Gentle Yoga

Ages 18+

Gentle yoga is a form of yoga practice that emphasizes slow, mindful movements, and relaxation. It focuses on opening and stretching the body using modifications and props. This class is designed for individuals of all levels, including beginners. Bring your own mat and water bottle to class.

Thu, 11:00 AM, 45m
7/9–8/20 Class #33532
Community Center Rm 133
Menomonee Falls CE & Rec Staff
R \$49 NR \$59 7 classes

Evening Strength and Conditioning

Ages 18+

This class will target all areas of the body to increase your strength, mobility, flexibility, and endurance through both static and dynamic exercises. A combination of resistance training and aerobic conditioning will help to improve your overall physical performance and daily movement.

Mon, 5:00 PM, 45m
6/15–7/13 Class #33490
8/3–8/31 Class #33491
Community Center Rm 133
R \$29 NR \$35 5 classes

Strength and Conditioning

Ages 18+

This class will target all areas of the body to increase your strength, mobility, flexibility, and endurance through both static and dynamic exercises. A combination of resistance training and aerobic conditioning will help to improve your overall physical performance and daily movement.

Tue, 2:00 PM, 45m
6/16–7/14 Class #33494
8/4–9/1 Class #33495
Community Center Rm 133
R \$29 NR \$35 5 classes

Indoor Cycling

Ages 18+

Perfect for all fitness levels and ages, this class utilizes stationary bikes, upbeat music, and a variety of body movement and cadence strategies to provide a low-impact exercise experience. Throughout this session, you will be challenged to increase your cardiovascular fitness, strengthen muscles, and increase your endurance. Includes warm-up, cool-down, and stretching components. Please bring a towel, and hard-soled tennis, running, or cycling shoes. Padded bike seats or padded shorts are recommended but not required.

Mon & Wed, 6:15 PM, 1h
8/3–8/26 Class #33534
Community Center Rm 133
John G
R \$46 NR \$56 8 classes

Line Dancing

Ages 18+

Dance is a healthy aerobic exercise activity. Learning to dance is beneficial for your mind and body, no matter what age you are. Line dancing allows you to dance with a group of people or by yourself.

Tue, 3:00 PM, 1h
6/2–7/14 Class #33324
Community Center Rm 133
Christine K
R \$35 NR \$42 7 classes

Country Line Dojo

Ages 18+

Train your mind and body to step and stomp through the honky-tonk! We will laugh, learn, and make new friends as we focus on popular line dances that are used for area events. This class is beginner friendly but intermediate dancers will learn new material as well. No belts or cowboy hats required.

Thu, 6:45 PM, 45m
6/25–7/23 Class #33220
7/30–8/27 Class #33224
Community Center Rm 132
Jason J
R \$65 NR \$78 5 classes

Golf Lessons: Adult

Ages 18+

These classes are intended to teach you how to swing and help you feel comfortable when playing. We will focus on the full swing, short game, and putting. Training aids, video analysis, and handouts will be used to help speed the learning. Bring along a 6, 7, 8 or 9 iron to the first class. Students must purchase golf balls at the range. Classes will be held rain or shine.

Mon & Wed, 8:45 AM, 1h
6/1–6/17 Class #33198

Tue & Thu, 8:30 AM, 1h
6/9–6/25 Class #33199
Swing Time Germantown
R \$80 NR \$83 6 classes

Pickleball Lessons

Ages 18+

New to the sport or haven't played in a while? Our lesson program will break down the game and provide lessons on rules, strategy, skill, and form. Pickleball is a combination of badminton, tennis, and table tennis and is enjoyed by all ages! Using a badminton-sized court, a tennis-height net, a table tennis-type paddle, and a baseball-sized wiffle ball, this game has few rules and is far less strenuous than tennis. Please bring your own racquet. We will supply the balls.

Sat, 8:00 AM, 1h30m
6/6–6/27 Class #33064
7/11–8/1 Class #33065
Oakwood Park Tennis Courts
R \$20 NR \$25 4 classes



Indoor Pickleball

Ages 18+

We are excited to offer 3 courts to play Indoor Pickleball. This session is for those that already know how to play Pickleball. Please bring your own paddle, balls will be provided. Players will change out 2 new players when the number of people attending is below 20, anything higher all 4 players will change out. Fee covers 12 weeks of play.

Tue, 9:00 AM, 2h
6/2–8/18 Class #33052

Thu, 9:00 AM, 2h
6/4–8/20 Class #33053
Community Center Gym
R \$30 NR \$36 12 classes

Tennis: Adult Lessons

Ages 18+

Have you always wanted to learn how to play tennis? Has it been a while since you've picked up your racquet? Class will cover the fundamentals and skills needed to play this timeless sport.

Tue & Thu, 6:00 PM, 50m
6/16–7/9 Class #33616
7/14–8/6 Class #33617
High School Tennis Courts
Tennis Staff
R \$30 NR \$36 8 classes

Tennis: Adult Social

Ages 18+

Enjoy the game of tennis while meeting new people. If you are new to tennis, haven't played in a while, or are just looking to find a place to regularly play, this guided play with an instructor will help you improve your game.

Tue & Thu, 7:00 PM, 1h
6/16–7/9 Class #33614
7/14–8/6 Class #33615
High School Tennis Courts
Tennis Staff
R \$35 NR \$42 8 classes

PRE-REGISTRATION NOT REQUIRED
Availability on a
First Come-First Served Basis

CASH ONLY, EXACT CHANGE
\$3 Residents / \$5 NR
per day

OPEN GYM

Volleyball: Coed Open Gym

Ages 16+

Coed open gym is a great way to get some exercise, meet new people, and play volleyball! Ages 16-17 can participate in open gym with an adult present. You do not need to be a player in our leagues to participate.

Mon, 6/1-8/31, 7:30 PM, 2h
 No Open Gym on 6/11, 7/22
 North Middle Gym
 R \$17 NR \$22

Wed, 6/3-8/26, 7:30 PM, 2h
 Community Center Gym



8x4' LOGO SIGNAGE*

	Annual Cost**
Football Field	\$6,000
Soccer Complex	\$4,000
New Community Center Gym	\$4,000
North Middle School Gym	\$3,000
Tennis Courts	\$1,000

MFHS Burgundy Gym Scorer's Table \$500

SCOREBOARD SIGNAGE*

	Annual Cost**
Football Field	\$7,000
Soccer Complex	\$5,000
New Community Center Gym	\$4,000
High School Burgundy Gym	\$4,000
High School Pool	\$1,000

EMPOWER THE FUTURE

NAMING RIGHTS*

	Annual Cost**
Soccer Complex	\$25,000
New Community Center Gym	\$25,000
North Middle School Auditorium	\$25,000

TURF STITCHING*

	Annual Cost
Soccer Complex	\$10,000
Football Field	\$10,000

***MULTIPLE YEAR COMMITMENT**
****15% PAY-AHEAD DISCOUNT**



SCAN THE QR CODE TO SECURE YOUR SPOT
FALLSSCHOOLS.ORG/SPONSOR

Adult Sports Leagues

Ages 18+



Summer Adult Basketball

Returning team deadline is April 8. New teams accepted beginning April 10.

Fall Softball

Returning team deadline is July 15. New teams accepted beginning July 17.

Fall Basketball

Returning team deadline is July 29. New teams accepted beginning July 31.

Fall/Winter Volleyball

Returning team deadline is August 19. New teams accepted beginning August 21.

For additional information and contracts, go to **fallsrec.org > adults > athletics**

These classes are **FREE**,
but registration is required.

CLASSES ARE FOR AGES 18+ UNLESS NOTED

Individual Technology Help

Ages 40+

Volunteers will be on hand to help you better understand your phone, tablet or laptop device one-on-one. They are willing to help you with email, social media, pictures, the internet, texting, or any other problems you are having. Bring your device with you.

Fri, 12:00 PM, 30m

6/12 Class #33407

7/10 Class #33409

8/14 Class #33411

Community Center Rm 102A

Fri, 12:30 PM, 30m

6/12 Class #33408

7/10 Class #33410

8/14 Class #33412

Community Center Rm 102A

Fri, 1:00 PM, 45m

6/26 Class #33051

7/24 Class #33057

8/21 Class #33059

Community Center Rm 111

Fri, 1:45, 45m

6/26 Class #33056

7/24 Class #33058

8/21 Class #33060

Community Center Rm 111

Understanding Arthritis **NEW!**

Learn about what arthritis is, what you can do to slow its progression, decrease your pain, and improve your functional mobility to live your best life.

Tue, 10:00 AM, 1h

7/7 Class #33402

Elizabeth Kremer, DPT

Community Center Rm 111

Standing with Joy **NEW!**

We will cover the everyday risks as well as participation in simple exercises to help reduce the risk of falls.

Wed, 10:00 AM, 1h

7/22 Class #33153

Community Center Rm 111

Free Hearing Screening **NEW!**

Ages 40+

Free 10-minute hearing screenings performed by Hearing Life.

Wed, 8/12, 10m

10:00 AM Class #33389

10:10 AM Class #33390

10:20 AM Class #33391

10:30 AM Class #33392

10:40 AM Class #33393

10:50 AM Class #33394

11:00 AM Class #33395

11:10 AM Class #33396

11:20 AM Class #33397

11:30 AM Class #33398

11:40 AM Class #33399

11:50 AM Class #33400

Community Center Rm 108

Nourishing

Modern Woman **NEW!**

A comprehensive overview of the nutritional needs women experience throughout the various stages of life.

Tue, 5:30 PM, 1h

5/19 Class #33481

Germantown Library

Dr. Brenda Holland

Raising a Healthy Family **NEW!**

Let's take a practical look at how families can create a foundation of wellness through daily habits that support movement, posture, and balanced nutrition. Designed for busy families.

Tue, 5:30 PM, 1h

6/16 Class #33482

Germantown Library

Lunch and Learn: Healthy Hearing & Your Brain **NEW!**

We will discuss healthy hearing and the connection to your brain, how to protect your hearing and the consequences of untreated hearing loss.

Wed, 11:30 AM, 1h30m

6/17 Class #33388

Community Center Rm 132



Full class descriptions
can be found online at
fallsrec.org.

Cup of Health: Emergency Preparedness as We Age **NEW!**

This class will discuss how to be prepared for any emergency, including special considerations as we age.

Tue, 10:00 AM, 1h

8/25 Class #33035

Community Center Rm 119

Cup of Health: Better Brain Health **NEW!**

This session will teach participants what they can do to lower their dementia risk and keep their brains healthy.

Tue, 10:00 AM, 1h

6/23 Class #33034

Community Center Rm 119

How to Make the Most out of Your Doctor Visits **NEW!**

Learn simple tips to feel more prepared, confident, and heard at your doctor visits so you get the care you need.

Thu, 9:30 AM, 1h

5/21 Class #33132

Community Center Rm 119

Nutrition and Unintentional Weight Loss **NEW!**

Find out why unplanned weight loss matters as we age and how easy nutrition strategies can help you stay strong, energized, and healthy.

Wed, 9:30 AM, 1h

6/3 Class #33133

Community Center Rm 111

These classes are **FREE**, but registration is required.
CLASSES ARE FOR AGES 18+ UNLESS NOTED

Fall Prevention and Balance **NEW!**

You will learn methods for preventing falls and improving balance as we age. It will include tips for staying active and exercises to work on at home.

Thu, 10:00 AM, 1h
6/11 Class #33134
Community Center Rm 119

Your Life, Your Legacy **NEW!**

Wisconsin Memorial Park will be presenting the benefits and importance of preplanning of cemetery and celebration of life arrangements.

Tue, 10:00 AM, 1h
6/9 Class #33135
Community Center Rm 119

Reverse Mortgages Made Simple

We will break down eligibility, how funds can be received, repayment terms, common myths, and how a reverse mortgage may fit into your retirement plans.

Thu, 6:30 PM, 1h30m
6/11 Class #33801
Community Center Rm 108
Penny Charlson

Are You Ready For Medicare?

Join us as we explain Medicare in easy-to-understand language.

Wed, 7:00 PM, 1h30m
7/15 Class #33032
Community Center Rm 119
EPlatinum Health Jeff Martin

Social Security Filing

Learn the ins-and-outs of Social Security, when to file, how to file, and how to maximize your Social Security benefits.

Wed, 5:00 PM, 1h
6/17 Class #33096
Community Center Rm 108
Ferrito & O'Gorman Financial Group

Travel Show with Collette

This informational meeting will cover two trips: Iceland's Magical Northern Lights Discovery, which will take place February 7-13, 2027 and America's Cowboy Country, which will take place September 16-23, 2027. For more information please check out our brochure online, pick up a travel brochure at the Community Center.

Thu, 5:00 PM, 1h
5/14 Class #33033
Community Center Rm 119

Travel Show with Premier

Join us for this informational meeting where we discuss the Discover Japan by Bullet Train trip, which will take place Oct 27 - Nov 7, 2026 and Highlights of England, Scotland & Wales trip, which will take place April 7-15 2027. For more information pick up a travel brochure at the Community Center.

Wed, 5:00 PM, 1h
5/13 Class #33039
Community Center Rm 108

Roth IRA Conversions **NEW!**

We will discuss the Roth IRA Conversion strategy and how you might be able to implement it into your own financial plan.

Wed, 5:00 PM, 1h
7/15 Class #33097
Community Center Rm 108
Ferrito & O'Gorman Financial Group

Keep More of Your Retirement Income

Understand the basic tax rules in retirement, highlight common tax pitfalls to avoid, and explain ways retirees can be more tax efficient with their income.

Tue, 5:30 PM, 1h
8/11 Class #33109
Community Center Rm 108
Burkart Financial

Financial Planning Basics

We will discuss Roth IRAs vs Pre-tax IRAs, Roth conversions, charitable giving, taxes, capital gains and tax-loss rules, gifting to kids and grandkids.

Wed, 5:00 PM, 1h
8/19 Class #33098
Community Center Rm 108
Ferrito & O'Gorman Financial Group

LIVE VIRTUAL ZOOM

Home Buying

Learn about mortgage pre-approval, inspection, gap insurance, escalator clause and how to write the offer in your best interest.

Mon, 6:30 PM, 1h30m
6/8 Class #33113
8/17 Class #33114
Penny Charlson

Home Selling

Learn how to negotiate defects determined by the home inspector, whether an attorney is needed, the role of the title company, and if you should offer a home warranty to the buyer.

Tue, 6:30 PM, 1h30m
6/9 Class #33115
8/18 Class #33116
Penny Charlson



COMMUNITY League
PRESENTS
the 2026 Spring Marketplace
April 18th ~ 2026
Menomonee Falls High School
N80 W14350 Titan Drive
(Appleton Avenue & Woessner Drive)
Menomonee Falls | Wisconsin 53051
9:00am ~ 2:00pm
Vendors ~ Crafts ~ Jewelry
Raffles ~ Rummage Sale
Bake Sale ~ Snack Bar & more!
ADMISSION \$3.00
New This Year!
Gardening Demonstrations
9:30 | 10:30 | 11:30
Phone 614-581-0352
cleague@communityleague.com
www.communityleague.com
Donations to the Menomonee Falls Food Pantry graciously accepted!



COMMUNITY SENIOR CENTER

Senior Center Mission Statement

To champion for the dignity and respect of every senior by fostering connections and creating a vibrant community where independence, well-being, and healthy aging are celebrated. We are dedicated to promoting a fulfilling and enriching life through diverse health, wellness, educational, cultural, and recreational programs and services in every stage of life.



Nutrition Site: Lunch Program

**Monday-Friday, served at Noon
at the Community Center**

Adults 60+ are welcome to enjoy a delicious lunch at the nutrition site. Registration for the meal is required by 11:30 AM one business day in advance. You can make reservations in person or by phone at (262) 251-3406 between 9:00 AM and 11:30 AM. The suggested contribution is \$5.00 per meal; no eligible individual will be denied a meal due to inability to contribute.

A menu is available at the nutrition site or online at fallsrec.org. The nutrition site is sponsored by the Aging & Disability Resource Center of Waukesha County.

Menomonee Falls Senior Center

Open Monday-Friday 8:00 AM-4:30 PM (EXCEPT WHEN NOTED BELOW)

The Senior Center will be closed April 3, May 25 and July 3.

- Our programs are open to all residents and non-residents. Membership not required.
- Programs consist of a variety of services and activities in such areas as education, creative arts, recreation, health and nutrition, leisure, and entertainment.
- The center includes puzzles, a lending library, and magazines.
- The Community Center's facilities and parking lot are handicap accessible.

Menomonee Falls Senior Bus Service

Ages 60+ & adults with developmental disabilities



Available Monday-Thursday, 9:00 AM-2:00 PM

- \$3 per stop for local trips. Rides are available for medical appointments, shopping, County Meal site, recreation activities, etc. starting at 10:00 AM.
- For more information or to make a reservation, please call Johnson Bus Co. at (262) 251-4230, Monday-Friday. Ride requests must be made at least one day in advance.
- Bus takes passengers to Woodmans the 2nd Wednesday of every month. Limit to 5 bags maximum per person due to space on bus.

Eirenicon Club

Ages 55+

Eirenicon Club meetings include entertainment or guest speakers, refreshments, cards, bingo and socializing. A Christmas party, anniversary party and an annual picnic are open to members only.



Annual dues are \$20 (cash or check) and include a bi-monthly newsletter.

For more information, please contact Marilyn Fenske at (262) 251-2732.

**1st & 3rd Wednesday of the Month
1:00 PM Community Center Rm 104/105**

Class #32550



Hand Crafts

Warm Up America

Ages 55+

Our Warm Up America group assembles crocheted & knitted squares into afghans for charity. The afghans are then donated to local organizations. Come join our friendly group and help assemble afghans for a good cause.

Tue, 9:30 AM, 1h30m
Community Center Rm 108

Happy Hookers / Sit & Knit

Ages 40+

If you would like to knit for charity, have any unfinished knitting or crochet projects, but have lost your motivation to complete them, or would like to start a new project, this drop-in group is for you.

Happy Hookers:

4/8, 5/13, 6/10, 7/8, 8/12

Sit & Knit:

4/22, 5/27, 6/24, 7/22, 8/26

Wed, 12:00 PM, 3h30m
Community Center Rm 108

FREE, but registration is required.

Puzzle Time

Ages 55+



We had so much fun on our last puzzle day that we are having another one! Join us to help put together a 1,000 piece puzzle that will be divided into 20 packets of 50 pieces each. You will

put together your own 50 pieces on a mat and bring it to the community table where all the sections will be assembled into one puzzle.

Tue, 1:00 PM, 2h
5/5 Class #33709
Community Center Rm 119

Free, but registration is required

Book Club

Books Are Us

Ages 18+

Join our special group of book lovers for a lively and thought-provoking discussion. Everyone gets to give their thoughts and point of view. For the current book selection or additional information, call Mary Jo at (262) 251-8917.

Wed, 1:00 PM, 1h30m

The Classics:

4/8, 5/13, 6/10, 7/8

Book Lovers:

4/22, 5/27, 6/24, 7/22

Community Center Rm 119

FREE, but registration is required.

Yarn Donations Welcomed!

Donated yarn will be used to create items for families in need. If you have extra yarn you'd like to donate, please drop it off at the Community Center.



Health Services

Toe Nail Trimmers

All Ages

We have registered nurses who are specially trained to trim nails. No soaking of feet is needed. Registration is required by calling (262) 719-0336.

2nd & 4th Wed 9:00 AM-4:00 PM
2nd Thurs 9:00 AM-4:00 PM
Community Center Rm 104
\$37 each visit, make check payable to Toe Nail Trimmers

Blood Pressure Check

Ages 55+

Continuous high blood pressure is a serious condition. Blood pressure can be controlled in most cases, but should be monitored regularly.

Wed, 11:00 AM-Noon
4/22, 5/27, 6/24, 7/22, 8/26
Community Center Rm 102A
Froedtert Health Nurse
FREE, but registration is required.

HERE TO HELP



Falls Area
FOOD PANTRY



Located in Menomonee Falls, the Pantry is open two days a week to provide assistance.

"In store shopping" is available on Thursdays while Tuesdays offer choices from a menu which provides selection without leaving your car.

Whether you need help or know of someone who needs help, scan the QR code, visit fallsfoodpantry.org or call (262) 251-6848 to learn more.



Drop-In Program Registration Procedures

First time to visitors must complete a registration form indicating the programs you will be participating in. Your name will be added to a roster, and you will need to "check in" by placing a check mark after your name each time you come to the Community Senior Center for a program.



Thursday BINGO

Ages 55+

You could win big! Each player receives two cards for a \$2.00 cash entry fee. We will play 10 games.

1:15–2:30 PM

1st & 3rd Thu
5/7, 5/21, 6/4, 6/18, 7/2, 7/16,
8/6, 8/20

Community Center Rm 104

BINGO BLAST!

Ages 55+

Join us for an extra day of bingo and prizes. No money needed. Non-cash prizes awarded.

Wed, 4/29, 1:15–2:30 PM

Sponsored by Riverview Village

Wed, 7/29, 1:15–2:30 PM

Sponsored by Home Instead

Community Center Rm 104

FREE, no registration required.

GAME TIME

No program offered on days the Community Senior Center is closed

Monday	Tuesday	Wednesday	Thursday	Friday
Chess Club* 9:30–11:30 Rm 111 Sheepshead 12:00–3:00 Rm 108 American Mah Jongg 12:00–3:30 Rm 119 Hand and Foot*/Samba 12:30–3:00 Rm 111	Bridge 1:00–3:30 Rm 108 Mexican Train Dominos* 1:00–3:30 Rm 104	Bunko!* 9:30–11:30 Rm 108 \$1.00 for kitty 4/22, 5/27, 6/24, 7/22, 8/26	Scrabble* 1:00–3:00 Rm 115 	Cribbage* 10:00–12:00 Rm 115 Sheepshead 12:00–3:00 Rm 108 Bridge 1:00–3:30 Rm 104 

* Beginners welcome to these games

Crafts with Grace Commons

Ages 55+

Have fun while creating a fun craft. All supplies will be provided.

Fri, 10:00 AM, 1h30m

6/12 Class #33136 Bird Theme

8/14 Class #33137 Bee Theme

Community Center Rm 104

Free, but registration is required

Crafts Time with Auberge: Flag Theme

Ages 55+

Have fun while creating a fun craft. All supplies will be provided.

Fri, 10:00 AM, 1h30m

7/10 Class #33401

Community Center Rm 132

Free, but registration is required



Sweet Caroline's Summer Social **NEW!**

Ages 55+

Join us for a fun time dancing or just listening to the music of Eric Diamond, a Neil Diamond tribute artist. Refreshments will be served. Sponsored by Avina Living.



Wed, 1:00 PM, 2h

8/12 Class #33105

Community Center Gym

Free, but registration is required

District Office Relocation Construction Has Begun



With the lease of our space at the Village of Menomonee Falls building coming to an end for the upcoming renovation and improvement of the Menomonee Falls Police Department, we are excited about our move into a dedicated area at Ben Franklin Elementary School!

Construction on the soon to be relocated District Office began Monday, March 2, 2026, on the ballfield side of Ben Franklin Elementary. Please excuse our dust as we work through the move.

Key Info for Families:

- Traffic: Pickup and drop-off patterns remain unchanged.
 - Safety: All workers must pass Raptor security; construction zones are strictly separated from student areas.
 - Noise: Significant noise is limited to 6:30 AM – 8:30 AM to ensure a quiet learning environment.
- Questions? Call the District Administrator at (262) 255-8440.

Stock Box Distribution

Ages 60+

- Third Monday of each Month
- Pick Up at the Community Center

Distributed by the Hunger Task Force, the box contains 35 pounds of food from the U.S. government. To qualify, your income must be \$1,995 or less per month for a single person, or \$2,705 for a household of two. New sign-ups are accepted on distribution dates. Please bring proof of residency and a photo ID that includes your date of birth. **Contact the CE & Rec office at (262) 255-8460 for dates and pick up location.**

How to Reserve a Park

Village Park Rental

Falls Fest Plaza, The Garden, Amphitheater
(414) 708-1000

Menomonee Falls Park Department

for all other Village Park Rentals
(262) 532-4200

Menomonee Park (on Town Line Rd)
Waukesha County Park System
(262) 548-7801

MENOMONEE FALLS FARMERS MARKET

June 3 - October 14, 2026
Village Park in Menomonee Falls

Wednesdays
2:00 PM - 6:00 PM

Sundays (JULY 12 - SEPT 13)
10:00 AM - 1:00 PM

fallsfarmersmarket.org

Important Village Contacts

Menomonee Falls Village Hall

menomonee-falls.org

(262) 532-4200

Menomonee Falls Police Non-Emergency

menomonee-falls.org/64/Police

(262) 532-8700

Menomonee Falls Public Library

menomoneefallslibrary.org

(262) 532-8900

School District of Menomonee Falls

fallsschools.org

(262) 255-8440



4/18	Community League Spring Marketplace	communityleague.com
5/1–3	Old Falls Revolutionary Days (School Day Reenactment)	oldfallsvillagepark.com
5/1	Old Falls Biergarten Season Opens!	oldfallsvillagepark.com
5/16	Depot Beer Garden at Old Falls Village Opens for the Season!	oldfallsvillage.com
5/23	Falls Memorial Fest	menomoneefallsevents.org
5/24	Free Concert for our Vets at Village Park	menomoneefallsevents.org
5/25	Menomonee Falls Memorial Day Parade (Main Street at Harrison start)	fallsparades.org
6/3	Menomonee Falls Farmers Market Season Opens! (Wed 2–6 PM)	fallsfarmersmarket.org
6/3	Village Park Beer Garden Season Opens! (Wed 5–9 PM)	menomoneefallsevents.org
6/11	Falls Sunset Concert Series Season Opens!	menomoneefallsevents.org
6/18	Falls Family Movie Night: <i>Elemental</i>	menomoneefallsevents.org
6/19–21	WWII Days (School Days USO Themed Variety Show Big Band Concert)	oldfallsvillagepark.com
7/3	Menomonee Falls Independence Day Parade & Fireworks (Parade at 7 PM)	fallsparades.org
7/12	Menomonee Falls Farmers Market Season Opens! (Sun 10 AM–1 PM)	fallsfarmersmarket.org
7/16	Falls Family Movie Night: <i>Grease</i>	menomoneefallsevents.org
7/18–9	Civil War Encampment at Old Falls Village	oldfallsvillage.com
7/18	Falls Lavender Fest	fallslavenderfest.com/
8/1–2	1960s Era and Vietnam War Reenactment	oldfallsvillagepark.com
8/8	Falls Kids Festival	menomoneefallsevents.org
8/20	Falls Family Movie Night: <i>Wicked</i>	menomoneefallsevents.org
8/29	Menomonee Falls Symphony Orchestra at Old Falls Village	Oldfallsvillage.com

This is not an inclusive list. Dates and events subject to change. Check each organizations web site for more information.

our events

2026

MAY

- 23 FALLS MEMORIAL FEST • MAIN STREET, MILL POND PLAZA & VILLAGE PARK
- 24 FREE CONCERT FOR OUR VETS • VILLAGE PARK

JUNE

- 3 BEER GARDEN • VILLAGE PARK
- 10 BEER GARDEN • VILLAGE PARK
- 11 FALLS SUNSET CONCERT SERIES • VILLAGE PARK
- 17 BEER GARDEN • VILLAGE PARK
- 18 FALLS FAMILY MOVIE NIGHT • VILLAGE PARK
- 24 BEER GARDEN • VILLAGE PARK
- 25 FALLS SUNSET CONCERT SERIES • VILLAGE PARK

JULY

- 1 BEER GARDEN • VILLAGE PARK
- 8 BEER GARDEN • VILLAGE PARK
- 9 FALLS SUNSET CONCERT SERIES • VILLAGE PARK
- 15 BEER GARDEN • VILLAGE PARK

JULY

- 16 FALLS FAMILY MOVIE NIGHT • VILLAGE PARK
- 22 BEER GARDEN • VILLAGE PARK
- 23 FALLS SUNSET CONCERT SERIES • VILLAGE PARK
- 29 BEER GARDEN • VILLAGE PARK

AUGUST

- 5 BEER GARDEN • VILLAGE PARK
- 8 FALLS KIDS FESTIVAL • VILLAGE PARK
- 12 BEER GARDEN • VILLAGE PARK
- 13 FALLS SUNSET CONCERT SERIES • VILLAGE PARK
- 19 BEER GARDEN • VILLAGE PARK
- 20 FALLS FAMILY MOVIE NIGHT • VILLAGE PARK
- 22 FALLS FESTIVAL OF THE ARTS • VILLAGE PARK
- 26 BEER GARDEN • VILLAGE PARK
- 27 FALLS SUNSET CONCERT SERIES • VILLAGE PARK

SEPTEMBER

- 2 BEER GARDEN • VILLAGE PARK

FOLLOW US

menomoneefallsevents.org | menomoneefallsevents@gmail.com | 262.415.7013

QR codes for social media and website.



Affiliates

The Menomonee Falls School District does not directly plan or administer the following programs. Please contact the respective program providers for further information and how to get involved!

Accompany of Kids

(262) 251-5225 | aokwi.org

This MF based premier performing arts group trains youth ages 4–20 in vocal, dance and performance techniques. Members are showcased in various venues throughout SE Wisconsin.

Menomonee Falls Angels

FallsAngels.com

This competitive, girls fast-pitch organization emphasizes softball fundamentals in order to develop skills, build character and create leaders.

MF Jr. Phoenix Baseball

www.mfjrbaseball.com

A select youth baseball program for boys, ages 9–14, who reside in the MF School District. Teams play in the Wisconsin State Youth Baseball League.

MF Camera Club (Adults 18+)

(262) 893-3500 | falls-photo.org

Programs by professional photographers, field trips, photo competitions and workshops. Please get in touch with us for any questions about our club or to join our Zoom meetings.

Menomonee Falls

Childrens Choir

mfchildrenschoir.org

Open to boys and girls in grades K–8, the choir enriches the lives of elementary through middle school aged children by laying the foundation of musicianship skills through quality singing experiences. Performances in December and April each year.

MF Dolphinettes

(262) 389-0480 | [Facebook](https://www.facebook.com/mfdolphinettes)

The Olympic Sport of Artistic Swimming open to girls ages 5–18, will teach swim routines to music. Recreation and competitive programs available. Contact Linda Loehndorf.

MF Jr. Phoenix Cheer

mfjrphoenix.com

The Jr. Phoenix Cheer program provides an opportunity for students in grades 5–8 to learn the basic principles of cheer and tumbling to prepare for cheer at MFHS.

MF Jr. Phoenix Football

mfjrphoenix.com

Full contact football with teams in 5th–8th grade divisions, open to all students enrolled in the MF School District. Learn the basic offensive and defensive plays of the MF High School.

MF Jr. Wrestling

adm.mfwc@gmail.com

Open to youth K–8 with the goals of teaching the fundamentals of wrestling, providing competition and teaching good sportsmanship. Season runs December thru March with registration in late October.

MF Little League Baseball/Softball

fallslittleleague.org

secretary@fallslittleleague.org

A developmental softball and baseball league open to MF resident children ages 4–18. Registration takes place in January, with the season running through the end of June and an in-house tournament in July.

MF Youth Basketball Association

mfyba.com

mfybabasketball@gmail.com

Dedicated to fun and learning through recreational basketball for boys & girls in grades 3–8. Phoenix Basketball is a more competitive select league for 5th–8th grade students that requires tryouts.

Falls Patio Players

Box Office (262) 255-8372

Email fallspatioplayers@gmail.com

fallspatioplayers.com

This community theatre group will entertain you with quality productions of plays and musicals. For information regarding upcoming shows, or to order tickets online, check out our website.

Rocket Aquatics

gotionapp.com/team/wimfsc/page/home

Rocket Aquatics is a year round competitive swimming team instructed by experienced and certified coaches, offering stroke technique, training and competition to young people ages 5+.

Milwaukee Sport Club Soccer

derek.hathaway@milwaukeeclub.com

Open to boys and girls aged 6–16, the club offers a great opportunity for kids to compete in multiple levels of team soccer.



Thank You Sponsors

Please support these businesses which so generously supported our community for this event.

Ally's Bistro

APQ Printing

Bank of Flowers

Chick-fil-A

Children's Community Center

Chiroway of Menomonee Falls

Chocolate Falls

The Chocolate Factory

Cross Fit Time Warp

Culvers

Custom Makes by Jake

ePlatinum Health

Epilogue Books

Falls Chiropractic

Felhofer CPA

Grace Commons

Hanson Soft Water

High Point Dentistry

Hot House Tavern

Karate America

Mathnasium of Menomonee Falls

Midvintec

Peace Yoga Studio

Robin's Nest

Rustic Rehab

Salon Jade

Sal's Pub & Grill

Shelley's Hallmark

Tax Management

& Financial Horizons/Edward Jones

The Arboretum

The Waterlin

Third Space Innovation Brewhouse

Touch and Glow LLC

Town Bank

Waukesha State Bank

YMCA of Greater Waukesha County

REGISTRATION FORM

Online registration is available at fallsrec.org

HEAD OF HOUSEHOLD

Last / First Name

Birthdate (Month/Date/Year)

Gender (M or F)

Address

City

Zip

Home Phone ()

Work Phone ()

Email address

Cell Phone ()

Cell Phone Carrier*

Must be included to receive a receipt

*By providing your carrier, you agree to receive text messages from MF CE & Rec.

Which school district boundary do you live in? ☐ Menomonee Falls ☐ Hamilton (Sussex) ☐ Other

EMERGENCY CONTACT

Your emergency contact should NOT be a contact within the same household, but rather an alternate contact in the local area. The emergency contact is only contacted if we cannot reach the primary household contact (e.g. parent/guardian) already on file.

Name	Relationship	Home Phone	Other Phone
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PARTICIPANT INFORMATION					Date, Day & Time of Class		Fee
Participant First & Last Name	M/F	Birthdate	Attend SDMF Schools	T-Shirt Size (mandatory)	Activity Name	Class #	
			[] Yes [] No	Youth: S M L Adult: S M L XL			
			[] Yes [] No	Youth: S M L Adult: S M L XL			
			[] Yes [] No	Youth: S M L Adult: S M L XL			
			[] Yes [] No	Youth: S M L Adult: S M L XL			

ADULT SIGNATURE REQUIRED! In consideration for the School District of Menomonee Falls allowing me and/or my child to participate in the activity, I, on behalf of myself and my child, expressly release, waive, discharge and covenant not to sue the District, its officers, agents, employees, representatives, and/or volunteers (collectively "the District") from any and all claims and for all loss, injury, illness or damage to me and/or my child arising out of my and/or my child's participation in the activity, whether caused by the negligence of someone acting on behalf of the District or the negligence of someone else. The foregoing waiver and release shall not absolve the District from liability or injury or damage caused by the District's intentional, willful or malicious conduct. I recognize and acknowledge that there are inherent risks of serious injury and/or illness to participants in the activity, I, on behalf of myself and my child, acknowledge that I and/or my child are voluntarily participating in the activity with knowledge of the danger involved. Recognizing the risks, I, on behalf of myself and my child, hereby agree to accept and assume any and all risks of injury and/or damage. I, on behalf of myself and my child, agree to take all precautions and measures reasonably necessary to prevent the transmission and spread of any communicable disease while using District facilities and engaging in the activity, including adherence to any and all orders and guidelines issued by local, state and federal authorities, including those issued by the National Centers for Disease Control and Prevention, state and local health department, and any policies of the District, related to the prevention of the transmission and spread of communicable diseases, including COVID-19. I further agree to notify an instructor of any medical conditions and/or other needs which may limit my and/or my child's participation in the activity and/or pose a health or safety risk for me, my child, and/or others in connection with participating in the activity. Should an emergency arise while participating in the activity, I give my permission to have a District representative take proper measures in the care of me and/or my child, including but not limited to transportation to an area emergency facility, or nearest hospital, if felt necessary by that representative. I also agree that I and/or my child will follow the rules and regulations set by the School District of Menomonee Falls and above named parties. I understand that photos may be taken of myself or my child and used for promotional purposes, and I, on behalf of myself and my child, hereby agree the School District of Menomonee Falls shall not incur any liability for payment to any person or organization as a result of the stated use of the aforesaid photographs.

ADULT SIGNATURE

Adult Signature

Date

PAYMENT

Make checks payable to: MF CE & Rec, mail to W152 N8645 Margaret Rd., Menomonee Falls, WI 53051 or fax to (262) 255-8411

Cardholder Name:

Exp.

VCode

Cardholder Signature

Number:



Engage | Learn | Improve



How Do I Cancel a Registration?

Please contact the CE & Rec office at (262) 255-8460 prior to the first class. Visit fallsrec.org for additional information regarding refunds and credits.

Returned Check Policy

A \$30 service charge is assessed on all checks returned due to insufficient funds.

Residents/Nonresidents

Residents: A resident is defined as a taxpayer or a dependent of a taxpayer that resides in the Village of Menomonee Falls (this includes renters). Children who do not live in Menomonee Falls but attend a public school within the School District of Menomonee Falls are considered residents, but their parents are considered nonresidents. **Nonresidents:** A nonresident is defined as a person who does not live within the Village of Menomonee Falls. Nonresidents who register using false information will forfeit their right to participate and no refund will be given.

Age Minimum

Participants registered for any class must meet the minimum age requirement prior to or on the first day the class begins. Please do not request to have your child put in a class where they do not belong. The ages are set to ensure the safety and benefit of the participants as well as the program leaders.

Swim Lesson Transfer/ Cancellation Policy

Check with your child's instructor, or wait until your child has completed their current swim level before registering for the next session of swim. A \$10 fee will be charged for any transfers or cancellations.

Fee Policy

Program fees are assessed in order to defray the cost of program operation.

- A 5% sales tax is included in the fee on all non-instructional programs.
- Program fees are not prorated.

SCHOOL DISTRICT OF MENOMONEE FALLS



Enhancing the quality of life by providing recreational, educational, and social opportunities in partnership with schools, organizations, and the community.

Our Program Satisfaction Guarantee

The CE & Rec team is constantly striving to provide you with high quality recreation activities, events and programs. We are confident that you will like these programs. If you or your child are participating in a program, and you are not completely satisfied, please notify us. We will send you a refund application to complete. Once we have received your completed application, we will then arrange for you to do one of the following:

- Repeat the class at no charge
- Credit your account to be used on a future registration
- Receive a refund

You or your child must have participated in at least part of the program. A completed application must be received by the CE & Rec Office within 10 days after the program has been completed. Exclusions to this policy include Adult and Youth Athletic Leagues, Club Sports, Red Cross Safety Classes, Trips, Preschool, 4K Wrap Around, and Kids INC.



Waiting List

Any participant who desires to enroll in a class that is full may place their name on the waiting list. There are no guarantees for placement.

Cancellations

When the School District cancels due to weather conditions, all CE & Rec activities will also be canceled. Cancellations due to inclement weather will be announced on our Facebook page and our Program Information Line at (262) 255-8376. Participants will be notified by email or by phone of any cancellations caused by instructor or facility conflicts. If classes cannot be rescheduled due to inclement weather, refunds may not be given. Visit fallsrec.org for additional information related to cancellations made by CE & Rec.

Senior Discount

The fees for programs listed in the 55+ section reflect a small discount.

Medical Conditions

If there is any medical condition or other information you are aware of that could affect someone's participation in a recreation program or activity, please contact the Department to discuss this matter, and notify your instructor on the first day of class.

Insurance Policy

The CE & Rec Dept. does not provide accident insurance for participants in any of its programs. All participants assume some inherent risk of injury from their involvement in the programs or activities outlined in this brochure.

No Smoking/ No Alcohol Use Policy

The use of all tobacco products or drinking of alcoholic beverages on premises owned by the School District of Menomonee Falls is forbidden by State Law. Your cooperation in upholding this law is mandatory.



W152 N8645 Margaret Road
Menomonee Falls, WI 53051

**Online
Registration
OPENS**
Sunday, April 12
at 9:00 PM

Non-Profit Org.
U.S. Postage
PAID
Menomonee Falls, WI
Permit #31

ECRWSS
RESIDENTIAL CUSTOMER

NEW!

ADULT

Adult Beginning Spanish Boost
Adult Spanish: Taste of Spanish thru Food
Chair Yoga
Cup of Health: Better Brain
Cup of Health: Emergency Preparedness As We Age
Fall Prevention and Balance
Hearing Screenings
How to Make the Most out of Your Doctor Visits
Intermediate Tai Chi Workshop
Lunch & Learn: Healthy Hearty & Your Brain
Nourishing Modern Woman
Nutrition and Unintentional Weight Loss
Raising Healthy Family
Roth IRA Conversions
Standing with Joy
Sweet Caroline's Summer Social
Understanding Arthritis
Your Life, Your Legacy
TRIP: Zen Gardens to Swiss Charms
TRIP: Breezes, Boats & Butterflies
TRIP: Stoughton's Heritage & Harvest Tour

YOUTH

AI Adventure Camp
Healthy Habits Club
Little Explorers: Down on the Farm
Little Explorers: Under the Sea
Summer Sizzler
Young Rembrandts: Dragons Drawing
Young Rembrandts: K-Pop Anime Drawing
Youth Spanish: Vamos a Ganar!



SESSION I **SESSION II**
June 22-July 2 **July 6-July 17**

Must register by Thurs., May 14

fallsrec.org  